

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services **HMO HSA - FLEX**

Coverage Period: 01/01/2024 — 12/31/2024

Coverage for: Individual + Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.harvardpilgrim.org/public/eoc?pdid=PD0000101244. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary at www.healthcare.gov/sbc-glossary or call 1-888-333-4742 to request a copy.

Important Questions	Answers	Why this matters
What is the overall deductible?	Medical & Prescription Drug Deductible: \$2,500 member / \$5,000 family Benefits are administered on a Plan Year basis.	Generally you must pay all the costs up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> , certain preventive drugs, and routine eye exams are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But, a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services
What is the out-of-pocket limit for this plan?	\$6,900 member / \$13,800 family	The <u>out-of-pocket limit</u> is the most you could pay in a year of covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until family <u>out-of-pocket limit</u> has been met.

Important Questions	Answers	Why this matters
What is not included in the out-of-pocket limit?	Pediatric Dental Care, premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See https://www.harvardpilgrim.org/public/find-a-provider or call 1-888-333-4742 for a list of preferred providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes, some exceptions apply.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All **copayment** and **coinsurance** cost shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You	Limitations Franctions	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	Level 1: No charge	Not covered	None
	Specialist visit	Level 1: No charge Level 2: \$35 copay/ visit	Not covered	None
	Preventive care/screening/ immunization	No charge; <u>deductible</u> does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.

		What Yo	Limitations, Exceptions, & Other Important Information	
Common Medical Event	Services You May Need	rvices You May Need Network Provider (You will pay the least) Out-of-Network Provider (You will pay the m		
If you have a test	Diagnostic test (x-ray, blood work)	X-rays: \$35 copay/visit Laboratory: Flex Providers: No charge Other Plan Providers: \$35 copay/visit Not covered		None
	Imaging (CT/PET scans, MRIs)	Non-Hospital Based: Not covered No charge Hospital Based: \$400 copay/ procedure		None
If you need drugs to treat your illness or condition More information about	Generic drugs	30-Day Retail Tier 1: \$5 g 90-Day Mail Tier 1: \$10 g 30-Day Retail Tier 2: \$30 90-Day Mail Tier 2: \$60 g	Value formulary - covers a limited list; not all drugs are covered	
prescription drug coverage is available at	Preferred brand drugs	30-Day Retail Tier 3: \$70 90-Day Mail Tier 3: \$140	Some generic drugs are in this tier	
www.harvardpilgrim.org/ 2022Value5T.	Non-preferred brand drugs	30-Day Retail Tier 4: \$10 90-Day Mail Tier 4: \$300	Same as above	
	Specialty drugs	30-Day Retail Tier 4: \$100 copay/ prescription 90-Day Mail Tier 4: \$300 copay/ prescription 30-Day Retail Tier 5: \$125 copay/ prescription 90-Day Mail Tier 5: \$375 copay/ prescription		Some drugs must be obtained through a Specialty Pharmacy
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Flex Providers: \$200 copay/visit Other Plan Providers: \$500 copay/visit	Not covered	None
	Physician/surgeon fees	Flex Providers: No charge Other Plan Providers: No charge	Not covered	

		What You			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need immediate	Emergency room care	\$200 copay/ visit		None	
medical attention	Emergency medical transportation	No charge		None	
	Urgent care	Convenience care clinic: No charge Urgent care center: No charge Hospital urgent care center: No charge		None	
If you have a hospital	Facility fee (e.g., hospital room)	\$300 copay/ admit	Not covered	None	
stay	Physician/surgeon fee	No charge	Not covered]	
If you have mental	Outpatient services	No charge	Not covered	None	
health, behavioral health, or substance abuse needs	Inpatient services	\$300 copay/ admit	Not covered	None	
If you are pregnant	Office visits	No charge	Not covered	Cost sharing does not apply	
	Childbirth/delivery professional services	No charge	Not covered	for preventive services.	
	Childbirth/delivery facility services	\$300 copay/ admit	Not covered		
If you need help	Home health care	No charge	Not covered	None	
recovering or have other special health needs	Rehabilitation services	Physical Therapy:	Not covered	Physical & Occupational	
special ficaltif fiecus	Habilitation services	Non-hospital based: No charge		Therapy - 60 combined visits/ Plan Year	
		Hospital based: \$50		visits/ Tail Teal	
		copay/ visit			
		Occupational Therapy: Non-hospital based:			
		No charge			
		Hospital based: \$50 copay/ visit			

	Services You May Need		What You Will Pay				
Common Medical Event			Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		Limitations, Exceptions, & Other Important Information	
			Speech Therapy: Non-hospital based: No charge Hospital based: \$50 copay/ visit				
	Skilled nursing care		\$300 <u>copay</u> / admit	Not cove	red	- 100 days/ Plan Year	
	Durable medical equ	uipment	20% coinsurance	Not cove	red	- 1 synthetic monofilament wig/ Plan Year	
	Hospice services		No charge	Not covered		For inpatient see "If you have a hospital stay"	
If your child needs dental or eye care	Children's eye exam Children's glasses Children's dental check-up		No charge; <u>deductible</u> does not apply	Not covered		- 1 exam/ Plan Year	
			Reimbursed first \$50, then 50% of covered charges; deductible does not apply Not covered		Frames & lenses OR contacts every 12 months up to end of month child turns 19		
					Off exchange plans must have separate coverage		
Excluded Services & Ot	her Covered Services:						
Services Your Plan Does	NOT Cover (This isn	't a complet	e list. Check your policy of	or <u>plan</u> doc	ument for other e	xcluded services.)	
 Long-Term (Custodial) Care Most Cosmetic Surgery 			t Dental Care (Adult) -emergency care when traveling outside U.S.		Private-duty nursingRoutine foot careServices that are not Medically Necessary		
Other Covered Services (This isn't a complete list. Check your policy or <u>plan</u> document for other covered services and your costs for these services.)							
AcupunctureBariatric surgeryHearing month		Hearing months,	actic Care Aids - \$2,000/ hearing aid of impaired ear up to age 22 Treatment	every 36	 Routine eye care (Adult) - 1 exam/ Plan Y Weight Loss Programs - 3 months of Wei Watchers traditional OR at Work/ Plan Y 		

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

HPHC Member Appeals-Member Services Department Harvard Pilgrim Health Care, Inc. 1 Wellness Way Canton, MA 02021-1166

Telephone: 1-888-333-4742

Fax: 1-617-509-3085

Department of Labor's Employee Benefits Security Administration 1-866-444-3272 www.dol.gov/ebsa/healthreform

Health Care for All
30 Winter Street, Suite 1004
Boston, MA 02108
1-800-272-4232

1-800-272-4232 http://www.hcfama.org/helpline Massachusetts Division of

Insurance

1000 Washington Street, Suite 810

Boston, MA 02118–6200

1-617-521-7794

Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this Coverage Meet the Minimum Value Standard? Not Applicable

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Para obtener asistencia en Español, llame al 1-888-333-4742.

如果需要中文的帮助, 请拨打这个号码 1-888-333-4742.

De assistência em Português, por favor ligue 1-888-333-4742.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductible</u>, <u>copayment</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)		
■ The <u>plan's</u> overall deductible	\$2,5 00	■ The <u>plan's</u> overall deductible	\$2,500	The <u>plan's</u> overall deductible	\$2,5 00	
■ Specialist copayment	\$35	■ Specialist copayment	\$35	■ Specialist copayment	\$35	
Hospital (facility)copayment	\$300	■ Hospital (facility) copayment	\$300	Hospital (facility) <u>copayment</u>	\$300	
■ Other <u>copayment</u>	\$0	■ Other <u>copayment</u>	\$0	■ Other <u>copayment</u>	\$35	
This EXAMPLE event includes services like:		This EXAMPLE event includes services like:		This EXAMPLE event includes services like:		
Specialist office visits (prenatal care)		Primary care physician office visits (including		Emergency room care (including medical supplies)		
Childbirth/Delivery Professional Se	rvices	disease education) <u>Diagnostic test</u> (x-ray)				
Childbirth/Delivery Facility Services		Diagnostic tests (blood work)		Durable medical equipment (crutches)		
Diagnostic tests (ultrasounds and blo	od work)	Prescription drugs	Rehabilitation services (physical th	habilitation services (physical therapy)		
Specialist visit (anesthesia)		Durable medical equipment	(glucose meter)			
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
In this example, Peg would pa	ay:	In this example, Joe would	d pay:	In this example, Mia would pay:		
Cost Sharing		Cost Sharing		Cost Sharing		
<u>Deductibles</u>	\$2,500	<u>Deductibles</u>	\$2,5 00	<u>Deductibles</u>	\$2,500	
Copayments	\$400	Copayments	\$1,100	Copayments	\$0	
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0	
What isn't covered		What isn't covered		What isn't covered		
Limits or exclusions	\$0	Limits or exclusions	\$0	Limits or exclusions	\$0	
The total Peg would pay is	\$2,900	The total Joe would pay is	\$3,600	The total Mia would pay is	\$2,500	

The plan would be responsible for the other costs of these EXAMPLE covered services.

Language Assistance Services

Español (Spanish) ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-877-907-4742 (TTY: 711).

Português (Portuguese) ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-877-907-4742 (TTY: 711).

Kreyòl Ayisyen (French Creole) ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-877-907-4742 (TTY: 711).

繁體中文 (Traditional Chinese) 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-877-907-4742(TTY:711)。

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu quí vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quí vị miễn phí. Gọi số 1-877-907-4742 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-907-4742 (телетайп: 711).

(Arabic) العربية

إنتهاه: إذا أنت تتكلم اللغة العربية ، خَدَمات المُساعَدة اللغَوية مُتَوفرة لك مَجانا. " اِتصل على 4742-907-1877

(TTY: 711)

ខ្មែរ (Cambodian) ្រសុំជូនដំណីង៖ បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ជូនលោកអ្នកដោយឥតគិតថ្លៃ។។ ចូរ ទូរស័ព្ទ 1-877-907-4742 (TTY: 711)។

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-907-4742 (ATS: 711).

Italiano (Italian) ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-877-907-4742 (TTY: 711).



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한국어 (Korean) '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-907-4742 (TTY: 711) 번으로 전화해 주십시오.

Ελληνικά (Greek) ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-877-907-4742 (TTY: 711).

Polski (Polish) UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-907-4742 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्तमें उपलब्ध हैं. जानकारी के लिये फोन करें. 1-877-907-4742 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હ્યે તો આપને માટે ભાષાકીય સહ્ય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-877-907-4742 (TTY: 711)

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-877-907-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-877-907-4742 (TTY: 711).



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General Notice About Nondiscrimination and Accessibility Requirements

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HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity), you can file a grievance with: Civil Rights Compliance Officer, 1 Wellness Way, Canton, MA 02021-1166, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: civil_rights@point32health.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



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