

# Connecticut Small Group Product Guide Plan Year 2020

Guiding Connecticut to better health.

Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of Connecticut, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

## Table of contents

Click on any title to jump to that section.

- 1 Our Promise
- 2 Network Overview
- 3 Core Benefits
- 4 Urgent Care
- 6 Prescription Drug Coverage
- 8 Plan Tools & Resources
- 10 2020 Product Highlights
- 11 Product Grids
- 24 Broker Resources & Online Quoting
- 26 Business Rules
- 27 Important Legal Information

# **Our promise:** Guide people and communities to better health.

### We help you guide your clients to the best solution.

Harvard Pilgrim offers a full range of health insurance solutions. Our plans deliver outstanding coverage, choice and value for your small group clients.

#### New England & National Coverage

Our regional network has more than 80,000 doctors and other clinicians, and 183 hospitals. Our PPO plans give members access to providers across the United States.

#### Self-Insured Solutions

Our affiliate, HealthPlans, Inc. (HPI), specializes in health benefit administration for self-funded employers with 25+ employees. HPI offers highly customized medical, dental, vision and disability benefit solutions, and more.



#### We're committed to our communities. Service is more than good business.

As a not-for-profit, service inspires our social mission. We're driven by a human concern for the particular health challenges our Connecticut neighbors and communities face – and a dedication to helping resolve them.

#### Funding Programs in Connecticut

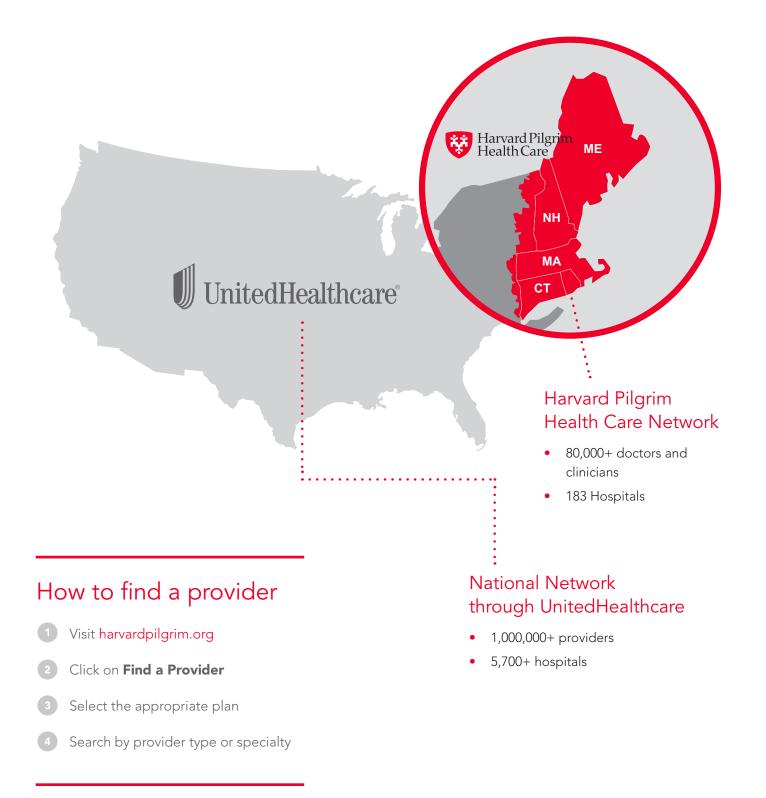
In 2018, the Harvard Pilgrim Health Care Foundation supported local non-profit agencies and health initiatives with \$390,000 in grants and sponsorships.

#### Healthy Food

Our support includes third-year Healthy Food Fund grants totaling \$145,349 to Brass City Harvest, CT Food Bank, Green Village Initiative, Hartford Food System and New Haven Farms and New Haven Land Trust to grow, distribute, or market fresh, local food.



# Your local partner with the strength of a national network



### What we cover Core benefits



No matter which plan a member chooses, all of our plans include these benefits.



**Acupuncture and Chiropractic** 20 acupuncture and 40

20 acupuncture and 40 chiropractic visits per year



Ambulatory Patient Services

Outpatient care without hospital admission



**Emergency Services** Trips to the emergency room (ER), when medically necessary

One preventive screening every year

لنصاحعا	Inpatient services				
	such as surgery				

Hospitalization



 Laboratory Services
 Blood work, screenings, etc.





**Pediatric Dental** and Vision Covers children up to age 19



#### Pregnancy, Maternity, and Newborn Care

Care before, during and after pregnancy



Prescriptions

Access to safe, effective medications



#### Preventive Care and Chronic Disease Management

Doctor visits for wellness exams, shots, screenings, health maintenance, etc.



#### Rehabilitation and Habilitative Services and Devices

Rehab services, hospital beds, crutches, oxygen tanks

# The care your clients need, when they need it

When their primary care providers' offices aren't open, members who need medical care for a nonlife-threatening injury or illness have options—other than the ER—that can save time and money.

	-	Typical out-of-pocket costs	Common symptoms	
÷	<b>Telemedicine services</b> Real-time virtual visit with Doctor On Demand providers via smartphone, tablet or computer	<b>New for 2020</b> - No cost sharing for Doctor On Demand urgent care virtual visits. Does not apply to HSA plans. <sup>1</sup>	<ul> <li>Coughs, colds</li> <li>Sore/strep throat</li> <li>Flu</li> <li>Pediatric issues</li> <li>Sinus and allergies</li> <li>Nausea/diarrhea</li> </ul>	<ul> <li>Rashes and skin issues</li> <li>Women's health: UTIs, yeast infections</li> <li>Sports injuries</li> <li>Eye issues</li> </ul>
Ŷ	<b>Convenience care/retail clinic</b> Walk-in, convenience care or retail clinic (e.g. MinuteClinic inside of CVS pharmacy)	<b>\$</b> Members typically pay a copayment for going to a participating clinic <sup>1</sup>	<ul> <li>Bronchitis</li> <li>Ear infections</li> <li>Eye infections</li> <li>Skin conditions like pois</li> <li>Strep throat</li> </ul>	son ivy and ringworm
	• Freestanding urgent care clinic Walk-in clinic for urgent care (e.g., ConvenientMD, Clear Choice or Concentra)	<b>\$\$</b> Members typically pay a copayment for urgent care, sometimes a higher one than for an office visit or convenience care clinic visit <sup>1</sup>	<ul> <li>Minor injuries</li> <li>Respiratory infections</li> <li>Sprains and strains</li> <li>Burns, rashes, bites, cut</li> </ul>	<ul> <li>Infections</li> <li>Coughs, cold and flu</li> <li>s and bruises</li> </ul>
H	Hospital-based urgent care clinic Walk-in clinic for urgent care	<b>\$\$\$</b> Members typically pay their deductible, then a hospital-based urgent care copay <sup>1</sup>	<ul> <li>Minor injuries</li> <li>Respiratory infections</li> <li>Sprains and strains</li> <li>Burns, rashes, bites, cut</li> </ul>	<ul> <li>Infections</li> <li>Coughs, cold and flu</li> <li>s and bruises</li> </ul>
<b>4</b> +	Emergency room (ER) Part of a local hospital Members who think they are having medical emergencies should call 911 or go to the nearest ER.	<b>\$\$\$\$</b> Members typically pay a higher copayment than an office visit, plus ER services are often subject to a deductible <sup>1</sup>	<ul> <li>Choking</li> <li>Convulsions</li> <li>Heart attack</li> <li>Loss of consciousness</li> <li>Major blood loss</li> </ul>	<ul><li>Seizures</li><li>Severe head trauma</li><li>Shock</li><li>Stroke</li></ul>

<sup>1</sup>What members pay out-of-pocket depends on their specific Harvard Pilgrim plan. With an HSA plan, the deductible and any additional cost sharing applies. Please refer to the plan documents for specific benefit information.

# Connecticut convenience care and freestanding urgent care clinics

This list may be updated throughout the year. Refer to the online provider directory for the most up-to-date information.

**NOTE:** Higher "hospital urgent care clinic" member cost sharing may apply to participating urgent care clinics that are not on this list.

Ansonia: MinuteClinic

**Avon:** Hartford HealthCare Go Health, MinuteClinic

**Bethel:** Bethel Urgent Care Center, MinuteClinic

Bridgeport: AFC Urgent Care

**Bristol:** MinuteClinic, New England Urgent Care Enfield

**Brookfield:** PhysicianOne Urgent Care

Cheshire: MinuteClinic

Colchester: MinuteClinic

Coventry: MinuteClinic

Danbury: AFC Urgent Care

**Derby:** MedExpress Urgent Care, PhysicianOne Urgent Care

East Hampton: MinuteClinic

**East Hartford:** Concentra Urgent Care East Hartford

East Lyme: Charter Oak Walk In Medical Center

Ellington: Priority Urgent Care

**Enfield:** MinuteClinic, New England Urgent Care Enfield

**Fairfield:** AFC Urgent Care, Saint Vincent's Urgent Care

**Glastonbury:** Hartford HealthCare Go Health, MinuteClinic, PhysicianOne Urgent Care **Granby:** MinuteClinic, The Doctor's Treatment Center

**Groton:** MinuteClinic, PhysicianOne Urgent Care

Guilford: MinuteClinic

Hamden: MinuteClinic, PhysicianOne Urgent Care, Urgent Care Center

**Madison:** Middlesex Hospital Urgent Care

Manchester: New England Urgent Care Enfield

**Meriden:** Hartford HealthCare Go Health, MedExpress Urgent Care

**Middletown:** MedExpress Urgent Care, Middlesex Hospital Urgent Care

**Milford:** MinuteClinic, My Health 1st Urgent Care, Saint Vincent's Urgent Care, Urgent Care Center

**Monroe:** Saint Vincent's Urgent Care

**New Britain:** AFC Urgent Care, Concentra Urgent Care New Britain

**New Haven:** Concentra Urgent Care New Haven

**New Milford:** Bethel Urgent Care Center, MinuteClinic

**Newington:** A Walk In Medical Center, Premier Urgent Care

**Newtown:** PhysicianOne Urgent Care

North Haven: Bethel Urgent Care Center, MinuteClinic, Urgent Care Center Norwalk: AFC Urgent Care, PhysicianOne Urgent Care, Urgent Care Center

**Norwich:** Concentra Urgent Care Norwich, MinuteClinic, PhysicianOne Urgent Care

**Old Saybrook:** Middlesex Hospital Urgent Care

Orange: Urgent Care Center

Plainville: The Doctor's

Treatment Center **Ridgefield:** PhysicianOne

Urgent Care

Riverside: MinuteClinic

**Rocky Hill:** MinuteClinic, Velocity Urgent Care

**Shelton:** AFC Urgent Care, Saint Vincent's Urgent Care

**Simsbury:** New England Urgent Care Enfield

South Windsor: MinuteClinic

**Southbury:** MinuteClinic, PhysicianOne Urgent Care

**Southington:** MinuteClinic, Urgent Care of Southington

**Stamford:** Concentra Urgent Care, AFC Urgent Care Stamford

**Stratford:** Concentra Urgent Care Stratford, MinuteClinic, PhysicianOne Urgent Care, Saint Vincent's Urgent Care, Urgent Care Center

**Torrington:** AFC Urgent Care, Concentra Urgent Care -Torrington **Trumbull:** Saint Vincent's Urgent Care

Vernon Rockville: AFC Urgent Care, Hartford HealthCare Go Health, Vernon Urgent Care Center LLC

**Wallingford:** Concentra Urgent Care Wallingford, HealthMed Urgent Care,

Waterbury: Concentra Urgent Care Waterbury, MinuteClinic, PhysicianOne Urgent Care, Urgent Care Center

West Hartford: AFC Urgent Care, New England Urgent Care Enfield, PM Pediatrics of Connecticut

West Haven: Urgent Care Center

Westport: Westport Urgent Care LLC

Wethersfield: Kathy's Urgent Care

**Willimantic:** Med East Medical Walk In Center

**Windsor:** Concentra Urgent Care Windsor

## **Prescription drug coverage** High-quality coverage

Our prescription drug coverage focuses on choice and value to help members get the most out of their benefits and keep premiums affordable.

Harvard Pilgrim's Connecticut small group plans include a 4-tier prescription drug benefit: the lower the tier, the less members pay. Cost sharing for prescriptions may include a combination of copayments, coinsurance and a deductible, with the option of getting prescriptions filled at a retail pharmacy or through the mail.

#### How the Prescription Drug tiers work

TIER	VALUE 4-TIER
Tier 1	Lower-cost generics
Tier 2	Higher-cost generics
Tier 3	Preferred brands (some higher-cost generics)
Tier 4	Non-preferred brands and preferred specialty (some higher-cost generics)

# Is a prescription covered?

Visit harvardpilgrim.org/rx. Select the year and the plan as shown on the ID card (example: Value 4-Tier), then look up drugs by tier or category.



# Behavioral health online or in person

We understand mental health and substance use issues can be complex, confusing and sometimes overwhelming, especially for members beginning their mental health journey.

Through our partnership with United Behavioral Health (also known as Optum), members have access to resources and treatment for a wide number of behavioral health issues, such as depression or anxiety, ADHD, an eating disorder or concerns about substance use or addiction. Our confidential **Behavioral Health** Access Center helps members understand their coverage and treatment options and makes it easy for them to get started with treatment.

Members can get started by calling (888) 777-4742.

### **Care management**

Our "whole person" approach to care encourages wellness and contains costs.

All members have access to our **100-person team** of certified care managers and wellness coaches, licensed social and behavioral health workers, and nurse educators specializing in diabetes, pediatrics, asthma and cardiology. Our team reaches out to members when and how it's best for them—at home, work or on the road— whether by phone, email or mobile apps. By building personal connections and trusted relationships, our team guides members to better health, reduced risk and lower costs.

### **Population health**

The marriage of data, evidence and analytics to identify health trends and discover ways to fuel positive change within a defined population.



## Plan tools & resources

The right set of tools helps your clients get the most out of their health care. Harvard Pilgrim offers a number of online tools and resources to help our members save money, stay healthy, and seek guidance for health concerns and conditions.



Members can access all tools through their member account on harvardpilgrim.org.

#### Guiding members to well-being

Good health looks different for everyone. Whether one's wellness goals focus on nutrition, fitness, stress management or all of the above, our free wellness site is packed with tools to help our members achieve wellness-however they define it.



### <u><u><u></u></u> Fitness reimbursement</u>

For small group family plans, up to two members can qualify for an annual reimbursement of \$150 each—a maximum of \$300 total—for health and fitness club membership and classes. They must be active fitness club members for at least four months within a calendar year to qualify.\*

### $\checkmark$ Personal health coaching—at no extra charge!

Our personal health coaches help members develop plans and set realistic goals for achieving better health. Their services are free to members age 18 and older.



Costs for the same test or procedure can vary greatly among different providers. Our online cost estimator can help members find less expensive options.

### PCP visit incentive

Members receive a \$50 gift card for seeing their doctor for an annual checkup and telling us about their appointment.

\*There is a \$300 maximum reimbursement per Harvard Pilgrim policy in a calendar year per family contract. Must be currently enrolled in Harvard Pilgrim at the time of reimbursement. Restrictions apply. For tax information, members should consult their tax advisor.

# Helping clients choose a plan

Harvard Pilgrim offers a number of plan options to meet every family's needs and budget.

- Covered in-network
- Access to a national network (PPO)

## When choosing a plan, your clients should consider a number of factors.

- Do they frequently go to the doctor or need medical treatment?
- Is having the flexibility to see doctors outside the network important to them?
- Do they regularly take medication? Or take several medications?
- Do they prefer a higher premium and lower payments when they receive treatment?

### Types of plans:

#### нмо

- Care within Harvard Pilgrim's network
- It's a good idea to choose a PCP to help manage your care

#### PPO\*

- Covered in-network (includes our national network)
- Option to go out-of-network and pay more
- No need for referrals

#### Qualified high deductible plan

- HMO + PPO
- Meet a deductible before we pay for services
- Some employers may offer an HRA or HSA to help members meet their deductible

### Help clients find the plan that best meets their needs

X marks the spot	НМО	PPO	Qualified high deductible
Their doctors participate in the plan network; client does not want to spend more money out-of-pocket	×		×
Wants the freedom to see any doctor		×	×
Wants to save on premium (money paid up front for health coverage)			×
Wants services to be covered up front and doesn't mind a higher premium	×	×	
Prefers to budget and keep track of health care expenses			×

<sup>\*</sup> PPO plans are underwritten by HPHC Insurance Company.

## 2020 product change highlights

We've made several enhancements and changes to the 2020 portfolio based on feedback from brokers and employers.

Talk to your account executive for more details on these and other product changes for 2020.

#### Enhancements

### $( \rightarrow)$

### No cost sharing for Doctor On Demand urgent care (non-HSA plans):

Members on non-HSA plans will pay no cost sharing for urgent care virtual visits with Doctor On Demand providers. Members on HSA plans will be billed for these visits and they will apply towards the in-network deductible. After the deductible, members are covered in full.

### $( \rightarrow)$

### One free Primary Care Provider (PCP)/behavioral health visit:

Per calendar year, members on non-HSA plans will receive one free PCP visit and one free behavioral health visit at no charge. Increased fitness reimbursement up to \$300: Prior to 2020, members were eligible for up to a \$150 annual fitness reimbursement on health and fitness club membership fees and classes. Now, a family can receive up to \$300 (\$150 per member) if two members are covered under their plan. Members must be active fitness club members for at least four months within a calendar year to qualify.\*

### $\ominus$

#### Lower cost-sharing from certain freestanding providers:

Members on non-HSA plans will pay lower cost-sharing for services when using providers who are not hospital affiliated or owned. Freestanding providers include: ambulatory surgical centers, labs, high-end radiology and physical, occupational and speech therapists.

#### Changes

**Chiropractic care visit increase:** Members will be covered for 40 visits per plan year. **Tier 2 prescription drugs now covered with a copay:** Members previously paid a percentage of the cost. In 2020, they will be responsible for a Tier 2 copayment. **Physical, occupational and speech therapy visit increase:** Members will be covered for any combination of 60 visits per plan year.

\*There is a \$300 maximum reimbursement per Harvard Pilgrim policy in a calendar year per family contract. Reimbursement is limited to two members on a family contract, for a maximum of \$150 per member. Must be currently enrolled in Harvard Pilgrim at the time of reimbursement. Restrictions apply. For tax information, members should consult their tax advisor.



**PRODUCT NAME** 

**OFFICE VISIT** 

DEDUCTIBLE

ANNUAL OUT OF

POCKET MAX

COINSURANCE

**EMERGENCY ROOM** 

**HOSPITAL-BASED** 

**URGENT CARE** 

FREESTANDING

CONVENIENCE CARE

**URGENT CARE** 

INPATIENT

PLATINUM

#### **HMO 15/40 COPAY** MD000005197, RX000001894

\$15/\$40 Copay waived for first non-routine PCP visit

None/None

\$2,000/\$4,000

None

\$200

\$50

\$50

\$15

\$500 Per Day

Hosp: \$300 Freestnd: \$150

Hosp: \$40 Freestnd: \$10

\$40

Hosp: \$75 Freestnd: \$50, Max \$375 Per Year\*\*

> PT/OT: Hosp: \$30 Freestnd: \$15 ST: Hosp: \$60 Freestnd: \$40

> > \$40

Retail: \$5/\$50/40%/40%, (T3 \$250/script max, T4 \$500/script max)

Mail: \$10/\$100/40%/40% (T3 \$500/script max, T4 \$1,000/script max)

#### GOLD

**HMO 2500 HOSPITAL** MD000005200, RX000001896

\$25/\$45 Copay waived for first non-routine PCP visit \$2,500/\$5,000 \$5,500/\$11,000 None Ded then \$300 \$75 \$75 \$25 Ded then CIF Hosp: Ded then \$500 Freestnd: \$500 Hosp: Ded then \$10 Freestnd: \$10 \$45 Hosp: Ded then \$75 Freestnd: \$75, Max \$375 Per Year\*\* PT/OT: Hosp: Ded then \$25 Freestnd: \$25 ST: Hosp: Ded then \$45 Freestnd: \$45 \$45 Retail: \$10/\$60/40%/40%(T3 \$250/script max, T4 \$500/script max) Mail: \$20/\$120/40%/40% (T3 \$500/script max, T4 \$1,000/script max)

Please refer to the Schedule of Benefits for cost-sharing details. \*\*The max is on both benefits - either separately or combined

DAY SURGERY

LABS

**X-RAYS** 

SCANS: CT, MRI, PET

PT/OT/ST

ACUPUNCTURE

**RX COST SHARING** 

### HMO (continued)

PRODUCT NAME

OFFICE VISIT

DEDUCTIBLE

ANNUAL OUT OF POCKET MAX

COINSURANCE

**EMERGENCY ROOM** 

HOSPITAL-BASED URGENT CARE

FREESTANDING URGENT CARE

CONVENIENCE CARE

INPATIENT

DAY SURGERY

LABS

X-RAYS

SCANS: CT, MRI, PET

PT/OT/ST

ACUPUNCTURE

**RX COST SHARING** 

#### GOLD

#### HMO 4000 HOSPITAL

MD0000005202, RX0000001898

\$25/\$45 Copay waived for first non-routine PCP visit

\$4,000/\$8,000

\$7,500/\$15,000

None

Ded then \$300

\$75

\$25

\$75

Ded then CIF

Hosp: Ded then \$500 Freestnd: \$500

Hosp: Ded then \$10 Freestnd: \$10

\$45

Hosp: Ded then \$75 Freestnd: \$75, Max \$375 Per Year\*\*

> PT/OT Hosp: Ded then \$25 Freestnd: \$25 ST: Hosp: Ded then \$45 Freestnd: \$45

> > \$45

**Retail:** \$10/\$60/40%/40%(T3 \$250/script max, T4 \$500/script max)

Mail: \$20/\$120/40%/40% (T3 \$500/script max, T4 \$1,000/script max)

#### GOLD

HMO 2000 WITH COINSURANCE MD0000005212, RX0000001906

\$25/\$45 Copay waived for first non-routine PCP visit

\$2,000/\$4,000

\$5,000/\$10,000

40%

Ded then 40%

\$75 \$75

\$25

Ded then 40%

Hosp: Ded then 40% Freestnd: Ded then 25%

> Hosp: 40% Freestnd: 25%

> > 40%

Hosp: Ded then 40% Freestnd: Ded then 25%

PT/OT Hosp: Ded then 40% Freestnd: Ded then \$25 ST: Hosp: Ded then 40% Freestnd: Ded then 25%

\$45

**Retail:** \$10/\$60/40%/40%(T3 \$250/script max, T4 \$500/script max)

Mail: \$20/\$120/40%/40% (T3 \$500/script max, T4 \$1,000/script max)

### HMO (continued)

#### PRODUCT NAME

OFFICE VISIT

DEDUCTIBLE

ANNUAL OUT OF POCKET MAX

COINSURANCE

**EMERGENCY ROOM** 

HOSPITAL-BASED URGENT CARE

FREESTANDING URGENT CARE

CONVENIENCE CARE

INPATIENT

DAY SURGERY

LABS

**X-RAYS** 

SCANS: CT, MRI, PET

PT/OT/ST

ACUPUNCTURE

**RX COST SHARING** 

#### GOLD

HMO 3500 WITH COINSURANCE

MD0000005214, RX0000001907

\$25/\$45 Copay waived for first non-routine PCP visit

\$3,500/\$7,000

\$7,000/\$14,000

45%

Ded then 45%

\$75

\_\_\_\_\_

\$75

\$25

Ded then 45%

Hosp: Ded then 45% Freestnd: Ded then 30%

> Hosp: 45% Freestnd: 30%

> > 45%

Hosp: Ded then 45% Freestnd: Ded then 30%

PT/OT: Hosp: Ded then 45% Freestnd: Ded then \$25 ST: Hosp: Ded then 45% Freestnd: Ded then 30%

\$45

Retail: \$10/\$60/40%/40%(T3 \$250/script max, T4 \$500/script max) Mail: \$20/\$120/40%/40% (T3 \$500/script max, T4 \$1,000/script max)

#### SILVER

HMO 5200 WITH COINSURANCE MD0000005216, RX0000001908

\$40/\$60 Copay waived for first non-routine PCP visit

\$5,200/\$10,400

\$8,150/\$16,300

50%

Ded then 50%

\$75 \$75

\$40

Ded then 50%

Hosp: Ded then 50% Freestnd: Ded then 35%

> Hosp: 50% Freestnd: 35%

Ded then 50%

Hosp: Ded then 50% Freestnd: Ded then 35%

PT/OT: Hosp: Ded then 50% Freestnd: Ded then \$30 ST: Hosp: Ded then 50% Freestnd: Ded then 35%

\$60

Retail: \$10/\$60/40%/50% (T3 \$250/script max, T4 \$750/script max) Mail: \$20/\$120/40%/50% (T3 \$500/script max, T4 \$1,500/script max)

# **HMO HSA**

PRODUCT NAME

OFFICE VISIT

DEDUCTIBLE

ANNUAL OUT OF POCKET MAX

COINSURANCE

**EMERGENCY ROOM** 

HOSPITAL-BASED URGENT CARE

FREESTANDING URGENT CARE

CONVENIENCE CARE

INPATIENT

DAY SURGERY

LABS

X-RAYS

SCANS: CT, MRI, PET

PT/OT/ST

ACUPUNCTURE

**RX COST SHARING** 

#### SILVER

HMO HSA 2800 MD0000005205, RX0000001900

Ded then \$40/Ded then \$60

\$2,800/\$5,600

\$6,000/\$12,000

50%

Ded then 50%

Ded then \$75

Ded then \$75

Ded then \$40

Ded then 50%

Ded then 50%

Ded then \$10

Ded then \$60

Ded then 50%

PT/OT: Ded then \$30 ST: Ded then \$60

Ded then \$60

Retail: Ded then \$10/\$60/40%/50% (T3 \$250/script max, T4 \$750/script max) Mail: Ded then \$20/\$120/40%/50% (T3 \$500/script max, T4 \$1,500/script max)

#### BRONZE

HMO HSA 4500 MD0000005209, RX0000001903

Ded then 30%

\$4,500/\$9,000

\$6,900/\$13,800

30%

Ded then 30%

Retail: Ded then \$15/\$60/40%/50% (T3 \$250/script max,T4 \$750/script max) Mail: Ded then \$30/\$120/40%/50% (T3 \$500/script max, T4 \$1,500/script max)

# HMO HSA (continued)

PRODUCT NAME

OFFICE VISIT

DEDUCTIBLE

ANNUAL OUT OF POCKET MAX

COINSURANCE

**EMERGENCY ROOM** 

HOSPITAL-BASED URGENT CARE

FREESTANDING URGENT CARE

CONVENIENCE CARE

INPATIENT

DAY SURGERY

LABS

X-RAYS

SCANS: CT, MRI, PET

PT/OT/ST

ACUPUNCTURE

**RX COST SHARING** 

SILVER

HMO HSA 3000 COPAY MD0000005207, RX0000001901

Ded then \$40/Ded then \$60

\$3,000/\$6,000

\$6,900/\$13,800

None

Ded then \$300

Ded then \$75

Ded then \$75

Ded then \$40

Ded then \$500 Per Day/ Max \$2,000 Per Admit

Ded then \$500

Ded then \$10

Ded then \$60

Ded then \$75

PT/OT: Ded then \$30 ST: Ded then \$60

Ded then \$60

**Retail:** Ded then \$10/\$60/40%/50% (T3 \$250/script max, T4 \$750/script max) **Mail:** Ded then \$20/\$120/40%/50% (T3 \$500/script max, T4 \$1,500/script max)

# PPO

#### PLATINUM

PRODUCT NAME

#### **PPO 15/40 COPAY** MD0000005198, RX0000001894

#### PLATINUM

#### PPO 750 HOSPITAL

MD0000005199, RX0000001895

	In-Network	Out-of-Network	In-Network	Out-of-Network
OFFICE VISIT	\$15/\$40 Copay waived for first non-routine PCP visit	Ded then 30%	\$15/\$40 Copay waived for first non-routine PCP visit	Ded then 40%
DEDUCTIBLE	None/None	\$2,000/\$4,000	\$750/\$1,500	\$1,500/\$3,000
ANNUAL OUT OF POCKET MAX	\$2,000/\$4,000	\$4,000/\$8,000	\$3,250/\$6,500	\$6,500/\$13,000
COINSURANCE	None	30%	None	40%
EMERGENCY ROOM	\$2	00	Ded the	en \$200
HOSPITAL-BASED URGENT CARE	\$50	Ded then 30%	\$50	Ded then 40%
FREESTANDING URGENT CARE	\$50	Ded then 30%	\$50	Ded then 40%
CONVENIENCE CARE	\$15	Ded then 30%	\$15	Ded then 40%
INPATIENT	\$500 Per Day	Ded then 30%	Ded then CIF	Ded then 40%
DAY SURGERY	Hosp: \$300 Freestnd: \$150	Ded then 30%	Hosp: Ded then \$150 Freestnd: \$150	Ded then 40%
LABS	Hosp: \$40 Freestnd: \$10	Ded then 30%	Hosp: \$40 Freestnd: \$10	Ded then 40%
X-RAYS	\$40	Ded then 30%	\$40	Ded then 40%
SCANS: CT, MRI, PET	Hosp: \$75 Freestnd: \$50, Max \$375 Per Year**	Ded then 30%	Hosp: \$75 Freestnd: \$50, Max \$375 Per Year**	Ded then 40%
PT/OT/ST	PT/OT: Hosp: \$30 Freestnd: \$15 ST:Hosp: \$60 Freestnd: \$40	PT/OT: Ded then 30% ST: Ded then 30%	PT/OT: Hosp: \$30 Freestnd: \$15 ST: Hosp: \$60 Freestnd: \$40	PT/OT: Ded then 40% ST: Ded then 40%
ACUPUNCTURE	\$40	Ded then 30%	\$40	Ded then 40%
RX COST SHARING	(T3 \$250/script max, <b>Mail:</b> \$10/\$1	50/40%/40% T4 \$500/script max) 00/40%/40% T4 \$1,000/script max)	<b>Retail:</b> \$5/\$50/40%/40% (T3 \$250/script max, T4 \$500/script max) <b>Mail:</b> \$10/\$100/40%/40% (T3 \$500/script max, T4 \$1,000/script max)	

#### GOLD

PRODUCT NAME

#### PPO 2000 HOSPITAL

MD000005218, RX000001909

#### PPO 2500 HOSPITAL

MD0000005201, RX0000001897

	In-Network	Out-of-Network	In-Network	Out-of-Network
OFFICE VISIT	\$25/\$45 Copay waived for first non-routine PCP visit	Ded then 50%	\$25/\$45 Copay waived for first non-routine PCP visit	Ded then 50%
DEDUCTIBLE	\$2,000/\$4,000	\$4,000/\$8,000	\$2,500/\$5,000	\$5,000/\$10,000
ANNUAL OUT OF POCKET MAX	\$5,000/\$10,000	\$10,000/\$20,000	\$5,500/\$11,000	\$11,000/\$22,000
COINSURANCE	None	50%	None	50%
EMERGENCY ROOM	Ded th	en \$300	Ded the	en \$300
HOSPITAL-BASED URGENT CARE	\$75	Ded then 50%	\$75	Ded then 50%
FREESTANDING URGENT CARE	\$75	Ded then 50%	\$75	Ded then 50%
CONVENIENCE CARE	\$25	Ded then 50%	\$25	Ded then 50%
INPATIENT	Ded then CIF	Ded then 50%	Ded then CIF	Ded then 50%
DAY SURGERY	Hosp: Ded then \$500 Freestnd: \$500	Ded then 50%	Hosp: Ded then \$500 Freestnd: \$500	Ded then 50%
LABS	Hosp: Ded then \$10 Freestnd: \$10	Ded then 50%	Hosp: Ded then \$10 Freestnd: \$10	Ded then 50%
X-RAYS	\$45	Ded then 50%	\$45	Ded then 50%
SCANS: CT, MRI, PET	Hosp: Ded then \$75 Freestnd: \$75, Max \$375 Per Year**	Ded then 50%	Hosp: Ded then \$75 Freestnd: \$75, Max \$375 Per Year**	Ded then 50%
PT/OT/ST	PT/OT: Hosp: Ded then \$25 Freestnd: \$25 ST: Hosp: \$ Ded then \$45 Freestnd: \$45	PT/OT: Ded then 50% ST: Ded then 50%	PT/OT: Hosp: Ded then \$25 Freestnd: \$25 ST: Hosp: \$ Ded then \$45 Freestnd: \$45	PT/OT: Ded then 50% ST: Ded then 50%
ACUPUNCTURE	\$45	Ded then 50%	\$45	Ded then 50%
RX COST SHARING	(T3 \$250/script max <b>Mail:</b> \$20/\$1	\$60/40%/40% , T4 \$500/script max) 120/40%/40% T4 \$1,000/script max)	(T3 \$250/script max, <b>Mail:</b> \$20/\$1	660/40%/40% . T4 \$500/script max) 20/40%/40% T4 \$1,000/script max)

Please refer to the Schedule of Benefits for cost-sharing details. \*\*The max is on both benefits - either separately or combined %

#### GOLD

#### PRODUCT NAME

PPO 4000 HOSPITAL

MD000005203, RX0000001898

#### GOLD

PPO 2000 WITH COINSURANCE

MD0000005213, RX0000001906

	In-Network	Out-of-Network	In-Network	Out-of-Network
OFFICE VISIT	\$25/\$45 Copay waived for first non-routine PCP visit	Ded then 50%	\$25/\$45 Copay waived for first non-routine PCP visit	Ded then 50%
DEDUCTIBLE	\$4,000/\$8,000	\$8,000/\$16,000	\$2,000/\$4,000	\$4,000/\$8,000
ANNUAL OUT OF POCKET MAX	\$7,500/\$15,000	\$15,000/\$30,000	\$5,000/\$10,000	\$10,000/\$20,000
COINSURANCE	None	50%	40%	50%
EMERGENCY ROOM	Ded th	en \$300	Ded the	en 40%
HOSPITAL-BASED URGENT CARE	\$75	Ded then 50%	\$75	Ded then 50%
FREESTANDING URGENT CARE	\$75	Ded then 50%	\$75	Ded then 50%
CONVENIENCE CARE	\$25	Ded then 50%	\$25	Ded then 50%
INPATIENT	Ded then CIF	Ded then 50%	Ded then 40%	Ded then 50%
DAY SURGERY	Hosp: Ded then \$500 Freestnd: \$500	Ded then 50%	Hosp: Ded then 40% Freestnd: Ded then 25%	Ded then 50%
LABS	Hosp: Ded then \$10 Freestnd: \$10	Ded then 50%	Hosp: 40% Freestnd: 25%	Ded then 50%
X-RAYS	\$45	Ded then 50%	40%	Ded then 50%
SCANS: CT, MRI, PET	Hosp: Ded then \$75 Freestnd: \$75, Max \$375 Per Year**	Ded then 50%	Hosp: Ded then 40% Freestnd: Ded then 25%	Ded then 50%
PT/OT/ST	PT/OT: Hosp: Ded then \$25 Freestnd: \$ 25 ST: Hosp: \$ Ded then \$45 Freestnd: \$45	PT/OT: Ded then 50% ST: Ded then 50%	PT/OT: Hosp: Ded then 40% Freestnd: Ded then \$25 ST: Hosp: Ded then 40% Freestnd: Ded then 25%	PT/OT: Ded then 50% ST: Ded then 50%
ACUPUNCTURE	\$45	Ded then 50%	\$45	Ded then 50%
RX COST SHARING	<b>Retail:</b> \$10/\$60/40% (T3 \$250/script max, T4 \$500/script max) Mail: \$20/\$120/40%/40% (T3 \$500/script max, T4 \$1,000/script max)		<b>Retail:</b> \$10/\$60/40%/40% (T3 \$250/script max, T4 \$500/script max) <b>Mail:</b> \$20/\$120/40%/40% (T3 \$500/script max, T4 \$1,000/script max)	

#### GOLD

#### PRODUCT NAME

#### **PPO 3500 WITH COINSURANCE**

MD0000005215, RX0000001907

#### SILVER

#### PPO 4000 WITH COINSURANCE

MD0000005219, RX0000001908

	In-Network	Out-of-Network	In-Network	Out-of-Network
OFFICE VISIT	\$25/\$45 Copay waived for first non-routine PCP visit	Ded then 50%	\$40/\$60 Copay waived for first non-routine PCP visit	Ded then 50%
DEDUCTIBLE	\$3,500/\$7,000	\$7,000/\$14,000	\$4,000/\$8,000	\$8,000/\$16,000
ANNUAL OUT OF POCKET MAX	\$7,000/\$14,000	\$14,000/\$28,000	\$8,150/\$16,300	\$16,300/\$32,600
COINSURANCE	45%	50%	50%	50%
EMERGENCY ROOM	Ded th	en 45%	Ded the	en 50%
HOSPITAL-BASED URGENT CARE	\$75	Ded then 50%	\$75	Ded then 50%
FREESTANDING URGENT CARE	\$75	Ded then 50%	\$75	Ded then 50%
CONVENIENCE CARE	\$25	Ded then 50%	\$40	Ded then 50%
INPATIENT	Ded then 45%	Ded then 50%	Ded then 50%	Ded then 50%
DAY SURGERY	Hosp: Ded then 45% Freestnd: Ded then 30%	Ded then 50%	Hosp: Ded then 50% Freestnd: Ded then 35%	Ded then 50%
LABS	Hosp: 45% Freestnd: 30%	Ded then 50%	Hosp: Ded then 50% Freestnd: Ded then 35%	Ded then 50%
X-RAYS	45%	Ded then 50%	Ded then 50%	Ded then 50%
SCANS: CT, MRI, PET	Hosp: Ded then 45% Freestnd: Ded then 30%	Ded then 50%	Hosp: Ded then 50% Freestnd: Ded then 35%	Ded then 50%
PT/OT/ST	PT/OT: Hosp: Ded then 45% Freestnd: Ded then \$25 ST: Hosp: Ded then 45% Freestnd: Ded then 30%	PT/OT: Ded then 50% ST: Ded then 50%	PT/OT: Hosp: Ded then 50% Freestnd: Ded then \$30 ST: Hosp: Ded then 50% Freestnd: Ded then 35%	PT/OT: Ded then 509 ST: Ded then 50%
ACUPUNCTURE	\$45	Ded then 50%	\$60	Ded then 50%
RX COST SHARING	(T3 \$250/script max) <b>Mail:</b> \$20/\$1	660/40%/40% . T4 \$500/script max) 20/40%/40% T4 \$1,000/script max)	<b>Retail:</b> \$10/\$ (T3 \$250/script max, <b>Mail:</b> \$20/\$1. (T3 \$500/script max,	T4 \$750/script max) 20/40%/50%

Please refer to the Schedule of Benefits for cost-sharing details. \*\*The max is on both benefits - either separately or combined )%

PRODUCT NAME

#### SILVER

#### **PPO 5200 WITH COINSURANCE**

MD0000005217, RX0000001908

	In-Network	Out-of-Network
OFFICE VISIT	\$40/\$60 Copay waived for first non-routine PCP visit	Ded then 50%
DEDUCTIBLE	\$5,200/\$10,400	\$10,400/\$20,800
ANNUAL OUT OF POCKET MAX	\$8,150/\$16,300	\$16,300/\$32,600
COINSURANCE	50%	50%
EMERGENCY ROOM	Ded th	en 50%
HOSPITAL-BASED URGENT CARE	\$75	Ded then 50%
FREESTANDING URGENT CARE	\$75	Ded then 50%
CONVENIENCE CARE	\$40	Ded then 50%
INPATIENT	Ded then 50%	Ded then 50%
DAY SURGERY	Hosp: Ded then 50% Freestnd: Ded then 35%	Ded then 50%
LABS	Hosp: 50% Freestnd: 35%	Ded then 50%
X-RAYS	Ded then 50%	Ded then 50%
SCANS: CT, MRI, PET	Hosp: Ded then 50% Freestnd: Ded then 35%	Ded then 50%
PT/OT/ST	PT/OT: Hosp: Ded then 50% Freestnd: Ded then \$30 ST: Hosp: Ded then 50% Freestnd: Ded then 35%	PT/OT: Ded then 50% ST: Ded then 50%
ACUPUNCTURE	\$60	Ded then 50%
RX COST SHARING	(T3 \$250/script max, <b>Mail:</b> \$20/\$1	660/40%/50% T4 \$750/script max) 20/40%/50% T4 \$1,500/script max)

# **PPO HSA**

#### SILVER

#### PRODUCT NAME

#### PPO HSA 2800 50%

MD000005206, RX0000001900

	In-Network	Out-of-Network	In-Network	Out-of-Network
OFFICE VISIT	Ded then \$40/Ded then \$60	Ded then 50%	Ded then 20%	Ded then 50%
DEDUCTIBLE	\$2,800/\$5,600	\$5,600/\$11,200	\$2,800/\$5,600	\$5,600/\$11,200
ANNUAL OUT OF POCKET MAX	\$6,000/\$12,000	\$12,000/\$24,000	\$4,800/\$9,600	\$9,600/\$19,200
COINSURANCE	50%	50%	20%	50%
EMERGENCY ROOM	Ded th	en 50%	50% Ded ther	
HOSPITAL-BASED URGENT CARE	Ded then \$75	Ded then 50%	Ded then 20%	Ded then 50%
FREESTANDING URGENT CARE	Ded then \$75	Ded then 50%	Ded then 20%	Ded then 50%
CONVENIENCE CARE	Ded then \$40	Ded then 50%	Ded then 20%	Ded then 50%
INPATIENT	Ded then 50%	Ded then 50%	Ded then 20%	Ded then 50%
DAY SURGERY	Ded then 50%	Ded then 50%	Ded then 20%	Ded then 50%
LABS	Ded then \$10	Ded then 50%	Ded then 20%	Ded then 50%
X-RAYS	Ded then \$60	Ded then 50%	Ded then 20%	Ded then 50%
SCANS: CT, MRI, PET	Ded then 50%	Ded then 50%	Ded then 20%	Ded then 50%
PT/OT/ST	PT/OT: Ded then \$30 ST: Ded then \$60	Ded then 50%	Ded then 20%	Ded then 50%
ACUPUNCTURE	Ded then \$60	Ded then 50%	Ded then 20%	Ded then 50%
RX COST SHARING	(T3 \$250/script max, <b>Mail:</b> Ded then \$	\$10/\$60/40%/50% , T4 \$750/script max) 20/\$120/40%/50% T4 \$1,500/script max)	(T3 \$250/script max,	20/\$120/40%/50%

#### SILVER

PPO HSA 2800 20%

MD0000005220, RX0000001910

# **PPO HSA** (continued)

#### SILVER

#### PRODUCT NAME

#### **PPO HSA 3500**

MD0000005221, RX0000001911

#### BRONZE

#### **PPO HSA 4500**

MD0000005211, RX0000001905

	In-Network	Out-of-Network	In-Network	Out-of-Network
OFFICE VISIT	Ded then 30%	Ded then 50%	Ded then 30%	Ded then 50%
DEDUCTIBLE	\$3,500/\$7,000	\$7,000/\$14,000	\$4,500/\$9,000	\$9,000/\$18,000
ANNUAL OUT OF POCKET MAX	\$5,500/\$11,000	\$11,000/\$22,000	\$6,900/\$13,800	\$13,800/\$27,600
COINSURANCE	30%	50%	30%	50%
EMERGENCY ROOM	Ded th	en 30%	Ded the	en 30%
HOSPITAL-BASED URGENT CARE	Ded then 30%	Ded then 50%	Ded then 30%	Ded then 50%
FREESTANDING URGENT CARE	Ded then 30%	Ded then 50%	Ded then 30%	Ded then 50%
CONVENIENCE CARE	Ded then 30%	Ded then 50%	Ded then 30%	Ded then 50%
	Ded then 30%	Ded then 50%	Ded then 30%	Ded then 50%
DAY SURGERY	Ded then 30%	Ded then 50%	Ded then 30%	Ded then 50%
LABS	Ded then 30%	Ded then 50%	Ded then 30%	Ded then 50%
X-RAYS	Ded then 30%	Ded then 50%	Ded then 30%	Ded then 50%
SCANS: CT, MRI, PET	Ded then 30%	Ded then 50%	Ded then 30%	Ded then 50%
PT/OT/ST	Ded then 30%	Ded then 50%	Ded then 30%	Ded then 50%
ACUPUNCTURE	Ded then 30%	Ded then 50%	Ded then 30%	Ded then 50%
RX COST SHARING	<b>Retail:</b> Ded then \$10/\$60/40%/50% (T3 \$250/script max, T4 \$750/script max) <b>Mail:</b> Ded then \$20/\$120/40%/50% (T3 \$500/script max, T4 \$1,500/script max)		<b>Retail:</b> Ded then \$15/\$60/40%/50% (T3 \$250/script max, T4 \$750/script max) <b>Mail:</b> Ded then \$30/\$120/40%/50% (T3 \$500/script max, T4 \$1,500/script max)	

# **PPO HSA** (continued)

#### BRONZE

#### PRODUCT NAME

#### **PPO HSA 5000**

MD000005222, RX0000001912

#### BRONZE

#### PPO HSA 6500

MD0000005224, RX0000001915

	In-Network	Out-of-Network	In-Network	Out-of-Network
OFFICE VISIT	Ded then 50%	Ded then 50%	Ded then 10%	Ded then 50%
DEDUCTIBLE	\$5,000/\$10,000	\$10,000/\$20,000	\$6,500/\$13,000	\$13,000/\$26,000
ANNUAL OUT OF POCKET MAX	\$6,650/\$13,300	\$13,300/\$26,600	\$6,900/\$13,800	\$27,600/\$55,200
COINSURANCE	50%	50%	10%	50%
EMERGENCY ROOM	Ded then 50%		Ded then 10%	
HOSPITAL-BASED URGENT CARE	Ded then 50%	Ded then 50%	Ded then 10%	Ded then 50%
FREESTANDING URGENT CARE	Ded then 50%	Ded then 50%	Ded then 10%	Ded then 50%
CONVENIENCE CARE	Ded then 50%	Ded then 50%	Ded then 10%	Ded then 50%
INPATIENT	Ded then 50%	Ded then 50%	Ded then 10%	Ded then 50%
DAY SURGERY	Ded then 50%	Ded then 50%	Ded then 10%	Ded then 50%
LABS	Ded then 50%	Ded then 50%	Ded then 10%	Ded then 50%
X-RAYS	Ded then 50%	Ded then 50%	Ded then 10%	Ded then 50%
SCANS: CT, MRI, PET	Ded then 50%	Ded then 50%	Ded then 10%	Ded then 50%
PT/OT/ST	Ded then 50%	Ded then 50%	Ded then 10%	Ded then 50%
ACUPUNCTURE	Ded then 50%	Ded then 50%	Ded then 10%	Ded then 50%
RX COST SHARING	<b>Retail:</b> Ded then \$15/\$60/40%/50% (T3 \$250/script max, T4 \$750/script max) <b>Mail:</b> Ded then \$30/\$120/40%50% (T3 \$500/script max, T4 \$1,500/script max)		<b>Retail:</b> Ded then \$15/\$60/40%/50% (T3 \$250/script max, T4 \$750/script max) <b>Mail:</b> Ded then \$30/\$120/40%/50% (T3 \$500/script max, T4 \$1,500/script max)	

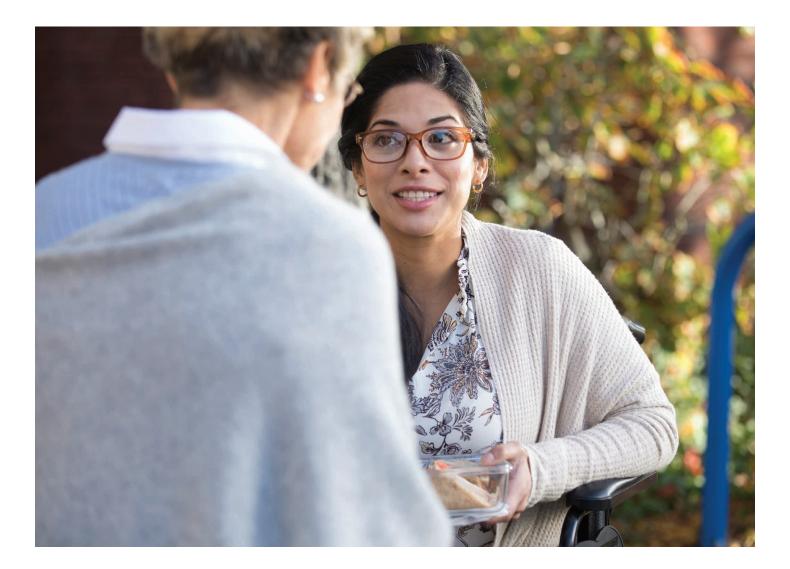
### harvardpilgrim.org/broker:

Your one-stop shop for plans, details, tools and services.

Our online platform makes it easy to get instant, accurate quotes for new business and renewals and to help manage your clients.

#### Access Harvard Pilgrim Online Quoting (HPOQ) 24/7 to:

- Receive instant quotes
- Print or email directly to your clients
- View product highlights or detailed Summaries of Benefits and Coverage (SBCs) and Schedules of Benefits
- Manage group and census data
- Get instant rates for updated census data
- Create professional proposals for your clients



### Get started with Harvard Pilgrim Online Quoting and Renewals

Contact Broker Relations at (800) 424-7285.

After registering, visit **harvardpilgrim.org/broker**.

Click **Broker Login** in the upper right corner.

Log in with your username and password.

Click Access Harvard Pilgrim Online Quoting.

Under the appropriate state, click **New Business** to create a new customer quote. Click **Renewals** to renew an existing customer account.

### Need help?

If you have trouble accessing the Online Quoting and Renewal system or have other issues, call the Broker Service Center at **(800) 424-7285**.

### How to access Summaries of Benefits and Coverage online

You can access more information about the benefits at **harvardpilgrim.org/broker**.



## **Business rules**

Harvard Pilgrim reserves the right to change premium rates at any time before the effective date of the policy if there is a change in applicable state laws or regulations. Changes to rates after the effective date of coverage are governed by the employer agreement.

#### All 2020 Small Group plans are plan year.

#### Minimum number of participating subscribers:

# Eligible Employees	Minimum Subscriber Enrollment Requirements in Harvard Pilgrim Commercial Products
1 – 4	100%
5 - 50	65%

All eligible employees of a sold small group who are not participating in a Harvard Pilgrim plan are required to complete and sign a waiver form.

Waivers due to Spouse, Dependent, Medicare, Medicaid and Military coverage are acceptable waivers and are excluded from the participation calculation.

Waivers due to coverage through a second employer are considered acceptable waivers and are excluded from the participation calculation.

Waivers due to individual/non group policies through the Exchange and coverage through a second employer are considered acceptable waivers and are excluded from the participation calculation.

Waivers due to Veterans Coverage or individual/non group not through the Exchange are not considered acceptable waivers and are included in the participation calculation.

#### Side-by-side rules:

The following rules apply for determining allowable sideby-side options:

- 1) The maximum number of plans that can be sold to a group is 3.
- 2) An account cannot offer the same plan design configured with and without HRA or HSA funding side-by-side

#### Extraterritorial Locations:

All quotes are contingent upon state eligibility requirements concerning employee residency and employer office locations. For each new group enrollment or annual renewal, employers must disclose to Harvard Pilgrim Health Care all out-of-state office locations and the state residency for each subscriber at those locations.

### Preventive Medications with a High Deductible Health Plan:

If a member has a high deductible health plan, the deductible may not apply to certain medications used for preventive care. Please see the ID card and Schedule of Benefits to determine if a member has this coverage. The ID card will include the words "Preventive Drug Benefit" if a member has this coverage. If a plan exempts preventive medications from the deductible and the health care provider prescribes one of the designated preventive medications, the deductible will not apply to that prescription. However, a member will be required to pay the applicable coinsurance amount for the drug. The plan may change the listing of designated preventive medications from time to time. For a current list of designated preventive medications, please visit our web site at harvardpilgrim.org.

#### Essential Health Benefit Pediatric Dental Coverage:

Pediatric dental services are required by the Patient Protection and Affordable Care Act. If an employer group purchases health plan coverage provided by Harvard Pilgrim or its affiliates (the "health plan") that DOES NOT include coverage for pediatric dental services, then by purchasing the health plan, the employer declares that it is aware that the health plan does not include pediatric dental coverage and that the employer is aware that a certified pediatric dental plan is available on or off the Exchange. Upon request, the employer group agrees to provide Harvard Pilgrim with documentation necessary to verify that each person covered under the Health Plan is also covered by the dental plan.

#### Embedded Deductibles:

Embedded deductible refers to a family plan that has two deductible components, an individual deductible and a family deductible. The maximum contribution by an individual toward the family deductible is limited to the individual deductible amount and allows for the individual to receive benefits before the family component is met. When any number of members collectively meet the family deductible, services for the entire family are covered for the remainder of the year.

#### Out-of-area Dependents:

For 2020, out-of-area dependents on an HMO plan will have coverage for urgent and emergent care only.

# Important legal information

#### What's not covered in our plans

#### For a full list of services not covered, please refer to plan documents. Typically, exclusions include:

#### CT HMO and PPO

- Alternative services and treatments
- Dental care, except as described in the policy
- Any devices or special equipment needed for sports or occupational purposes
- Experimental, unproven, or investigational services or treatments
- Routine foot care, except for preventive foot care for members with diabetes
- Educational services or testing
- Cosmetic services or treatment
- Commercial diet plans and weight loss programs
- Nutritional or cosmetic therapy using vitamins, minerals or elements, and other nutrition-based therapy
- Charges for services, which were provided after the date on which membership ends
- Charges for any products or services related to non-covered benefits

#### Limitations for Connecticut Small Group Plans

- Chiropractic 40 visits per year
- Acupuncture 20 visits per year
- Early intervention No benefit limit
- Therapy services Physical therapy, speech therapy and occupational therapy – 60 combined visits per year
- Skilled nursing facility and inpatient rehabilitation 90 days per year combined
- Routine eye exam 1 exam per year

#### General Notice About Nondiscrimination and Accessibility Requirements

Harvard Pilgrim Health Care complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Harvard Pilgrim Health Care does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

#### Harvard Pilgrim Health Care:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that Harvard Pilgrim Health Care has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: Civil Rights Compliance Officer, 93 Worcester St., Wellesley, MA 02481, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: civil\_rights@ harvardpilgrim.org. You can file a grievance in person or by mail,

- Services or supplies provided by (1) anyone related to member by blood, marriage or adoption, or (2) anyone who ordinarily lives with the member
- Infertility treatment for members who are not medically infertile
- Costs for any services for which a member is entitled to treatment at government expense
- Costs for services for which payment is required to be made by a workers' compensation plan or an employer under state or federal law
- Custodial care
- Private duty nursing
- Vision services, except as described in the policy
- Services that are not Medically Necessary
- Transportation other than by ambulance
- (HMO ONLY) Delivery outside the Service Area after the 37th week of pregnancy, or after the member has been told that she is at risk for early delivery
- Bariatric surgery

fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

# Important legal information

#### Language Assistance Services

**Español (Spanish)** ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-888-333-4742 (TTY: 711).

**Português (Portuguese)** ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-888-333-4742 (TTY: 711).

**Kreyòl Ayisyen (French Creole)** ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-888-333-4742 (TTY: 711).

**繁體中文 (Traditional Chinese)** 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-

888-333-4742 ( TTY : 711 ) 。

**Tiếng Việt (Vietnamese)** CHÚ Ý: Nếu quí vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quí vị miễn phí. Gọi số 1-888-333-4742 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-333-4742 (телетайп: 711).

(Arabic) العربية

إنتباه: إذا أنت تتكلم أللغة العربية ، خَدَمات المساعدة اللغوية مُتَوفرة لك مَجانا. ترتصل على 4742-388-1 888 ( ( TTY: 711 )

**ខ្មែរ (Cambodian)** ្រសុំដូនដំណឹង៖ បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ដូនលោកអ្នកដោយ តតគិតថ្លៃ។។ ចូរ ទូរស័ព្ទ 1-888-333-4742 (TTY: 711)។

**Français (French)** ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-333-4742 (ATS: 711).

**Italiano (Italian)** ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-888-333-4742 (TTY: 711).

**한국어 (Korean)** '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-333-4742 (TTY: 711) 번으로 전화해 주십시오.

**ελληνικά (Greek)** ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-888-333-4742 (TTY: 711).

**Polski (Polish)** UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-888-333-4742 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्त में उपलब्ध है.

जानकारी के लिये फोन करे. 1-888-333-4742 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હો તો આપને માટે ભાષાકીય સહ્રાય તદ્દન મફત

ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-888-333-4742 (TTY: 711)

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-888-333-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-888-333-4742 (TTY: 711).

## **Contact us**



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of Connecticut, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

185 Asylum Street, Hartford CT 06103 myserviceteam@harvardpilgrim.org harvardpilgrim.org Brokers: (800) 424-7285 Employers: (800) 637-4751