

## HEDIS 2018 Measure Guide

Clinical Population	Measure	Inclusion criteria <sup>^</sup>	Screening, test or treatment needed
<b><i>ALL ADULTS</i></b>	Access to preventive/ ambulatory health services	Ages 20 and older	Had one or more ambulatory or preventive care visit during the last three years
	Adult BMI assessment	Age 18-74	Had an outpatient visit and had their BMI (body mass index) and weight documented within the past two years
	Avoidance of antibiotic treatment in adults with acute bronchitis	Age 18-64 with a diagnosis of acute bronchitis	Did <b>not</b> get a prescription for an antibiotic on or within three days after diagnosis of acute bronchitis
	Colorectal cancer screening	Ages 50-75	Had one or more of the following appropriate colorectal cancer screenings: fecal occult blood test (within past year), flexible sigmoidoscopy (within past five years), colonoscopy (within past 10 years), CT Colonography (within the past 5 years), FIT-DNA test (within the past 3 years)
	Disease modifying anti-rheumatic drug therapy in Rheumatoid Arthritis	Age 18 and older	Had diagnosis of Rheumatoid Arthritis and received at least one prescription for a disease modifying anti-rheumatic drug (DMARD) in the measurement year
	Use of imaging studies for low back pain	Age 18-50 with the diagnosis of low back pain	Did <b>not</b> receive an imaging study on the episode start date or in the 28 days following the episode start date
	Use of spirometry testing in the assessment of Chronic Obstructive Pulmonary Disease (COPD)	Age 40 and older with a new diagnosis of COPD	Had new diagnosis with COPD (or newly active chronic diagnosis of COPD), and received appropriate spirometry (or lung function test) to confirm diagnosis
	Flu vaccinations for adults age 18-64 *	Age 18-64	Percentage of members who reported having a flu shot at any location during the previous flu season (CAHPS survey question)
	Advising Smokers to Quit ( <i>ASTQ</i> ) *	Age 18+ who are current smokers	Provider offered advice to quit smoking & discussed cessation medications and strategies (CAHPS survey question)
<b><i>WOMEN &amp; TEENAGE GIRLS</i></b>	Breast cancer screening	Age 50-74	Had at least one screening mammogram within the last two years

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	Cervical cancer screening	Age 21-64	Percentage of women who were properly screened for cervical cancer using either of the criteria: <ul style="list-style-type: none"> <li>women ages 21-64 who received a cervical cytology screen (pap smear) every three years; or</li> <li>women ages 30-64 who received cervical cytology/human papillomavirus (HPV) co-testing every five years</li> </ul>
	Chlamydia screening in women	Sexually active women age 16-24	Had at least one screening test for chlamydia within the past year
	Prenatal/Post-partum care	Livebirth from 11/6/2016-11/5/2017	<ul style="list-style-type: none"> <li>Had prenatal visit within first trimester (or within 42 days of enrollment)</li> <li>Had post-partum visit between 21 and 56 days after delivery</li> </ul>
<b>CHILDREN &amp; ADOLESCENTS</b>	Appropriate treatment of children with upper respiratory infection (URI)	Age 3 months -18 years of age with diagnosis of URI	Did <b>not</b> receive an antibiotic prescription on or within three days after the diagnosis of an upper respiratory infection (antibiotics are NOT an appropriate treatment for this diagnosis)
	Appropriate testing of children with pharyngitis (sore throat)	Age 3-18 with diagnosis of pharyngitis	Had been diagnosed with pharyngitis, dispensed an antibiotic <b>and</b> received a group A streptococcus (strep) test in the seven-day period from three days prior to the prescription fill date to three days after that date.
	Childhood immunization	Age 0-2	Percentage of children who had, <b>by age 2:</b> 4 DTaP, 3 IPV, 1 MMR, 3 HIB, 3 Hep B, 1 VZV, 4 PCV, 1 Hep A, 3 Rotavirus and 2 Influenza vaccines**
	Adolescent immunization	Age 13 years	Percentage of adolescents who had the following vaccinations: 1 Meningococcal conjugate vaccine between 11 <sup>th</sup> and 13 <sup>th</sup> birthdays, 1 Tdap vaccine between 10 <sup>th</sup> and 13 <sup>th</sup> birthdays, and completed the HPV vaccine series before their 13 <sup>th</sup> birthday. ***
	Access to primary care physicians	Age 12months-19 years of age	<ul style="list-style-type: none"> <li>Ages 12 months to 6 years: Had a visit with a primary care physician (PCP) each year</li> <li>Ages 7-19 years: Had a visit with a primary care physician (PCP) within past two years</li> </ul>
	Well-child visits within 1 <sup>st</sup> 15 months of life	Age 0-15 months	Had six well-child visits with a PCP by age 15 months
	Well-child visits in the 3 <sup>rd</sup> , 4 <sup>th</sup> , 5 <sup>th</sup> and 6 <sup>th</sup> years of life	Age 3-6	Members ages 3-6 who had at least one well-child visit with a PCP each year
	Adolescent well-care visits	Age 12-21	Members ages 12-21 who had at least one comprehensive well-care visit with a PCP or OB/GYN each year

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	Weight assessment & counseling for nutrition and physical activity for children/adolescents	Ages 3-17	Children ages 3-17 who had an outpatient visit with a PCP or OB/GYN and had BMI percentile documentation, height and weight documentation, counseling for nutrition and counseling for physical activity during the year
<b><i>CARDIAC CARE adults only</i></b>	Persistence of beta-blocker treatment after a heart attack	Age 18 and older who had heart attack between 7/1/2016 and 6/30/2017	Within 180 days of a hospital discharge for a heart attack (acute myocardial infarction or AMI), member received at least a 135-day supply of beta-blocker medications
<b><i>HYPERTENSIVES adults only</i></b>	Controlling high blood pressure (hypertension)	Age 18-85 with high blood pressure diagnosis	Systolic blood pressure <140 mmHg AND diastolic blood pressure < 90 mmHg (must be most recent blood pressure reading in measurement year)
<b><i>DIABETICS adults only</i></b>	Comprehensive diabetes care	Members diagnosed with diabetes, age 18-75	Each year, members with diabetes should have: <ul style="list-style-type: none"> <li>• Hemoglobin A1c (HbA1c) tested</li> <li>• HbA1c&lt;8.0 (result must be from the most recent test in measurement year)</li> <li>• Dilated eye exam performed</li> <li>• Medical attention for nephropathy (monitoring for kidney disease)</li> <li>• Blood pressure controlled &lt;140/90 (must be from most recent reading in measurement year)</li> </ul>
<b><i>ASTHMATICS adults &amp; children</i></b>	Asthma Medication Ratio	Members with persistent asthma, age 5-64	Percentage of persistent asthmatic members who had a ratio of controller medications to total asthma medications of 0.50 or greater during the measurement year
<b><i>BEHAVIORAL HEALTH CARE</i></b>	Antidepressant medication management	Adults, age 18 and older, treated with an antidepressant drug and who had a diagnosis of major depression.	<ul style="list-style-type: none"> <li>• Effective acute-phase treatment = remained on an antidepressant medication during the 12 weeks following start of an episode</li> <li>• Effective continuation-phase treatment = remained on an antidepressant medication for at least six months following start of an episode</li> </ul>
	Follow-up visit after hospitalization for mental illness	Members, age 6+, who were hospitalized for treatment of select mental health diagnoses.	<ul style="list-style-type: none"> <li>• Had one follow-up visit within seven days of hospital discharge</li> <li>• Had one follow-up visit within 30 days of hospital discharge</li> </ul>
	Initiation and engagement of alcohol and other drug (AOD) dependence treatment	Members aged 13 and older with a new episode of AOD dependence	Initiated AOD treatment within 14 days of diagnosis <b>AND</b> received two additional AOD services within 34 days of starting treatment

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