

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services Standard Silver

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.harvardpilgrim.org/public/eoc-page?pdid=PD0000100749. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-888-333-4742 to request a copy.						
Important Questions	Answers	Why this matters				
What is the overall <u>deductible</u> ?	Medical & Prescription Drug Deductible: \$2,000 member / \$4,000 family Benefits are administered on a Plan Year basis.	Generally you must pay all the costs up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .				
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> , <u>provider</u> office visits, Tiers 1 and 2 prescription drugs, <u>Rehabilitation services</u> , and <u>Habilitation services</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But, a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https:/ /www.healthcare.gov/coverage/preventive-care-benefits/.				
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services				
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	\$8,700 member / \$17,400 family	The <u>out-of-pocket limit</u> is the most you could pay in a year of covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.				

Important Questions	Answers		Why this matters			
What is not included in the <u>out-of-pocket limit</u> ?			Even though you pay these expenses, they don't count toward the out-of-pocket limit .			
Will you pay less if you use a <u>network provider</u> ?	Yes. See https://www.harvardpilgrim.org/public/ find-a-provider or call 1-888-333-4742 for a list of preferred providers.		This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.			
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes, some exceptions apply.		This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .			
All <u>copaym</u>	ent and coinsurance cost shows	n in this chart are after you	r <u>deductible</u> has been met, if a	deductible applies.		
		What	You Will Pay	Limitationa Evantiona		
Common Medical Event	Services You May Need	Network Provider (You will pay the leas	out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information		
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	Level 1: \$25 <u>copay</u> / vis <u>deductible</u> does not app		None		
	<u>Specialist</u> visit	Level 1: \$25 <u>copay</u> / vis <u>deductible</u> does not app Level 2: \$50 <u>copay</u> / vis <u>deductible</u> does not app	ly it;	None		
	Preventive care/screening/ immunization	No charge; <u>deductible</u> d not apply	loes Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.		

		What You			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have a test	Diagnostic test (x-ray, blood work)	X-rays: \$75 <u>copay</u> / visit Not covered Laboratory: \$45 <u>copay</u> / visit		None	
	Imaging (CT/PET scans, MRIs)	\$375 <u>copay</u> / procedure	Not covered	None	
If you need drugs to treat your illness or condition More information about	Generic drugs	 30-Day Retail Tier 1: \$25 copay/ prescription; deductible does not apply 90-Day Mail Tier 1: \$50 copay/ prescription; deductible does not apply 		Value formulary - covers a limited list; not all drugs are covered	
prescription drug coverage is available at www.harvardpilgrim.org/ 2022Value3T.	Preferred brand drugs	30-Day Retail Tier 2: \$50 c deductible90-Day Mail Tier 2: \$100 c deductible does not apply	Some generic drugs are in this tier		
	Non-preferred brand drugs	30-Day Retail Tier 3: \$75 co 90-Day Mail Tier 3: \$225 co	Same as above		
	Specialty drugs	All drugs are covered in Retail Pharmacy Tiers 1 - 3	Must be obtained through a Specialty Pharmacy		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$500 <u>copay</u> / visit	Not covered	None	
	Physician/surgeon fees	No charge	Not covered		
If you need immediate	Emergency room care	\$300 copay/ visit		None	
medical attention	Emergency medical transportation	No charge		None	
	<u>Urgent care</u>	Convenience care clinic:Not covered\$25 copay/ visit; deductible does not applyNot coveredUrgent care center: \$50 copay/ visit; deductible does not applyNot covered		None	

		What You			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
		Hospital urgent care center: \$50 <u>copay</u> / visit; <u>deductible</u> does not apply			
If you have a hospital stay	Facility fee (e.g., hospital room)	\$750 <u>copay</u> / admit	Not covered	None	
	Physician/surgeon fee	No charge	Not covered		
If you have mental health, behavioral	Outpatient services	\$25 <u>copay</u> / visit; <u>deductible</u> does not apply	Not covered	None	
health, or substance abuse needs	Inpatient services	\$750 <u>copay</u> / admit	Not covered		
If you are pregnant	Office visits	\$25 <u>copay</u> / visit; <u>deductible</u> does not apply	Not covered	Cost sharing does not apply for preventive services.	
	Childbirth/delivery professional services	No charge	Not covered		
	Childbirth/delivery facility services	\$750 <u>copay</u> / admit	Not covered		
If you need help	Home health care	No charge	Not covered	None	
recovering or have other special health needs	Rehabilitation services Habilitation services	Physical Therapy: \$50 <u>copay</u> / visit; <u>deductible</u> does not apply Occupational Therapy: \$50 <u>copay</u> / visit; <u>deductible</u> does not apply Speech Therapy: \$50 <u>copay</u> / visit; <u>deductible</u> does not apply	Not covered	Physical & Occupational Therapy - 60 combined visits/ Plan Year	
	Skilled nursing care	\$750 <u>copay</u> / admit	Not covered	– 100 days/ Plan Year	
	Durable medical equipment	20% coinsurance	Not covered	- 1 synthetic monofilament wig/ Plan Year	

	Services You May Need		What You Will Pay				
Common Medical Event			Network Provider (You will pay the least)	F	of-Network Provider I pay the most)	Limitations, Exceptions, & Other Important Information	
	Hospice services		No charge	Not cove	ered	For inpatient see "If you have a hospital stay"	
If your child needs dental or eye care	Children's eye exam		\$25 <u>copay</u> / visit; <u>deductible</u> does not apply	Not covered		— 1 exam/ Plan Year	
	Children's glassesReimbursed first \$50, then 50% of covered charges; deductible does not apply				red charges;	Frames & lenses OR contacts every 12 months up to end of month child turns 19	
	Children's dental chec	k-up	No charge; <u>deductible</u> does r	- 2 exams/ 12 months up to end of month child turns 19			
Excluded Services & Oth	ner Covered Services:						
Services Your Plan Does	NOT Cover (This isn	't a comp	olete list. Check your policy of	r <mark>plan</mark> doc	cument for other	excluded services.)	
Č (,		t Dental Care (Adult)Private-duty =Routine footU.S.Services that		0			
Other Covered Services (This isn't a complete list. Check your policy or <u>plan</u> document for other covered services and your costs for these services.)							
 Abortion Acupuncture Bariatric surgery		• Hear	opractic Care ing Aids - \$2,000/ hearing aid e ths/ impaired ear up to age 22	very 36	• Weight Loss I	atment are (Adult) - 1 exam/ Plan Year Programs - 3 months of Weight itional OR at Work/ Plan Year	

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your **plan** for a denial of a **claim**. This complaint is called a **grievance** or **appeal**. For more information about your rights, look at the explanation of benefits you will receive for that medical **claim**. Your **plan** documents also provide

complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

HPHC Member Appeals-Member Services Department Harvard Pilgrim Health Care, Inc. 1 Wellness Way Canton, MA 02021-1166 **Telephone: 1-888-333-4742 Fax: 1-617-509-3085** Department of Labor's Employee Benefits Security Administration 1-866-444-3272 www.dol.gov/ebsa/healthreform Health Care for All 30 Winter Street, Suite 1004 Boston, MA 02108 1-800-272-4232 http://www.hcfama.org/helpline

Massachusetts Division of Insurance 1000 Washington Street, Suite 810 Boston, MA 02118–6200 **1-617-521-7794**

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this Coverage Meet the Minimum Value Standard? Not Applicable

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Para obtener asistencia en Español, llame al 1-888-333-4742.

如果需要中文的帮助,请拨打这个号码 1-888-333-4742.

De assistência em Português, por favor ligue 1-888-333-4742.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductible</u>, <u>copayment</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network ca well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)		
The <u>plan's</u> overall deductible	\$2, 000	The <u>plan's</u> overall deductible	\$2,000	The plan's overall deductible	\$2, 000	
Specialist copayment	\$50	Specialist copayment	\$50	Specialist copayment	\$5 0	
■ Hospital (facility) <u>copayment</u>	\$ 750	■ Hospital (facility) <u>copayment</u>	\$750	■ Hospital (facility) <u>copayment</u>	\$ 750	
Other <u>copayment</u>	\$45	Other <u>copayment</u>	\$45	Other <u>copayment</u>	\$75	
This EXAMPLE event includes like:	services	This EXAMPLE event inclu like:	udes services	This EXAMPLE event includes like:	s services	
Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Serv	vices	Primary care physician office <i>disease education</i>)	visits (including	Emergency room care (including medical supplies) Diagnostic test (x-ray)		
Childbirth/Delivery Facility Services		Diagnostic tests (blood work)		Durable medical equipment (crutches)		
Diagnostic tests (ultrasounds and blood	d work)	Prescription drugs Rehabilitation services (physical therapy)			rapy)	
Specialist visit (anesthesia)		Durable medical equipment (glucose meter)				
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
In this example, Peg would pag	y:	In this example, Joe would	would pay: In this example, Mia would pay:			
Cost Sharing		Cost Sharing		Cost Sharing		
Deductibles	\$2,000	Deductibles	\$100	Deductibles	\$2,000	
Copayments	\$1,300	Copayments	\$1,300	Copayments	\$400	
Coinsurance	\$ 0	Coinsurance	\$ 0	Coinsurance	\$ 0	
What isn't covered		What isn't covered		What isn't covered		
Limits or exclusions	\$ 0	Limits or exclusions	\$0	Limits or exclusions	\$ 0	
The total Peg would pay is	\$3,300	The total Joe would pay is	\$1,400	The total Mia would pay is	\$2,400	

The plan would be responsible for the other costs of these EXAMPLE covered services.

Language Assistance Services

Español (Spanish) ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-877-907-4742 (TTY: 711).

Português (Portuguese) ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-877-907-4742 (TTY: 711).

Kreyòl Ayisyen (French Creole) ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-877-907-4742 (TTY: 711).

繁體中文 (Traditional Chinese) 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-877-907-4742(TTY:711)。

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu quí vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quí vị miễn phí. Gọi số 1-877-907-4742 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-907-4742 (телетайп: 711).

(Arabic) العربية

إنتياه: إذا أنت تتكلم اللغة **العربية ،** خَدَمات المُساعَدة اللغوية مُتَوفرة لك مَجانا. * إتصل على 4742-907-1877

(TTY: 711)

ខ្មែរ (Cambodian) ្រសុំជូនដំណឹង៖ បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ជូនលោកអ្នកដោយឥតគិតថ្លៃ។។ ចូរ ទូរស័ព្ទ 1-877-907-4742 (TTY: 711)។

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-907-4742 (ATS: 711).

Italiano (Italian) ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-877-907-4742 (TTY: 711).



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한국어 (Korean) '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-907-4742 (TTY: 711) 번으로 전화해 주십시오.

Ελληνικά (Greek) ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-877-907-4742 (TTY: 711).

Polski (Polish) UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-907-4742 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्त में उपलब्ध है. जानकारी के लिये फोन करे. 1-877-907-4742 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હ્યે તો આપને માટે ભાષાકીય સહ્યય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-877-907-4742 (TTY: 711)

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-877-907-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-877-907-4742 (TTY: 711).



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General Notice About Nondiscrimination and Accessibility Requirements

Harvard Pilgrim Health Care and its affiliates as noted below ("HPHC") comply with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity), you can file a grievance with: Civil Rights Compliance Officer, 1 Wellness Way, Canton, MA 02021-1166, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: civil_rights@point32health.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

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