

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services NH Local HMO Bronze

Coverage Period: 01/01/2026 — 12/31/2026

Coverage for: Individual + Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.harvardpilgrim.org/public/eoc?pdid=PD0000200286. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-888-333-4742 to request a copy.

Important Questions	Answers	Why this matters
What is the overall deductible?	Medical & Prescription Drug Deductible: \$9,100 member / \$18,200 family Benefits are administered on a calendar year basis.	Generally you must pay all the costs up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But, a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the out-of-pocket limit for this plan?	\$9,100 member / \$18,200 family	The <u>out-of-pocket limit</u> is the most you could pay in a year of covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.

Important Questions	Answers	Why this matters
What is not included in the out-of-pocket limit?	Pediatric Dental Care, premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See https://www.harvardpilgrim.org/public/find-a-provider or call 1-888-333-4742 for a list of preferred providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes, some exceptions apply.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All **copayment** and **coinsurance** cost shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Wil		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or	Primary care visit to treat an injury or illness	\$0 copay/ visit	Not covered	None
clinic	Specialist visit	\$0 <u>copay</u> / visit	Not covered	None
	Preventive care/screening/immunization	No charge; deductible does not apply	Not covered	Prescribed FDA approved contraceptives are not subject to cost-shares. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.

		What You Wil	Limitations, Exceptions, & Other Important Information		
Common Medical Event	Services You May Need	Network Provider (You will pay the least) Out-of-Network Provider (You will pay the most)			
If you have a test	Diagnostic test (x-ray, blood work)	X-rays: 0% coinsurance Laboratory: 0% coinsurance	Not covered	None	
	Imaging (CT/PET scans, MRIs)	0% <u>coinsurance</u>	Not covered	None	
If you need drugs to treat your illness or condition	Generic drugs		30-Day Retail Tier 1: \$0 copay/ prescription 90-Day Mail Tier 1: \$0 copay/ prescription		
More information about prescription drug	Preferred brand drugs	30-Day Retail Tier 2: \$0 copay 90-Day Mail Tier 2: \$0 copay/		Some generic drugs are in this tier	
coverage is available at www.harvardpilgrim.org, 2023CoreNH4T.	Non-preferred brand drugs	30-Day Retail Tier 3: \$0 copay 90-Day Mail Tier 3: \$0 copay/		Same as above	
	Specialty drugs	30-Day Retail Tier 3: \$0 copay 90-Day Mail Tier 3: \$0 copay/ 30-Day Retail Tier 4: \$0 copay 90-Day Mail Tier 4: \$0 copay/	prescription / prescription	Some drugs must be obtained through a Specialty Pharmacy	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% <u>coinsurance</u>	Not covered	None	
	Physician/surgeon fees	0% <u>coinsurance</u>	Not covered		
If you need immediate medical attention			None		
	Emergency medical transportation	0% coinsurance		None	
	Urgent care	Convenience care clinic: \$0 copay/ visit Urgent care center: \$0 copay/ visit Hospital urgent care center: \$0 copay/ visit	Convenience care clinic: Not covered Urgent care center: Not covered Hospital urgent care center: Same As Participating Provider	Non-participating providers are only covered outside the service area.	

		What You Wi			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have a hospital stay	Facility fee (e.g., hospital room)	0% coinsurance	Not covered	None	
	Physician/surgeon fee	0% <u>coinsurance</u>	Not covered		
If you have mental	Outpatient services	\$0 copay/ visit	Not covered	None	
health, behavioral health, or substance abuse needs	Inpatient services	0% <u>coinsurance</u>	Not covered		
If you are pregnant	Office visits	\$0 copay/ visit	Not covered	Cost sharing does not apply	
	Childbirth/delivery professional services	0% coinsurance	Not covered	for <u>preventive services</u> .	
	Childbirth/delivery facility services	0% <u>coinsurance</u>	Not covered		
If you need help	Home health care	0% <u>coinsurance</u>	Not covered	None	
recovering or have other	Rehabilitation services	Physical Therapy: \$0 copay/	Not covered	Physical, Occupational &	
special health needs	Habilitation services	visit Occupational Therapy: \$0 copay/ visit Speech Therapy: \$0 copay/ visit		Speech Therapy - 60 combined visits/ calendar year	
	Skilled nursing care	0% <u>coinsurance</u>	Not covered	- 100 days/ calendar year	
	Durable medical equipment	0% <u>coinsurance</u>	Not covered	None	
	Hospice services	0% <u>coinsurance</u>	Not covered	For inpatient see "If you have a hospital stay"	

	Services You May Need		What You Will Pay				
Common Medical Event			Network Provider (You will pay the least)	F	of-Network Provider will pay the most)	Limitations, Exceptions, & Other Important Information	
If your child needs	Children's eye exam		\$0 <u>copay</u> / visit	Not co	vered	- 1 exam/ calendar year	
dental or eye care	Children's glasses Reimbursed first \$100, then 50% of covered chardeductible does not apply Children's dental check-up Not covered		Reimbursed first \$100, then 50% of covered charges; deductible does not apply		Frames & lenses OR contacts every 12 months up to end of month child turns 19		
				Off exchange plans must have separate coverage			
Excluded Services & Ot	her Covered Services:						
Services Your Plan Does	NOT Cover (This isn'	t a com	plete list. Check your policy or p	<mark>lan</mark> doc	ument for other	r <u>excluded services</u> .)	
when the life of the mother is endangered) • Mos		n-emergency care when traveling outside systemic circulatory diseas		t care (except for diabetes or culatory diseases) t are not Medically Necessary			
Other Covered Services (This isn't a complete list. Check your policy or <u>plan</u> document for other covered services and your costs for these services.)							
Acupuncture			opractic Care	Routine eye care (Adult) - 1 exam ever		` '	
Bariatric surgery		• Hear	earing Aids - 1 hearing aid/ impaired ear		calendar yea	rs	

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

HPHC Member Appeals-Member Services Department Harvard Pilgrim Health Care of New England, Inc. 1 Wellness Way Canton, MA 02021-1166 **Telephone: 1-888-333-4742**

Fax: 1-617-509-3085

New Hampshire Insurance State of New Hampshire Insurance

Department Department

21 South Fruit Street, Suite 14 21 South Fruit Street, Suite 14

Concord, NH 03301 Concord, NH 03301 1-800-852-3416 1-603-271-2261 www.nh.gov/insuranceconsumerservices@ins.nh.gov

Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this Coverage Meet the Minimum Value Standard? Not Applicable

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Para obtener asistencia en Español, llame al 1-888-333-4742.

如果需要中文的帮助, 请拨打这个号码 1-888-333-4742.

De assistência em Português, por favor ligue 1-888-333-4742.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductible</u>, <u>copayment</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)		
■ The <u>plan's</u> overall deductible	\$9,100	■ The <u>plan's</u> overall deductible	\$9,100	■ The <u>plan's</u> overall deductible	\$9,100	
■ Specialist copayment	\$0	■ Specialist copayment	\$0	■ Specialist copayment	\$0	
■ Hospital (facility) coinsurance	0%	Hospital (facility) <u>coinsurance</u>	0%	Hospital (facility) coinsurance	0%	
Other <u>coinsurance</u>	0%	■ Other <u>coinsurance</u>	0%	■ Other <u>coinsurance</u>	0%	
This EXAMPLE event include like:	s services	This EXAMPLE event including:	udes services	This EXAMPLE event include like:	es services	
Specialist office visits (prenatal care)		Primary care physician office visits (including		Emergency room care (including medical supplies)		
Childbirth/Delivery Professional Se		disease education) Diagnostic test (x-ray)				
Childbirth/Delivery Facility Service		Diagnostic tests (blood work) Durable medical equipment (crutches)			,	
<u>Diagnostic tests</u> (ultrasounds and blo <u>Specialist visit</u> (anesthesia)	ood work)	Prescription drugs Durable medical equipment ((glucose meter)	Rehabilitation services (physical th	herapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
In this example, Peg would pa	ay:	In this example, Joe would pay: In this example, Mia wo		In this example, Mia would p	ay:	
Cost Sharing		Cost Sharing		Cost Sharing		
Deductibles	\$9,100	<u>Deductibles</u>	\$2,300	<u>Deductibles</u>	\$2,800	
Copayments	\$0	Copayments	\$0	Copayments	\$0	
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0	
What isn't covered		What isn't covered		What isn't covered		
Limits or exclusions	\$0	Limits or exclusions	\$0	Limits or exclusions	\$0	
The total Peg would pay is	\$9,100	The total Joe would pay is	\$2,300	The total Mia would pay is	\$2,800	

The plan would be responsible for the other costs of these EXAMPLE covered services.



Language Assistance Services

a Point32Health company

Arabic (العربية) انتباه: إذا كنت تتحدث لغة أخرى غير الإنجليزية، فإن خدمات المساعدة اللغوية متاحة لك مجانًا. يرجى الاتصال بالرقم الموجود على بطاقة هوية العضو الخاصة بك.

French (Français) ATTENTION: Si vous parlez une langue autre que l'anglais, des services d'assistance linguistique gratuits sont à votre disposition. Veuillez appeler le numéro indiqué sur votre carte d'adhérent.

Greek (Ελληνικά) ΠΡΟΣΟΧΗ: Εάν μιλάτε κάποια άλλη γλώσσα πέρα από τα αγγλικά, γλωσσικές υπηρεσίες χωρίς χρέωση είναι στη διάθεσή σας. Καλέστε τον αριθμό στην κάρτα μέλους σας.

Gujarati (ગુજરાતી) ધ્યાન આપો: જો તમે અંગ્રેજી સવાિય બીજી ભાષા બોલો છો, તો ભાષા હિાય વિાઓ, તમારા માટે મફત ઉપલબ્ધ છે. કૃપા કરીને તમારા ભિ્ય આઈડી કાડડ પરના નંબર પર કૉલ કરો.

Haitian Creole (Kreyòl Ayisyen) ATANSYON: Si w pale yon lang ki pa Anglè, gen sèvis èd pou lang ki disponib gratis pou ou. Tanpri rele nimewo ki sou kat ID manm ou a.

Hindi (हरित) ध्यान दें: अगर आप अंग्रेजी के अलावा कोई दूसरी भाषा बोलते हैं, तो भाषा सहायता सेवाएं आपके ललए ननिःशुल्क उपलब्ध हैं। कृ पया अपने सदस्य आईडी काडड पर ददए गए नंबर पर कॉल करें।

Italian (Italiano) ATTENZIONE: se parli una lingua diversa dall'inglese, sono disponibili gratuitamente servizi di assistenza linguistica. Chiama il numero indicato sulla tua tessera membro identificativa.

Khmer (ភាសាខ្មមរែ) បុរសិនបរអុន កនិយាយភាសាបសងេបប៉ាពីភាសាអុង់បល េស បសវាកម្មមជំនួ យភាសា ដលែឥតលិតថ្លា លើអាចរកបានសហរអុន ក។ សូ មុបាបាកាន់ បលខបាបលី ID កាត់សាជិកររស់អុន ក។

Korean (한국어) 알림: 영어 이외의 언어를 사용하신다면 언어 지원 서비스를 무료로 제공해 드립니다. 가입자 ID 카드에 명시된 번호로 전화하시기 바랍니다.

Lao (ພາສາລາວ) ກະລຸນາ ຮັບຊາບ: ຖ້າ ທານເວົ້າພາສາອື່ນີ້ທົ່ບແ ່ມນພາສາ ອັງິກດ, ທານສາມາດໃຊ້ບິລການ້ຕານພາສາໄ ດ້ ໂດຍບເສຍ ຄາ. ກະລຸນາໂທຫາເບີ່ທູ່ຢໃນ ບັດປະຈຳ ຕົວສະມາຊິກຂອງ ທານ.

Polish (polski) UWAGA: Jeśli posługujesz się językiem innym niż angielski, możesz bezpłatnie korzystać z usług pomocy językowej. Zadzwoń pod numer podany na Twojej karcie członkowskiej.

Portuguese (Português) ATENÇÃO: caso fale outro idioma que não o inglês, são-lhe disponibilizados gratuitamente serviços de assistência linguística. Ligue para o número no seu cartão de identificação de membro.

Russian (Русский) ВНИМАНИЕ! Если вы не говорите на английском языке, то можете бесплатно воспользоваться услугами языковой поддержки. Позвоните по номеру, указанному на вашей идентификационной карте участника.

Spanish (Español) ATENCIÓN: Si usted habla un idioma que no sea inglés, están disponibles para usted, sin costo, servicios de asistencia en otros idiomas. Llame al número que figura en su tarjeta de identificación de miembro.

Traditional Chinese (繁體中文) 注意事項:如果您講非英語的其他語言,我們可以為您提供免費的語言協助服務。請撥打您會員 ID 卡上的電話號碼。

Vietnamese (Tiếng Việt) LƯU Ý: Nếu quý vị nói ngôn ngữ khác không phải tiếng Anh, chúng tôi cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Vui lòng gọi đến số điện thoại trên thẻ ID hội viên của quý vị.

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Please call the number on your member ID card.

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General Notice About Nondiscrimination and Accessibility Requirements

Harvard Pilgrim Health Care and its affiliates as noted below ("HPHC") comply with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex (including pregnancy, sexual orientation and gender identity). HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability or sex (including pregnancy, sexual orientation and gender identity).

HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer (see below for contact information).

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex (including pregnancy, sexual orientation and gender identity) you can file a grievance with:

Point32Health Civil Rights Legal Coordinator

1 Wellness Way Canton, MA 02021-1166

866-750-2074, TTY service: 711

Fax: 617-668-2754

Email: OCRCoordinator@point32health.org

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights

Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of

Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal,

available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at

www.hhs.gov/ocr/office/file/index.html