

# Building Healthy Communities: Maine 2020

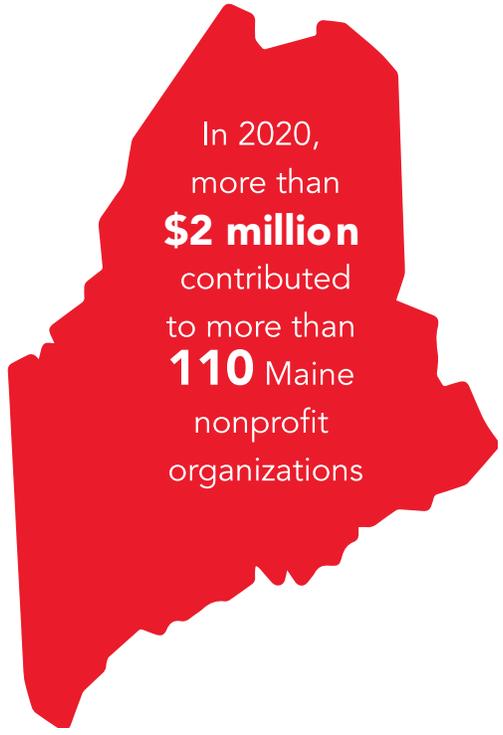
## Our Regional Impact in New England

**2,486** HARVARD PILGRIM EMPLOYEE SERVICE HOURS  
HELPING LOCAL COMMUNITIES IN REGION

**\$11.7 million** VALUE OF THE FOUNDATION'S  
CHARITABLE GIVING AND SERVICE

**\$7 million** COVID-19 RELIEF FUNDS TO SUPPORT  
COMMUNITIES IMPACTED BY THE PANDEMIC

**95%** HARVARD PILGRIM EMPLOYEES WHO PARTICIPATED  
IN AT LEAST ONE SERVICE OR GIVING ACTIVITY



In 2020,  
more than  
**\$2 million**  
contributed  
to more than  
**110** Maine  
nonprofit  
organizations



Read on for more details.

Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care,  
Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

## 2020 Impact in Maine

**COVID-19 Relief Grants:** As COVID-19 spread across New England, the Foundation responded with food, volunteers, expertise and more than \$1.7 million in funding to bolster local Maine responses. In greater Portland, the Foundation partnered with Cooking for Community and the YMCA of Southern Maine, providing \$220,000 in funds to deliver hot meals and healthy food to thousands of families and older adults in need.

**Healthy Food Fund Grants:** The Foundation awarded \$125,000 in second-year grants to Alan Day Community Garden in Norway, Cumberland County Food Security in Portland, Healthy Acadia in Ellsworth, Penquis CAP in Bangor, and Twin Villages Foodbank Farm in Damariscotta to grow, glean and distribute fresh, local food.

### Harvard Pilgrim Community Spirit 9/11

**Mini-Grants Program:** Every Harvard Pilgrim employee can designate a \$500 grant, funded by the Foundation, to the nonprofit of their choice. A total of \$21,500 was distributed through 44 mini-grants in Maine.

**Good Food Bus:** With the Foundation's ongoing grant support of \$30,000, the St. Mary's Nutrition Center's Good Food Bus ensured Lewiston/Auburn area residents had access to fresh, healthy food.

**Helping caregivers of older adults with Alzheimer's disease:** The Foundation provided a training grant to Elder Services of Merrimack Valley's Healthy Living Center of Excellence and Southern Maine Agency of Aging to provide training to support family caregivers of people with Alzheimer's and virtual Matter of Balance workshops for older adults to prevent falls, and emergency food and meal deliveries.



## Civic Engagement

**Good Shepherd Food Bank of Maine:** Helped in the effort to eliminate hunger by sourcing and distributing nutritious food to people in need and building strong community partnerships.

**Maine Justice Foundation:** Supported educational and advocacy programs aimed at achieving racial justice and eliminating racism.

**Olympia Snowe Women's Leadership Institute:** Focused on raising the confidence and supporting the aspirations of high school girls by helping them develop the skills to be leaders in their lives, families, careers and communities.

**WinterKids:** Supported the development of healthy lifelong habits through education and year-round, outdoor physical activity in children and families.



**Harvard Pilgrim Health Care Foundation**  
93 Worcester Street, Wellesley, MA 02481

1 Market Street, Portland, Maine 04101

