

a **Point32Health** company

# **Delivering Quality Care**

New Hampshire Small Group Product Guide Plan Year 2026



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# Leading the Way to Better Health

At Harvard Pilgrim, we're not just a health plan; we are your local health care partner.

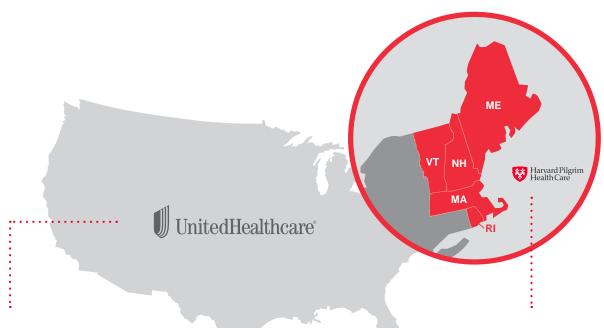
We offer flexible health plans with robust local and national provider networks, preventive care programs, digital tools for added convenience and inclusive, family-focused benefits. Our plans deliver outstanding coverage, choice and value for your small group clients.

### Full and tiered network plans

Our HMO, PPO Access<sup>1</sup> and ElevateHealth products are built around best-in-class local providers who deliver high-quality care at an excellent value.

# Access to High-Quality Care in New England & Nationwide

As a New England based health plan, we provide national access to top-quality care wherever your employees live and work, subject to each plan's network.



# National network through UnitedHealthcare

- 950,000+ doctors & clinicians, including
   662,000 Behavioral Health Providers
- **4,300** hospitals

# Harvard Pilgrim Health Care network:

- 74,000+ doctors & clinicians, including
   27,000 Behavioral Health Providers
- 152+ hospitals

<sup>&</sup>lt;sup>1</sup> PPO Access plans are underwritten by HPHC Insurance Company.

# **Our Plans: Where Choice Meets Savings**

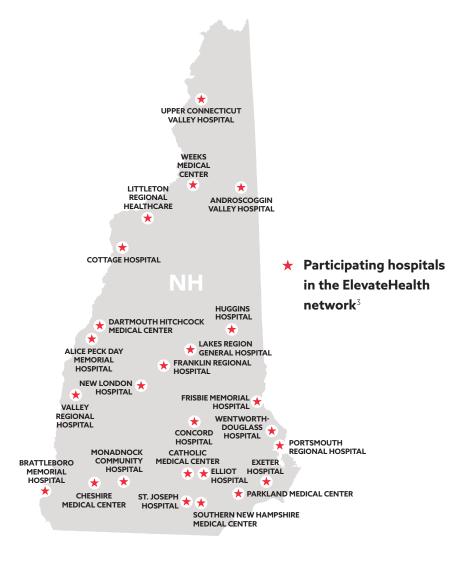
# Plans offered in New Hampshire are designed to improve the quality of care and lower premiums.

	ElevateHealth HMO	ElevateHealth Options HMO
Access to the select ElevateHealth network	Yes	Yes
Access to the full Harvard Pilgrim network	No, unless authorized by Harvard Pilgrim	Yes
Lower member cost-sharing with Tier 1 providers	Not applicable	Yes
HSA-compatible plan design	Yes	No
Lab work	Deductible	No charge (Tier 1)

### ElevateHealth HMO

This plan offers premium savings in exchange for access to just the ElevateHealth network.<sup>2</sup>

 Members must receive care from ElevateHealth providers and hospitals (except in an emergency).



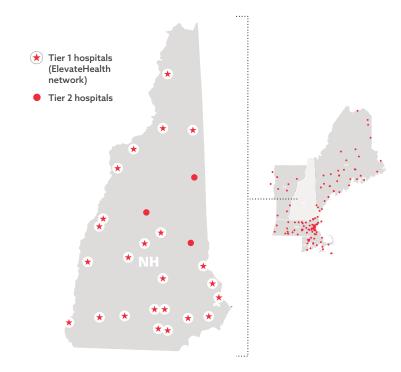
<sup>&</sup>lt;sup>2</sup> Members must reside in New Hampshire to be eligible for enrollment in the ElevateHealth HMO plan.

<sup>&</sup>lt;sup>3</sup> Changes to our network may occur at any time. For the most current information, visit the provider search tool at harvardpilgrim.org/providerdirectory

### **ElevateHealth Options HMO**

This is a full-network plan option that offers premium savings over standard full-network plans.<sup>4</sup>

- Includes two tiers of providers and hospitals.
   Tier 1 is Harvard Pilgrim's ElevateHealth network.
   Tier 2 is the rest of Harvard Pilgrim's network
   (New Hampshire, Massachusetts, Maine,
   Vermont and Rhode Island).
- Features lower copayments and deductibles for services members receive from Tier 1 providers and hospitals.
- Members can choose any PCP in the Harvard Pilgrim network and visit other participating providers in the network.



## **HMO-LP and PPO-LP plans explained**

These plans provide a great opportunity for members to reduce their costs for outpatient surgery and lab work. Lab tests (excluding genetic testing) received at an LP (low-cost provider) facility are covered in full, and the member pays no cost-sharing. For outpatient surgery at an LP facility, the deductible does not apply, and the member pays only a copayment. For PPO-LP plans, this applies only to in-network services. LP facilities are flagged in the "LP Plans" Provider Directories. PPO plans are underwritten by HPHC Insurance Company.







<sup>&</sup>lt;sup>4</sup> Changes to our network may occur at any time. For the most current information, visit the provider search tool at harvardpilgrim.org/providerdirectory

# **Plan Type Offerings**

### When choosing a plan, your clients should consider a number of factors:

- Do they frequently go to the doctor or need medical treatment?
- Is having the flexibility to see doctors outside the network important to them?
- Do they regularly take medication? Or take several medications?
- Do they prefer a higher premium and lower payments when they receive treatment?

### Types of plans:

#### **HMO – LP Open Access**

- Care within Harvard Pilgrim's HMO network (includes New Hampshire, Massachusetts, Maine, Vermont and Rhode Island)
- Must select a PCP but no referrals are required

#### PPO Access<sup>5</sup>

- Covered in-network (includes our national network)
- · Option to go out-of-network and pay more
- · No PCP selection or referrals required

#### Tiered Network Plan (ElevateHealth Options HMO Open Access)

- Full network HMO plan option (includes New Hampshire, Massachusetts, Maine, Vermont and Rhode Island)
- Tier 1 = Lower cost-sharing
- Tier 2 = Higher cost-sharing

#### **Qualified High Deductible Plan**

- HSA Plans available for HMO Open Access, ElevateHealth HMO Open Access, and PPO Access
- Meet deductible before we pay for services
- · Some employers may offer an HRA or HSA to help members meet their deductible

#### **Medicare Enhance**

• We also offer Medicare Enhance plans, please contact your account executive for additional information.

### Select Network Plan (ElevateHealth HMO Open Access)

- Care within the ElevateHealth HMO network only<sup>6</sup> (includes New Hampshire, Massachusetts, Maine, Vermont and Rhode Island)
- Authorization required for other Harvard Pilgrim providers and hospitals<sup>7</sup>
- Any provider or hospital in a medical emergency

<sup>&</sup>lt;sup>5</sup> PPO plans are underwritten by HPHC Insurance Company.

<sup>&</sup>lt;sup>6</sup> Members must reside in NH to be eligible for enrollment in the ElevateHealth HMO plan.

<sup>&</sup>lt;sup>7</sup> Out of Network coverage requires prior authorization.

# 2026 Updates

Plan Updates	Details
Plan Updates  Plan Updates	To better meet evolving market demands, we've streamlined our portfolio to focus on what matters most — delivering greater value with increased efficiency and agility.  Plans no longer offered upon 2026 renewal:  ElevateHealth HMO Gold 2700 Open Access with RxD  ElevateHealth HMO Bronze 9100 Open Access  ElevateHealth Options HMO Silver 4000 Open Access with RxD  HMO Gold 1000 LP Open Access with RxD  HMO Gold 3000 LP Open Access with RxD  HMO Gold 2000 LP Open Access  HMO Silver 4000 LP Open Access  HMO Silver 5000 LP Open Access with RxD  HMO Bronze 9100 Open Access with Preventive Rx  SimplyVirtual HMO Gold 3000 with RxD  SimplyVirtual HMO Gold 3000 with Preventive Rx  Increased cost sharing: PT/OT/ST, Deductible, OOPM, Outpatient surgery, Applied Behavioral Analysis and Pharmacy.
Benefit Updates	Details
Behavioral Health	NEW InStride Health: Through our vendor, InStride Health, we offer specialized virtual therapy for children and teens (ages 7-22) struggling with severe anxiety and obsessive-compulsive disorder (OCD).  NEW Meru Health: Through our vendor, Meru Health, members 13 years and older have access to its 12-week provider-led, digital mental health program. The program is designed to help support teens and adults experiencing anxiety, depression, burnout, and related mental and behavioral conditions.  Grow Therapy: We're excited to expand our nationwide access to virtual behavioral health services with our new partner, Grow Therapy, a leading provider in medication management and virtual outpatient therapy. Our goal is to make behavioral health care as accessible and seamless as other medical services, helping to ensure timely and inclusive care for our members.  Service Navigation Program reminder: Harvard Pilgrim's specially trained Behavioral Health Service Navigators provide personalized support to our members and guide them through the

**5** 1722875700-0925

complex healthcare system.

Benefit Updates	Details								
Weight Loss	Harvard Pilgrim excludes coverage of all weight loss drugs, including GLP-1 drugs, (within the Core NH) to treat weight loss. Effective January 1, 2026, these medications will also be excluded from coverage when used to treat related conditions, such as cardiovascular disease.								
Medications	We remain committed to supporting overall health and wellness offering a wide range of resources — including wellness programs, weight management tools, and nutrition support services — to help members lead healthier lifestyles. <b>Please note</b> that GLP-1 medications continue to be covered only when prescribed for the treatment of diabetes.								
Maternal Health &	<b>ENHANCED ProgenyHealth:</b> Through our vendor, Progeny Health, expanded NICU care management support services are expanded from 60 days to 365 days to support improved health and care for the infant. Included for all fully insured plans.  Virtual Pregnancy and Parenting Classes: Get 1 month free followed by 25% off your								
Family Support	annual membership. Learn everything you need to know when it comes to birth, baby and beyond. Learn from Tinyhood's expanding library of hundreds of lessons ranging from childbirth, baby care, infant and child CPR, sleep, potty training, toddler behavior and much more!								
Pharmacy	<b>Oral Chemotherapy Drug Update:</b> To align with regulatory mandates and industry standards, the member cost sharing for oral chemotherapy drugs has been updated in accordance with NH law. Members will pay the cost sharing assigned to the drug tier, with a maximum of \$200 per prescription. Cost sharing applies after deductible on HSA plans.								
Reminders	Details								
Rewards	Enroll in the <b>Living Well Program</b> and earn up to \$120 in gift cards by participating in fun and interactive well-being programs such as stress management classes, healthy eating, financial literacy, and self-care. <b>Please note:</b> Rewards are considered taxable income; please consult with your tax advisor. Rewards vary based on plan and state.								
Health and Nutrition	<b>Healthy Weight Program:</b> Offers individualized coaching by registered dietitians for employees who want to eat healthier, lose weight or prevent or manage a nutrition-related health condition. The Healthy Weight program is available to fully insured members.								
Family-centered Care	<b>Wellthy:</b> Through our vendor, Wellthy, we support members in managing the logistical and administrative responsibilities of caregiving —for both loved ones and themselves — across a broad spectrum of needs, including aging, childcare, mental health and more.								
Pediatric Dental	All NH Small Group plans include pediatric dental coverage.								

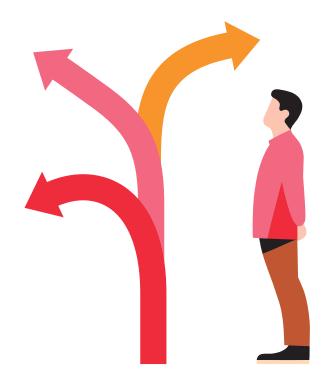
All Harvard Pilgrim plans offer access to comprehensive and high-quality care including some of these great benefits, programs and services. Please check your plan benefit documents for complete details:

### **Benefits and Services to Support Well-being**

- · Acupuncture and chiropractic care unlimited visits
- Urgent and emergent care, hospitalization, laboratory and outpatient therapy when medically necessary
- · Chronic disease management
- Eye exams for adults and children
- Pediatric dental
- Pediatric vision hardware
- Preventive care with no member cost sharing
- Preventive Rx on HSA plans
- Virtual care delivered by telehealth providers including Doctor on Demand for non-emergency care and advice. With our non-HSA plans, members won't pay any cost share for urgent care virtual visits with Doctor On Demand providers

### **Cost Savings Programs**

- Prescription drug coverage including Tier 1 cost share for some over-the-counter (OTC) medications like cold, cough and allergy when prescribed by a provider
- Perks, discounts and more savings across a wide array of fitness and well-being products
- Reduce My Costs savings program where members can save and earn rewards when selecting a lower cost provider for outpatient or diagnostic tests such as a mammogram, MRI or colonoscopy.
- Wellness education, programs, services and fitness reimbursements up to \$150 (individual subscriber) or up to \$300 (family coverage)<sup>8</sup>



**>** Questions? Contact your Harvard Pilgrim account executive for more details.

<sup>&</sup>lt;sup>8</sup> Up to two members on a family plan can be reimbursed for up to \$150 each, for a maximum reimbursement of \$300. Any combination of subscriber, spouse or dependent is eligible for reimbursement. For plans with one covered member, the maximum reimbursement amount is \$150. Membership must be for at least four months in a calendar year. Reimbursement forms may be submitted once per calendar year, regardless of how many members are covered on a policy. Reimbursement may be considered tax-able income. For tax information, consult your employer or tax advisor. Additional restrictions may apply and reimbursement amounts may vary.

# 2026 New Hampshire Plan Offerings

# For small group employers with 1 to 50 full time equivalent employees

2026 New Hampshire Small Group Plans — Effective January 1, 2026, through December 31, 2026. This is only a summary of plans. For more complete information, please refer to the **Schedule of Benefits**. Pending regulatory approval by the New Hampshire Insurance Department.

Product Name	Network	Office Visit	Deductible	Out of Pocket Max	Coinsurance	Emergency Room*	Urgen		Inpatient	Day Surgery	Labs	X-Rays	Scans: CT, MRI, PET	PT/OT/ST	Acupuncture &	RX Cost Sharing
		(PCP/Specialist)	(Ind/Fam)	(Ind/Fam)		<u> </u>	Hospital Based	Freestanding		, , ,					Chiropractic	30-day retail
ElevateHealth HMO																
ElevateHealth Network HMO Gold 2000/20%		400/440	Med: \$2,000/\$4,000	40.000/440.400	2004	B 111 #00011 0001	5 111 4450	***	D 111 0001	Non-hospital: \$350	Non-hospital: CIF	D 111 0001	Non-hospital: \$250	Non-hospital: \$25	400	\$2/\$25/Rx Ded then \$65/Rx Ded then
Open Access with RxD MD0000201623. RX0000201336	N/A	\$20/\$40	Rx: \$500	\$8,200/\$16,400	20%	Ded then \$300 then 20%	Ded then \$150	\$30	Ded then 20%	Hospital: Ded then 30%	Hospital: Ded then 20%	Ded then 20%	Hospital: Ded then 20%	Hospital: Ded then 20%	\$20	35%*/Rx Ded then 45%*
ElevateHealth Network HMO Silver 3000/0%																
Open Access with RxD	N/A	\$40/\$80	Med: \$3,000/\$6,000	\$9,100/\$18,200	None	Ded then \$500	Ded then \$175	\$50	Ded then CIF	Non-hospital: \$350	Non-hospital: CIF	Ded then CIF	Non-hospital: \$300	Non-hospital: \$50	\$40	\$5/\$35/Rx Ded then \$120/Rx Ded then
MD0000201624, RX0000201337		, , , , ,	Rx: \$500	11,711,711						Hospital: Ded then \$500	Hospital: Ded then CIF		Hospital: Ded then \$300	Hospital: Ded then CIF	, -	40%*/Rx Ded then 45%*
ElevateHealth Network HMO Silver 3000/35%			Med: \$3,000/\$6,000							Non-hospital: \$350	Non-hospital: CIF		Non-hospital: \$300	Non-hospital: \$50		\$5/\$35/Rx Ded then \$120/Rx Ded then
Open Access with RxD	N/A	\$40/\$80	Rx: \$500	\$9,100/\$18,200	35%	Ded then \$350 then 35%	Ded then \$175	\$50	Ded then 35%	Hospital: Ded then 45%	Hospital: Ded then 35%	Ded then 35%	Hospital: Ded then 35%	Hospital: Ded then 35%	\$40	40%*/Rx Ded then 45%*
MD0000201625, RX0000201337			154 \$555							Troophan Boa aron 1070	Troophan Boa aron 60 %		Troophan Boa man oo 70	Troophan Boa aron con		1070 7110 200 01011 1070
ElevateHealth Network HMO Silver 4000/35%	NI/A	<b>\$40,400</b>	Med: \$4,000/\$8,000	40.400/440.000	05%	D - d 4b 0050 4b 050/	D. d.th 0475	<b>\$</b> 50	D - 1 4 0 5 0/	Non-hospital: \$350	Non-hospital: CIF	D - 1 45 0 50/	Non-hospital: \$300	Non-hospital: \$50	440	\$5/\$35/Rx Ded then \$120/Rx Ded then
Open Access with RxD MD0000201626, RX0000201337	N/A	\$40/\$80	Rx: \$500	\$9,100/\$18,200	35%	Ded then \$350 then 35%	Ded then \$175	\$50	Ded then 35%	Hospital: Ded then 45%	Hospital: Ded then 35%	Ded then 35%	Hospital: Ded then 35%	Hospital: Ded then 35%	\$40	40%*/Rx Ded then 45%*
ElevateHealth Network HMO Silver 5000/0%																
Open Access with RxD	N/A	\$50/\$100	Med: \$5,000/\$10,000	\$8,750/\$17,500	None	Ded then \$500	Ded then \$250	\$60	Ded then CIF	Non-hospital: \$350	Non-hospital: CIF	Ded then CIF	Non-hospital: \$300	Non-hospital: \$50	\$40	\$5/\$35/Rx Ded then \$120/Rx Ded then
MD0000201627, RX0000201338			Rx: \$500			·				Hospital: Ded then \$500	Hospital: Ded then CIF		Hospital: Ded then \$300	Hospital: Ded then CIF	·	40%*/Rx Ded then 45%*
ElevateHealth Network HMO Silver 5000/30%			Med: \$5,000/\$10,000							Non-hospital: \$350	Non-hospital: CIF		Non-hospital: \$300	Non-hospital: \$50		\$5/\$35/Rx Ded then \$120/Rx Ded then
Open Access with RxD	N/A	\$50/\$100	Rx: \$500	\$8,900/\$17,800	30%	Ded then \$500 then 30%	Ded then \$250	\$60	Ded then 30%	Hospital: Ded then 40%	Hospital: Ded then 30%	Ded then 30%	Hospital: Ded then 30%	Hospital: Ded then 30%	\$40	40%*/Rx Ded then 45%*
MD0000201628, RX0000201339																
ElevateHealth Network HMO Silver 6000/30%	NI/A	ΦΕΟ/Φ4ΟΟ	Med: \$6,000/\$12,000	#0.0F0/#47.700	000/	D - d db 0500 db 000/	D - d 4b 0050	<b>#</b> 00	D - 1 4 000/	Non-hospital: \$350	Non-hospital: CIF	D 1 +1 0.00/	Non-hospital: \$300	Non-hospital: \$50	440	\$5/\$35/Rx Ded then \$120/Rx Ded then
Open Access with RxD MD0000201657, RX0000201340	N/A	\$50/\$100	Rx: \$500	\$8,850/\$17,700	30%	Ded then \$500 then 30%	Ded then \$250	\$60	Ded then 30%	Hospital: Ded then 40%	Hospital: Ded then 30%	Ded then 30%	Hospital: Ded then 30%	Hospital: Ded then 30%	\$40	40%*/Rx Ded then 45%*
ElevateHealth Network HMO Silver 7000/30%																
Open Access	N/A	\$50/\$100	\$7,000/\$14,000	\$8,700/\$17,400	30%	Ded then \$500 then 30%	Ded then \$250	\$60	Ded then 30%	Non-hospital: \$350	Non-hospital: CIF	Ded then 30%	Non-hospital: \$300	Non-hospital: \$50	\$40	\$5/\$35/35%*/Ded then 40%*/Ded then
MD0000201658, RX0000201341						·				Hospital: Ded then 40%	Hospital: Ded then 30%		Hospital: Ded then 30%	Hospital: Ded then 30%	·	45%*
ElevateHealth HMO HSA																
ElevateHealth Network HMO HSA Silver																
3500/20% Open Access with Preventive Rx	N/A	Ded then 20%	\$3,500/\$7,000	\$7,500/\$15,000	20%	Ded then \$350 then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then \$5/20%/25%/25%/30%
MD0000201629, RX0000201342																
Elevate Health Network HMO HSA Silver 5000/10% Open Access with Preventive Rx	N/A	Ded then 10%	\$5,000/\$10,000	\$7,500/\$15,000	10%	Ded then \$500 then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then \$5/20%/20%/25%/30%
MD0000201630, RX0000201343	IVA	Dea then 10%	ψ3,000/ψ10,000	ψ7,5007ψ15,000	1070	Dea aren \$500 aren 1070	Dea then 10 %	Dea then 10 %	Ded then 10%	Dea aleit 10 %	Ded then 10%	Ded then 10%	Dea dien 10%	Ded then 10%	Dea then 10%	Dea then \$5720 70/20 70/23 70/30 70
ElevateHealth Network HMO HSA Bronze																
7500/0% Open Access with Preventive Rx	N/A	Ded then CIF	\$7,500/\$15,000	\$7,500/\$15,000	None	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF/CIF/CIF/CIF
MD0000201631, RX0000201344																
ElevateHealth Options HMO Open Access										N 1 2 1 45-5				N 1 2 1 45 =		
ElevateHealth Options HMO Gold 1000/10%	Tier 1	\$25/\$50	Med: \$1,000/\$2,000 Rx: \$500		10%		Ded then \$150		Ded then 10%	Non-hospital: \$350 Hospital: Ded then 20%	CIF	Ded then 10%	Ded then 10%	Non-hospital: \$25 Hospital: Ded then 10%	\$25	\$2/\$25/Rx Ded then \$65/Rx Ded then
Open Access with RxD			,	\$8,500/\$17,000		T1 Ded then \$300 then 10%		\$35						Hospitat. Dett then 10%	Acupuncture: \$25	\$2/\$25/RX Ded then \$65/RX Ded then 35%*/Rx Ded then 45%*
MD0000201632, RX0000201345	Tier 2	Ded then 30%	\$4,000/\$8,000		30%		Ded then 30%		Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Chiro: Ded then 30%	33% /Nx Deu tileli 43%.
ElevateHealth Options HMO Silver 3000/15%	Tier 1	\$40/\$80	Med: \$3,000/\$6,000		15%		Ded then \$175		Ded then 15%	Non-hospital: \$350	CIF	Ded then 15%	Dod then 15%	Non-hospital: \$50		
Open Access with RxD	HELT.	φ40/φου	Rx: \$500	\$9,500/\$19,000	15%	T1 Ded then \$350 then 15%	Den men \$1/2	\$50	Dea men 13%	Hospital: Ded then 25%	CIF	Dea men 15%	Ded then 15%	Hospital: Ded then 15%	\$40	\$5/\$35/Rx Ded then \$120/Rx Ded then
MD0000201633, RX0000201346	Tier 2	Ded then 35%	\$6,000/\$12,000	φο,ουσιφ10,000	35%	11 Dea men \$550 men 15%	Ded then 35%	φυυ	Ded then 35%	Ded then 35%	Ded then 35%	Ded then 35%	Ded then 35%	Ded then 35%	Acupuncture: \$40	· · · · · · · · · · · · · · · · · · ·
,	=		1 . ,												Chiro: Ded then 35%	

<sup>&</sup>lt;sup>1</sup> Members will pay higher cost-sharing for emergency room visits that are not considered medical emergencies. Refer to your plan documents for specifics.

Harvard Pilgrim has the right to refuse renewal of these plans, in accordance with applicable law.

<sup>\*\$550</sup> coinsurance maximum per script.

2026 New Hampshire Small Group Plans — Effective January 1, 2026, through December 31, 2026. This is only a summary of plans. For more complete information, please refer to the **Schedule of Benefits**. Pending regulatory approval by the New Hampshire Insurance Department.

		Office Visit	Deductible	Out of Pocket Max			Urgen	t Care							Acupuncture &	RX Cost Sharing
Product Name	Network	(PCP/Specialist)	(Ind/Fam)	(Ind/Fam)	Coinsurance	Emergency Room*	Hospital Based	Freestanding	Inpatient	Day Surgery	Labs	X-Rays	Scans: CT, MRI, PET	PT/OT/ST	Chiropractic	30-day retail
HMO - LP Open Access																
HMO Platinum 250/10% - LP Open Access MD0000201634, RX0000201347	N/A	\$20/\$40	\$250/\$750	\$3,300/\$6,600	10%	Ded then \$300 then 10%	Ded then \$150	\$30	Ded then 10%	Select LP: \$350 Others: Ded then 20%	Select LP: CIF Others: Ded then 10%	Ded then 10%	Non-hospital: \$250 Hospital: Ded then 10%	Non-hospital: \$20 Hospital: Ded then 10%	\$20	\$2/\$25/Ded then \$65/Ded then 35%*/Ded then 40%*
HMO Gold 1500/20% - LP Open Access with RxD MD0000201635, RX0000201348	N/A	\$25/\$50	Med: 1,500/\$3,000 Rx: \$500	\$8,300/\$16,600	20%	Ded then \$300 then 20%	Ded then \$150	\$35	Ded then 20%	Select LP: \$350 Others: Ded then 30%	Select LP: CIF Others: Ded then 20%	Ded then 20%	Non-hospital: \$250 Hospital: Ded then 20%	Non-hospital: \$25 Hospital: Ded then 20%	\$25	\$2/\$25/Rx Ded then \$65/Rx Ded then 35%*/Rx Ded then 45%*
HMO Gold 2000/0% - LP Open Access with RxD MD0000201636, RX0000201349	N/A	\$25/\$50	Med: \$2,000/\$4,000 Rx: \$500	\$7,000/\$14,000	None	Ded then \$300	Ded then \$150	\$35	Ded then CIF	Select LP: \$350 Others: Ded then \$500	Select LP: CIF Others: Ded then CIF	Ded then CIF	Non-hospital: \$250 Hospital: Ded then \$250	Non-hospital: \$25 Hospital: Ded then CIF	\$25	\$2/\$25/Rx Ded then \$65/Rx Ded then 35%*/Rx Ded then 45%*
HMO Gold 2000/0% - LP Open Access MD0000201637, RX0000201350	N/A	\$25/\$50	\$2,000/\$4,000	\$7,000/\$14,000	None	Ded then \$300	Ded then \$150	\$35	Ded then CIF	Select LP: \$350 Others: Ded then \$500	Select LP: CIF Others: Ded then CIF	Ded then CIF	Non-hospital: \$250 Hospital: Ded then \$250	Non-hospital: \$25 Hospital: Ded then CIF	\$25	\$2/\$25/30%*/35%*/45%*
HMO Gold 2000/20% - LP Open Access with RxD MD0000201643, RX0000201336	N/A	\$20/\$40	Med: \$2,000/\$4,000 Rx: \$500	\$8,200/\$16,400	20%	Ded then \$300 then 20%	Ded then \$150	\$30	Ded then 20%	Select LP: \$350 Others: Ded then 30%	Select LP: CIF Others: Ded then 20%	Ded then 20%	Non-hospital: \$250 Hospital: Ded then 20%	Non-hospital: \$25 Hospital: Ded then 20%	\$20	\$2/\$25/Rx Ded then \$65/Rx Ded then 35%*/Rx Ded then 45%*
HMO Gold 2700/10% - LP Open Access with RxD MD0000201644, RX0000201351	N/A	\$25/\$50	Med:\$2,700/\$5,400 Rx: \$500	\$6,800/\$13,600	10%	Ded then \$300 then 10%	Ded then \$150	\$35	Ded then 10%	Select LP: \$350 Others: Ded then 20%	Select LP: CIF Others: Ded then 10%	Ded then 10%	Non-hospital: \$250 Hospital: Ded then 10%	Non-hospital: \$25 Hospital: Ded then 10%	\$25	\$2/\$25/Rx Ded then \$65/Rx Ded then 35%*/Rx Ded then 45%*
HMO Gold 3000/0% - LP Open Access MD0000201645, RX0000201350	N/A	\$25/\$50	\$3,000/\$6,000	\$7,000/\$14,000	None	Ded then \$300	Ded then \$150	\$35	Ded then CIF	Select LP: \$350 Others: Ded then \$500	Select LP: CIF Others: Ded then CIF	Ded then CIF	Non-hospital: \$250 Hospital: Ded then \$250	Non-hospital: \$25 Hospital: Ded then CIF	\$25	\$2/\$25/30%*/35%*/45%*
HMO Silver 3000/35% - LP Open Access with RxD MD0000201646, RX0000201337	N/A	\$40/\$80	Med: \$3,000/\$6,000 Rx: \$500	\$9,100/\$18,200	35%	Ded then \$350 then 35%	Ded then \$175	\$50	Ded then 35%	Select LP: \$350 Others: Ded then 45%	Select LP: CIF Others: Ded then 35%	Ded then 35%	Non-hospital: \$300 Hospital: Ded then 35%	Non-hospital: \$50 Hospital: Ded then 35%	\$40	\$5/\$35/Rx Ded then \$120/Rx Ded then 40%*/Rx Ded then 45%*
HMO Gold 3500/0% - LP Open Access with RxD MD0000201647, RX0000201352	N/A	\$25/\$50	Med: \$3,500/\$7,000 Rx: \$500	\$6,000/\$12,000	None	Ded then \$300	Ded then \$150	\$35	Ded then CIF	Select LP: \$350 Others: Ded then \$500	Select LP: CIF Others: Ded then CIF	Ded then CIF	Non-hospital: \$250 Hospital: Ded then \$250	Non-hospital: \$25 Hospital: Ded then CIF	\$25	\$2/\$25/Rx Ded then \$65/Rx Ded then 35%*/Rx Ded then 45%*
HMO Gold 4000/0% - LP Open Access MD0000201659, RX0000201353	N/A	\$25/\$50	\$4,000/\$8,000	\$8,300/\$16,600	None	Ded then \$300	Ded then \$150	\$35	Ded then CIF	Select LP: \$350 Others: Ded then \$500	Select LP: CIF Others: Ded then CIF	Ded then CIF	Non-hospital: \$250 Hospital: Ded then \$250	Non-hospital: \$25 Hospital: Ded then CIF	\$25	\$2/\$25/30%*/35%*/45%*
HMO Silver 4000/20% - LP Open Access with RxD MD0000201648, RX0000201337	N/A	\$40/\$80	Med: \$4,000/\$8,000 Rx: \$500	\$9,100/\$18,200	20%	Ded then \$350 then 20%	Ded then \$175	\$50	Ded then 20%	Select LP: \$350 Others: Ded then 30%	Select LP: CIF Others: Ded then 20%	Ded then 20%	Non-hospital: \$300 Hospital: Ded then 20%	Non-hospital: \$40 Hospital: Ded then 20%	\$40	\$5/\$35/Rx Ded then \$120/Rx Ded then 40%*/Rx Ded then 45%*
HMO Silver 5000/0% - LP Open Access MD0000201660, RX0000201354	N/A	\$50/\$100	\$5,000/\$10,000	\$9,700/\$19,400	None	Ded then \$500	Ded then \$250	\$60	Ded then CIF	Select LP: \$350 Others: Ded then \$500	Select LP: CIF Others: Ded then CIF	Ded then CIF	Non-hospital: \$300 Hospital: Ded then \$300	Non-hospital: \$50 Hospital: Ded then CIF	\$40	\$5/\$35/35%*/40%*/45%*
HMO Silver 5000/30% - LP Open Access with RxD MD0000201649, RX0000201339	N/A	\$50/\$100	Med: \$5,000/\$10,000 Rx: \$500	\$8,900/\$17,800	30%	Ded then \$500 then 30%	Ded then \$250	\$60	Ded then 30%	Select LP: \$350 Others: Ded then 40%	Select LP: CIF Others: Ded then 30%	Ded then 30%	Non-hospital: \$300 Hospital: Ded then 30%	Non-hospital: \$50 Hospital: Ded then 30%	\$40	\$5/\$35/Rx Ded then \$120/Rx Ded then 40%*/Rx Ded then 45%*
HMO Silver 6000/30% - LP Open Access with RxD MD0000201650, RX0000201340	N/A	\$50/\$100	Med: \$6,000/\$12,000 Rx: \$500	\$8,850/\$17,700	30%	Ded then \$500 then 30%	Ded then \$250	\$60	Ded then 30%	Select LP: \$350 Others: Ded then 40%	Select LP: CIF Others: Ded then 30%	Ded then 30%	Non-hospital: \$300 Hospital: Ded then 30%	Non-hospital: \$50 Hospital: Ded then 30%	\$40	\$5/\$35/Rx Ded then \$120/Rx Ded then 40%*/Rx Ded then 45%*
HMO Silver 7000/30% - LP Open Access MD0000201661, RX0000201341	N/A	\$50/\$100	\$7,000/\$14,000	\$8,700/\$17,400	30%	Ded then \$500 then 30%	Ded then \$250	\$60	Ded then 30%	Select LP: \$350 Others: Ded then 40%	Select LP: CIF Others: Ded then 30%	Ded then 30%	Non-hospital: \$300 Hospital: Ded then 30%	Non-hospital: \$50 Hospital: Ded then 30%	\$40	\$5/\$35/35%*/Ded then 40%*/Ded then 45%*
HMO HSA Open Access																
HMO HSA Silver 3500/20% Open Access with Preventive Rx MD0000201638, RX0000201342	N/A	Ded then 20%	\$3,500/\$7,000	\$7,500/\$15,000	20%	Ded then \$350 then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then \$5/20%/25%/25%/30%
HMO HSA Silver 5000/10% Open Access with Preventive Rx MD0000201639, RX0000201343	N/A	Ded then 10%	\$5,000/\$10,000	\$7,500/\$15,000	10%	Ded then \$500 then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then \$5/20%/20%/25%/30%
HMO HSA Bronze 7500/0% Open Access with Preventive Rx MD0000201640, RX0000201344	N/A	Ded then CIF	\$7,500/\$15,000	\$7,500/\$15,000	None	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF/CIF/CIF/CIF

<sup>&</sup>lt;sup>1</sup> Members will pay higher cost-sharing for emergency room visits that are not considered medical emergencies. Refer to your plan documents for specifics.

Harvard Pilgrim has the right to refuse renewal of these plans, in accordance with applicable law.

<sup>\*\$550</sup> coinsurance maximum per script.

2026 New Hampshire Small Group Plans — Effective January 1, 2026, through December 31, 2026. This is only a summary of plans. For more complete information, please refer to the **Schedule of Benefits**. Pending regulatory approval by the New Hampshire Insurance Department.

Product Name	Network	Office Visit	Deductible	Out of Pocket Max	Coinsurance	F-may/anay Baam+	Urge	nt Care	Inpatient	Day Surgery	Labs	X-Rays	Scans: CT, MRI, PET	PT/OT/ST	Acupuncture &	RX Cost Sharing
PPO Access	Network	(PCP/Specialist)	(Ind/Fam)	(Ind/Fam)	Comsurance	Emergency Room*	Hospital Based	Freestanding	Inpatient	Day Surgery	Ldus	A-ndy5	Scalis. GI, MRI, PEI	F1/01/31	Chiropractic	30-day retail
PPO Access Platinum 250/10% - LP	In-Network	\$20/\$40	\$250/\$750	\$3,300/\$6,600	10%	IN Ded then \$300 then 10%	Ded then \$150	\$30	Ded then 10%	Select LP: \$350 Others: Ded then 20%	Select LP: CIF Others: Ded then 10%	Ded then 10%	Non-hospital: \$250 Hospital: Ded then 10%	Non-hospital: \$20 Hospital: Ded then 10%	\$20	\$2/\$25/Ded then \$65/Ded then 35%*/Ded then 40%*
MD0000201641, RX0000201347	Out-of- Network	Ded then 30%	\$2,000/\$4,000	\$7,000/\$14,000	30%		Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	
PPO Access Gold 1500/20% - LP with RxD	In-Network	\$25/\$50	Med: 1,500/\$3,000 Rx: \$500	\$8,300/\$16,600	20%	IN Dod then \$200 then 200/	Ded then \$150	\$35	Ded then 20%	Select LP: \$350 Others: Ded then 30%	Select LP: CIF Others: Ded then 20%	Ded then 20%	Non-hospital: \$250 Hospital: Ded then 20%	Non-hospital: \$25 Hospital: Ded then 20%	\$25	\$2/\$25/Rx Ded then \$65/Rx Ded then
MD0000201642, RX0000201348	Out-of- Network	Ded then 40%	\$3,000/\$6,000	\$8,500/\$17,000	40%	IN Ded then \$300 then 20%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	35%*/Rx Ded then 45%*
PPO Access Gold 2000/20% - LP with RxD	In-Network	\$20/\$40	Med: \$2,000/\$4,000 Rx: \$500	\$8,200/\$16,400	20%	INDed they dood they good	Ded then \$150	\$30	Ded then 20%	Select LP: \$350 Others: Ded then 30%	Select LP: CIF Others: Ded then 20%	Ded then 20%	Non-hospital: \$250 Hospital: Ded then 20%	Non-hospital: \$25 Hospital: Ded then 20%	\$20	\$2/\$25/Rx Ded then \$65/Rx Ded then
MD0000201651, RX0000201336	Out-of- Network	Ded then 40%	\$4,000/\$8,000	\$10,000/\$20,000	40%	IN Ded then \$300 then 20%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	35%*/Rx Ded then 45%*
PPO Access Gold 2700/10% - LP with RxD	In-Network	\$25/\$50	Med:\$2,700/\$5,400 Rx: \$500	\$6,800/\$13,600	10%	IN Ded then \$300 then 20%	Ded then \$150	\$35	Ded then 10%	Select LP: \$350 Others: Ded then 20%	Select LP: CIF Others: Ded then 10%	Ded then 10%	Non-hospital: \$250 Hospital: Ded then 10%	Non-hospital: \$25 Hospital: Ded then 10%	\$25	\$2/\$25/Rx Ded then \$65/Rx Ded then
MD0000201652, RX0000201351	Out-of- Network	Ded then 35%	\$6,000/\$12,000	\$12,000/\$24,000	35%	IN Dea then \$300 then 20%	Ded then 35%	Ded then 35%	Ded then 35%	Ded then 35%	Ded then 35%	Ded then 35%	Ded then 35%	Ded then 35%	Ded then 35%	35%*/Rx Ded then 45%*
PPO Access Gold 3000/0% - LP	In-Network	\$25/\$50	\$3,000/\$6,000	\$7,000/\$14,000	None	IN Dad than \$200	Ded then \$150	\$35	Ded then CIF	Select LP: \$350 Others: Ded then \$500	Select LP: CIF Others: Ded then CIF	Ded then CIF	Non-hospital: \$250 Hospital: Ded then \$250	Non-hospital: \$25 Hospital: Ded then CIF	\$25	\$2/\$25/30%*/35%*/45%*
MD0000201653, RX0000201350	Out-of- Network	Ded then 40%	\$6,000/\$12,000	\$12,000/\$24,000	40%	IN Ded then \$300	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	
PPO Access Silver 4000/20% - LP with RxD	In-Network	\$40/\$80	Med: \$4,000/\$8,000 Rx: \$500	\$9,100/\$18,200	20%	IN Ded then \$350 then 20%	Ded then \$175	\$50	Ded then 20%	Select LP: \$350 Others: Ded then 30%	Select LP: CIF Others: Ded then 20%	Ded then 20%	Non-hospital: \$300 Hospital: Ded then 20%	Non-hospital: \$40 Hospital: Ded then 20%	\$40	\$5/\$35/Rx Ded then \$120/Rx Ded then 40%*/Rx Ded then 45%*
MD0000201654, RX0000201337	Out-of- Network	Ded then 40%	\$8,000/\$16,000	\$16,000/\$32,000	40%		Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	
PPO Access Silver 5000/0% - LP	In-Network	\$50/\$100	\$5,000/\$10,000	\$9,700/\$19,400	None	IN Ded then \$500	Ded then \$250	\$60	Ded then CIF	Select LP: \$350 Others: Ded then \$500	Select LP: CIF Others: Ded then CIF	Ded then CIF	Non-hospital: \$300 Hospital: Ded then \$300	Non-hospital: \$50 Hospital: Ded then CIF	\$40	\$5/\$35/35%*/40%*/45%*
MD0000201655, RX0000201354	Out-of- Network	Ded then 40%	\$10,000/\$20,000	\$20,000/\$40,000	40%		Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	ψοτφοστοσ το 140 το 143 το
PPO Access Silver 5000/30% - LP with RxD	In-Network	\$50/\$100	Med: \$5,000/\$10,000 Rx: \$500	\$8,900/\$17,800	30%	IN Ded then \$500 then 30%	Ded then \$250	\$60	Ded then 30%	Select LP: \$350 Others: Ded then 40%	Select LP: CIF Others: Ded then 30%	Ded then 30%	Non-hospital: \$300 Hospital: Ded then 30%	Non-hospital: \$50 Hospital: Ded then 30%	\$40	\$5/\$35/Rx Ded then \$120/Rx Ded then
MD0000201656, RX0000201339	Out-of- Network	Ded then 60%	\$10,000/\$20,000	\$20,000/\$40,000	60%	- IN Dea then \$500 then 30%	Ded then 60%	Ded then 60%	Ded then 60%	Ded then 60%	Ded then 60%	Ded then 60%	Ded then 60%	Ded then 60%	Ded then 60%	40%*/Rx Ded then 45%*
PPO Access Silver 6000/30% - LP with RxD	In-Network	\$50/\$100	Med: \$6,000/\$12,000 Rx: \$500	\$8,850/\$17,700	30%	IN Dad than \$500 than 200/	Ded then \$250	\$60	Ded then 30%	Select LP: \$350 Others: Ded then 40%	Select LP: CIF Others: Ded then 30%	Ded then 30%	Non-hospital: \$300 Hospital: Ded then 30%	Non-hospital: \$50 Hospital: Ded then 30%	\$40	\$5/\$35/Rx Ded then \$120/Rx Ded then
MD0000201662, RX0000201340	Out-of- Network	Ded then 60%	\$12,000/\$24,000	\$24,000/\$48,000	60%	IN Ded then \$500 then 30%	Ded then 60%	Ded then 60%	Ded then 60%	Ded then 60%	Ded then 60%	Ded then 60%	Ded then 60%	Ded then 60%	Ded then 60%	40%*/Rx Ded then 45%*
PPO Access HSA																
PPO Access HSA Silver 3500/20% with	In-Network	Ded then 20%	\$3,500/\$7,000	\$7,500/\$15,000	20%		Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	Ded then 20%	
Preventive Rx MD0000201663, RX0000201342	Out-of- Network	Ded then 30%	\$7,000/\$14,000	\$12,000/\$24,000	30%	IN Ded then \$350 then 20%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	IN Ded then \$5/20%/25%/25%/30%
PPO Access HSA Silver 5000/10% with	In-Network	Ded then 10%	\$5,000/\$10,000	\$7,500/\$15,000	10%		Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	Ded then 10%	
<b>Preventive Rx</b> MD0000201664, RX0000201343	Out-of- Network	Ded then 30%	\$10,000/\$20,000	\$20,000/\$40,000	30%	IN Ded then \$500 then 10%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	Ded then 30%	IN Ded then \$5/20%/20%/25%/30%
PPO Access HSA Bronze 7500/0% with	In-Network	Ded then CIF	\$7,500/\$15,000	\$7,500/\$15,000	None		Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	Ded then CIF	1112 111 01510151015101510
Preventive Rx MD0000201665, RX0000201344	Out-of- Network	Ded then 40%	\$14,000/\$28,000	\$25,000/\$50,000	40%	IN Ded then CIF	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	Ded then 40%	IN Ded then CIF/CIF/CIF/CIF/CIF

<sup>&</sup>lt;sup>1</sup> Members will pay higher cost-sharing for emergency room visits that are not considered medical emergencies. Refer to your plan documents for specifics.

Harvard Pilgrim has the right to refuse renewal of these plans, in accordance with applicable law.

<sup>\*\$550</sup> coinsurance maximum per script.

# Get Instant, Accurate Quotes Online

### Visit the broker account for online quotes, plan details and more

Small group brokers who do business in New Hampshire will manage their 2026 quoting and renewals through the broker account.

# With its refreshed homepage, personalized dashboards and user-friendly navigation, our Broker Account makes it easy to:

- Receive instant quotes
- PDF documentation available to email to your clients
- · View product highlights or detailed Summary of Benefits and Coverage (SBCs) and Schedules of Benefits
- · Manage group and census data
- · Get instant rates for updated census data
- Create professional proposals

### **Access the Broker Account**

Log in at **brokers.point32health.org/auth/login.htm** to access your online books of business, commissions, user administration and more.

# Need help?

If you have trouble accessing the Online Quoting system or have other issues, email Small Group Implementation and Quoting at **HPSmallGroupRenewals@point32health.org** or call **800-637-4751**. For urgent issues select Option 3.



## We have the information you need

Visit **harvardpilgrim.org/broker** for Summary of Benefits and Coverage documents, our plan comparison tool and other helpful resources.

# **Business Rules**

Harvard Pilgrim reserves the right to change premium rates at any time before the effective date of the policy if there is a change in applicable state laws or regulations. Changes to rates after the effective date of coverage are governed by the employer agreement.

### All 2026 small group plans are calendar year.

#### Minimum number of participating subscribers

75% of those employees eligible for health benefits must participate in a Harvard Pilgrim Health Care group health plan sponsored by the employer on a sole source basis and 37.5% of such eligible employees must participate in a Harvard Pilgrim Health Care group health plan sponsored by the employer if not on a sole source basis.

### Side-by-side rule

Accounts may offer any three plans side-by-side.

### **ElevateHealth HMO Availability**

In New Hampshire, ElevateHealth plans provide access to a limited network of high-quality and efficient providers that is smaller than Harvard Pilgrim's full provider network.

The enrollment area is the geographic area in which you must live in order to be eligible to enroll as a Member under the Plan. The enrollment area for ElevateHealth HMO includes the state of New Hampshire. This excludes the ElevateHealth Options plans, which are tiered network plans that include Harvard Pilgrim's full provider network of New Hampshire, Massachusetts, Maine, Vermont, Connecticut and Rhode Island.

#### **Extraterritorial locations**

All quotes are contingent upon state eligibility requirements concerning employee residency and employer office locations. For each new group enrollment or annual renewal, employers must disclose to Harvard Pilgrim Health Care all out-of-state office locations and the state residency for each subscriber at those locations.

# Preventive medications with a high deductible health plan

For members with a high deductible health plan, the deductible will not apply to certain medications used for preventive care. However, a member will be required to pay the applicable copayment or coinsurance amount for the drug. The plan may change the listing of designated preventive medications from time to time. For a current list of designated preventive medications, please visit our website at harvardpilgrim.org.

### Essential health benefit pediatric dental coverage

Pediatric dental services are required by the Patient Protection and Affordable Care Act. All Harvard Pilgrim small group plans in New Hampshire will include pediatric preventive dental coverage.

#### **Embedded deductibles**

Embedded deductible refers to a family plan that has two deductible components, an individual deductible and a family deductible. The maximum contribution by an individual toward the family deductible is limited to the individual deductible amount and allows for the individual to receive benefits before the family component is met. When any number of members collectively meet the family deductible, services for the entire family are covered for the remainder of the year.

# **Important Legal Information**

### What's not covered on our NH small group plans.

For a full list of services not covered, please refer to plan documents. Typically, exclusions include:

- · Alternative services and treatments
- Any service, supply or medication, including physical examinations and testing, that is required by a third party that is not otherwise Medically Necessary (examples of a third party are an employer, an insurance company, a school, a camp, or court).
- Dental care, except as described in the policy
- Any devices or special equipment needed for sports or occupational purposes
- Experimental, unproven, or investigational services or treatments
- Routine foot care, except for members diagnosed with diabetes or systemic circulatory diseases
- Educational services or testing
- Cost of organs that are sold rather than donated to recipients.
- Cosmetic services or treatment
- Commercial diet plans and weight loss programs
- Nutritional or cosmetic therapy using vitamins, minerals or elements, and other nutrition-based therapy
- Charges for services that were provided after the date on which membership ends
- Charges for any products or services related to non-covered benefits
- Wigs and scalp hair prostheses when hair loss is due to male pattern baldness, female pattern baldness, or natural or premature aging

- Services or supplies provided by (1) anyone related to a member by blood, marriage or adoption, or (2) anyone who ordinarily lives with the member
- Infertility treatment for members who are not medically infertile
- Costs for any services for which a member is entitled to treatment at government expense
- Costs for services for which payment is required to be made by a workers' compensation plan or an employer under state or federal law
- · Private duty nursing
- · Vision services, except as described in the policy
- · Services that are not medically necessary
- Digital therapeutics when not Medically Necessary
- Transportation, except as outlined in your benefit handbook
- Over-the-counter hearing aids
- · Services provided by a Doula
- Services provided under an individualized education program (IEP) delivered by school personnel, contractor, or vendor.
- Any service, supply or medication when there is a less intensive Covered Benefit or more cost-effective alternative that can be safely and effectively provided, in accordance with Medical Necessity Guidelines.
- Custodial Care

## Limitations for New Hampshire small group plans

- Early intervention 40 visits per year
- Therapy services Physical therapy, speech therapy and occupational therapy 60 combined visits per year
- Skilled nursing facility 100 days per year
- Inpatient rehabilitation 100 days per year
- Routine eye exam (up to age 19) 1 exam per year
- Routine eye exam (adult) 1 exam every 2 years

# Language Assistance Services

Arabic (العربية) انتباه: إذا كنت تتحدث لغة أخرى غير الإنجليزية، فإن خدمات المساعدة اللغوية متاحة لك مجانًا. يرجى الاتصال بالرقم الموجود على بطاقة هوية العضو الخاصة بك.

**French (Français)** ATTENTION : Si vous parlez une langue autre que l'anglais, des services d'assistance linguistique gratuits sont à votre disposition. Veuillez appeler le numéro indiqué sur votre carte d'adhérent.

**Greek (Ελληνικά)** ΠΡΟΣΟΧΗ: Εάν μιλάτε κάποια άλλη γλώσσα πέρα από τα αγγλικά, γλωσσικές υπηρεσίες χωρίς χρέωση είναι στη διάθεσή σας. Καλέστε τον αριθμό στην κάρτα μέλους σας.

Gujarati (ગુજરાતી) ધ્યાન આપો: જો તમે અંગ્રેજી સવાિય બીજી ભાષા બોલો છો, તો ભાષા હાિય વાિઓ, તમારા માટે મફત ઉપલબ્ધ છે. કૃપા કરીને તમારા ભિ્ય આઈડી કાડડ પરના નંબર પર કૉલ કરો.

**Haitian Creole (Kreyòl Ayisyen)** ATANSYON: Si w pale yon lang ki pa Anglè, gen sèvis èd pou lang ki disponib gratis pou ou. Tanpri rele nimewo ki sou kat ID manm ou a.

**Hindi (हर्दि)** ध्यान दें: अगर आप अंग्रेजी के अलावा कोई दूसरी भाषा बोलते हैं, तो भाषा सहायता सेवाएं आपके ललए ननिःशुल्क उपलब्ध हैं। कृ पया अपने सदसय आईडी काडड पर ददए गए नंबर पर कॉल करें।

**Italian (Italiano)** ATTENZIONE: se parli una lingua diversa dall'inglese, sono disponibili gratuitamente servizi di assistenza linguistica. Chiama il numero indicato sulla tua tessera membro identificativa.

Khmer (ភាសាខ្មមរែ) បុរសិនបរអុន កនិយាយភាសាបសងេបប្បពីភាសាអុង់បល េស បសវាកម្មមជំនូ យភាសា ដលែឥតលិតថ្លល លឺអាចរកបានសបារអុន ក។ សូ មុបាបាកាន់បលខបាបលី ID កាតសាជិកររស់អុន ក។

**Korean** (한국어) 알림: 영어 이외의 언어를 사용하신다면 언어 지원 서비스를 무료로 제공해 드립니다. 가입자 ID 카드에 명시된 번호로 전화하시기 바랍니다.

Lao (ພາສາລາວ) ກະລຸນາ ຮັບຊາບ: ້ຖາ ທານເວົ້າພາສາອື່ນີ່ທໍ່ບແ ່ມນພາສາ ອີງິກດ, ່ທານສາມາດໃຊ້ບິລການ້ດານພາສາໄ ້ດ ໂດຍໍ່ບເສຍ ່ຄາ. ກະລຸນາໂທຫາເບີ່ທູ່ ຢໃນ ບັດປະຈຳ ຕົວສະມາຊິກຂອງ ່ທານ.

**Polish (polski)** UWAGA: Jeśli posługujesz się językiem innym niż angielski, możesz bezpłatnie korzystać z usług pomocy językowej. Zadzwoń pod numer podany na Twojej karcie członkowskiej.

**Portuguese (Português)** ATENÇÃO: caso fale outro idioma que não o inglês, são-lhe disponibilizados gratuitamente serviços de assistência linguística. Lique para o número no seu cartão de identificação de membro.

**Russian (Русский)** ВНИМАНИЕ! Если вы не говорите на английском языке, то можете бесплатно воспользоваться услугами языковой поддержки. Позвоните по номеру, указанному на вашей идентификационной карте участника.

**Spanish (Español)** ATENCIÓN: Si usted habla un idioma que no sea inglés, están disponibles para usted, sin costo, servicios de asistencia en otros idiomas. Llame al número que figura en su tarjeta de identificación de miembro.

**Traditional Chinese (繁體中文)** 注意事項:如果您講非英語的其他語言,我們可以為您提供免費的語言協助服務。請撥打您會員 ID 卡上的電話號碼。

**Vietnamese** (**Tiếng Việt**) LƯU Ý: Nếu quý vị nói ngôn ngữ khác không phải tiếng Anh, chúng tôi cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Vui lòng gọi đến số điện thoại trên thẻ ID hội viên của quý vị.

**ATTENTION:** If you speak a language other than English, language assistance services, free of charge, are available to you. Please call the number on your member ID card.

# General Notice About Nondiscrimination and Accessibility Requirements

Harvard Pilgrim Health Care and its affiliates as noted below ("HPHC") comply with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex (including pregnancy, sexual orientation and gender identity). HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability or sex (including pregnancy, sexual orientation and gender identity).

#### **HPHC:**

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer (see below for contact information).

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex (including pregnancy, sexual orientation and gender identity) you can file a grievance with:

### Point32Health Civil Rights Legal Coordinator

1 Wellness Way Canton, MA 02021-1166

866-750-2074, TTY service: 711

Fax: 617-668-2754

Email: OCRCoordinator@point32health.org

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at:

### U.S. Department of Health and Human Services

200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at

www.hhs.gov/ocr/office/file/index.html

# **Contact us**

Already a member?

**855-565-9923** (Renewing your coverage)

**877-907-4742** (Benefit questions)

Not yet a member?

844-213-1591

TTY: 711

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Brokers: **800-424-7285** Employers: **800-637-4751** 



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