Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services NH Local HMO Bronze

Coverage Period: 01/01/2025 — 12/31/2025 Coverage for: Individual + Family | Plan Type: HMO

	The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.harvardpilgrim.org/public/eoc?pdid=PD0000200287. For general definitions of common terms, such as <u>allowed amount</u> , <u>balance billing</u> , <u>coinsurance</u> , <u>copayment</u> , <u>deductible</u> , <u>provider</u> , or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-888-333-4742 to request a copy.							
Important Quest	tions	Answers	Why this matters					
What is the overall <u>deductible</u> ?		Medical & Prescription Drug Deductible: \$9,100 member / \$18,200 family Benefits are administered on a calendar year basis.	Generally you must pay all the costs up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .					
Are there serv covered before meet your <u>ded</u>	e you	Yes. <u>Preventive care</u> are covered before you meet your <u>deductible</u> .	This plan covers some items and services even if you haven't yet met the deductible amount. But, a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at https:/ /www.healthcare.gov/coverage/preventive-care-benefits/.					
Are there other deductibles for services?	-	No.	You don't have to meet <u>deductibles</u> for specific services.					
What is the <u>out-of-pocket</u> for this <u>plan</u> ?	limit	\$9,100 member / \$18,200 family	The <u>out-of-pocket limit</u> is the most you could pay in a year of covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.					

Important Questions	Answers			Why this matters				
What is not included in the <u>out-of-pocket limit</u> ?				Even though you pay these expenses, they don't count toward the out-of-pocket limit .				
Will you pay less if you use a <u>network provider</u> ?	Yes. See https://www.harvardpilgrim.org/public/ find-a-provider or call 1-888-333-4742 for a list of preferred providers.		This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.					
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes, some exceptions apply.		This plan will pay some or all of the costs to see a specialis for covered services but only if you have a referral before yo see the specialist .					
All <u>copaym</u>	All <u>copayment</u> and <u>coinsurance</u> cost shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.							
		What `	You Wil	ll Pay				
Common Medical Event	Services You May Need	Network Provide (You will pay the lea			Limitations, Exceptions, & Other Important Information			
If you visit a health care <u>provider</u> 's office or	Primary care visit to treat an injury or illness	\$0 <u>copay</u> / visit		Not covered	None			
clinic	Specialist visit	\$0 <u>copay</u> / visit		Not covered	None			
	Preventive care/ screening/immunization	No charge; <u>deductible</u> of not apply	loes	Not covered	Prescribed FDA approved contraceptives are not subject to cost-shares. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.			

		What You Wi			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have a test	Diagnostic test (x-ray, blood work)	X-rays: 0% <u>coinsurance</u> Laboratory: 0% <u>coinsurance</u>	Not covered	None	
	Imaging (CT/PET scans, MRIs)	0% <u>coinsurance</u>	Not covered	None	
If you need drugs to treat your illness or condition	Generic drugs	30-Day Retail Tier 1: \$0 copay 90-Day Mail Tier 1: \$0 copay/	/ prescription prescription	Core NH formulary - covers a limited list; not all drugs are covered	
More information about prescription drug	Preferred brand drugs	30-Day Retail Tier 2: \$0 copay 90-Day Mail Tier 2: \$0 copay /		Some generic drugs are in this tier	
coverage is available at www.harvardpilgrim.org, 2023CoreNH4T.	Non-preferred brand drugs	30-Day Retail Tier 3: \$0 copay 90-Day Mail Tier 3: \$0 copay /		Same as above	
	Specialty drugs	30-Day Retail Tier 3: \$0 copay 90-Day Mail Tier 3: \$0 copay/ 30-Day Retail Tier 4: \$0 copay 90-Day Mail Tier 4: \$0 copay/	prescription / prescription	Some drugs must be obtained through a Specialty Pharmacy	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% <u>coinsurance</u>	Not covered	None	
	Physician/surgeon fees	0% <u>coinsurance</u>	Not covered		
If you need immediate medical attention	Emergency room care	Medical Emergency Services: 0% <u>coinsurance</u> Services that do not meet the definition of Medical Emergency: 0% <u>coinsurance</u>		None	
	Emergency medical transportation	0% <u>coinsurance</u>		None	
	Urgent care	Convenience care clinic: \$0 <u>copay</u> / visit Urgent care center: \$0 <u>copay</u> / visit Hospital urgent care center: \$0 <u>copay</u> / visit	Convenience care clinic: Not covered Urgent care center: Not covered Hospital urgent care center: Same As Participating <u>Provider</u>	Non-participating providers are only covered outside the service area.	

		What You Wi			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have a hospital stay	Facility fee (e.g., hospital room)	0% <u>coinsurance</u>	Not covered	None	
	Physician/surgeon fee	0% coinsurance	Not covered		
If you have mental	Outpatient services	\$0 <u>copay</u> / visit	Not covered	None	
health, behavioral health, or substance abuse needs	Inpatient services	0% <u>coinsurance</u>	Not covered		
If you are pregnant	Office visits	\$0 <u>copay</u> / visit	Not covered	Cost sharing does not apply for preventive services.	
	Childbirth/delivery professional services	0% coinsurance	Not covered		
	Childbirth/delivery facility services	0% coinsurance	Not covered		
If you need help	Home health care	0% coinsurance	Not covered	None	
recovering or have other special health needs	Rehabilitation services Habilitation services	Physical Therapy: \$0 copay/ visit Occupational Therapy: \$0 copay/ visit Speech Therapy: \$0 copay/ visit	Not covered	Physical, Occupational & Speech Therapy - 60 combined visits/ calendar year	
	Skilled nursing care	0% coinsurance	Not covered	- 100 days/ calendar year	
	Durable medical equipment	0% <u>coinsurance</u>	Not covered	None	
	Hospice services	0% <u>coinsurance</u>	Not covered	For inpatient see "If you have a hospital stay"	

	Services You May Need		What You Will Pay				
Common Medical Event			Network Provider (You will pay the least)			Limitations, Exceptions, & Other Important Information	
If your child needs	Children's eye exam		\$0 <u>copay</u> / visit	Not covered		- 1 exam/ calendar year	
dental or eye care	Children's glasses		Reimbursed first \$100, then 50% of covered charges; <u>deductible</u> does not apply		ed charges;	Frames & lenses OR contacts every 12 months up to end of month child turns 19	
Children's dental check-up			Not covered			Exchange plans may have separate coverage	
Excluded Services & Oth	ner Covered Services:						
Services Your <u>Plan</u> Does	NOT Cover (This isn't	a comp	plete list. Check your policy or p	olan docu	ment for other	r <u>excluded services</u> .)	
when the life of the mother is endangered) • Most		 t Dental Care (Adult) e-mergency care when traveling outside U.S. Routine for systemic circles Services the systemic circles 		systemic circ	ot care (except for diabetes or rculatory diseases) at are not Medically Necessary		
Other Covered Services (This isn't a complete list. Check your policy or <u>plan</u> document for other covered services and your costs for these services.)							
1			opractic Care ring Aids - 1 hearing aid/ impaired		• Routine eye care (Adult) - 1 exam every 2 calendar years		

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Health and Human Services at **1-877-267-2323 x61565** or **www.cciio.cms.gov**. Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit **www.HealthCare.gov** or call **1-800-318-2596**.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: HPHC Member Appeals-Member Services Department Harvard Pilgrim Health Care of New England, Inc. 1 Wellness Way Canton, MA 02021-1166 **Telephone: 1-888-333-4742 Fax: 1-617-509-3085** New Hampshire InsuranceState of New Hampshire InsuranceDepartmentDepartment21 South Fruit Street, Suite 1421 South Fruit Street, Suite 14Concord, NH 03301Concord, NH 033011-800-852-34161-603-271-2261www.nh.gov/insuranceconsumerservices@ins.nh.gov

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this Coverage Meet the Minimum Value Standard? Not Applicable

If your **plan** doesn't meet the **Minimum Value Standards**, you may be eligible for a **premium tax credit** to help you pay for a **plan** through the **Marketplace**.

Language Access Services:

Para obtener asistencia en Español, llame al 1-888-333-4742.

如果需要中文的帮助,请拨打这个号码 1-888-333-4742.

De assistência em Português, por favor ligue 1-888-333-4742.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductible</u>, <u>copayment</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal ca hospital delivery)	re and a	Managing Joe's type 2 Diabetes (a year of routine in-network ca well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)		
The <u>plan's</u> overall deductible	\$9,100	The <u>plan's</u> overall deductible	\$9,100	The <u>plan's</u> overall deductible	\$9,100	
Specialist copayment	\$ 0	Specialist copayment	\$ 0	Specialist copayment	\$ 0	
■ Hospital (facility) <u>coinsurance</u>	0%	Hospital (facility) <u>coinsurance</u>	0%	■ Hospital (facility) <u>coinsurance</u>	0%	
Other <u>coinsurance</u>	0%	Other <u>coinsurance</u>	0%	Other <u>coinsurance</u>	0%	
This EXAMPLE event includes like:	services	This EXAMPLE event inclu like:		This EXAMPLE event includes services like:		
Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Ser		Primary care physician disease education)office visits (including includingEmergency room care Diagnostic test (x-rav)Diagnostic DiagnosticEmergency room care (including med Diagnostic test (x-rav))			dical supplies)	
Childbirth/Delivery Facility Services		disease education)Diagnostic test (x-ray)Diagnostic tests (blood work)Durable medical equipment (crutches)			had	
Diagnostic tests (ultrasounds and bloom		Prescription drugs Rehabilitation services (physical therapy)				
Specialist visit (anesthesia)		Durable medical equipment (glucose meter)				
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
In this example, Peg would pa	y:	In this example, Joe would pay: In this example, Mia would			y:	
Cost Sharing		Cost Sharing		Cost Sharing		
Deductibles	\$9,100	Deductibles	\$2,300	Deductibles	\$2,800	
Copayments	\$ 0	Copayments	\$ 0	Copayments	\$ 0	
Coinsurance	\$ 0	Coinsurance	\$ 0	Coinsurance	\$ 0	
What isn't covered		What isn't coverea	!	What isn't covered		
Limits or exclusions	\$ 0	Limits or exclusions	\$0	Limits or exclusions	\$ 0	
The total Peg would pay is	\$9,100	The total Joe would pay is	\$2,300	The total Mia would pay is	\$2,800	

The plan would be responsible for the other costs of these EXAMPLE covered services.

Language Assistance Services

Español (Spanish) ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-877-907-4742 (TTY: 711).

Português (Portuguese) ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-877-907-4742 (TTY: 711).

Kreyòl Ayisyen (French Creole) ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-877-907-4742 (TTY: 711).

繁體中文 (Traditional Chinese) 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-877-907-4742(TTY:711)。

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu quí vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quí vị miễn phí. Gọi số 1-877-907-4742 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-907-4742 (телетайп: 711).

(Arabic) العربية

إنتياه: إذا أنت تتكلم اللغة **العربية ،** خَدَمات المُساعَدة اللغوية مُتَوفرة لك مَجانا. * إتصل على 4742-907-1877

(TTY: 711)

ខ្មែរ (Cambodian) ្រសុំជូនដំណឹង៖ បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ជូនលោកអ្នកដោយឥតគិតថ្លៃ។។ ចូរ ទូរស័ព្ទ 1-877-907-4742 (TTY: 711)។

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-907-4742 (ATS: 711).

Italiano (Italian) ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-877-907-4742 (TTY: 711).



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한국어 (Korean) '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-907-4742 (TTY: 711) 번으로 전화해 주십시오.

Ελληνικά (Greek) ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-877-907-4742 (TTY: 711).

Polski (Polish) UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-907-4742 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्त में उपलब्ध है. जानकारी के लिये फोन करे. 1-877-907-4742 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હ્યે તો આપને માટે ભાષાકીય સહ્યય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-877-907-4742 (TTY: 711)

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-877-907-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-877-907-4742 (TTY: 711).



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- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity), you can file a grievance with: Civil Rights Compliance Officer, 1 Wellness Way, Canton, MA 02021-1166, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: civil_rights@point32health.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

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