

## **Building Healthy Communities:** New Hampshire 2019

## **Our Regional Impact**

4,241

HARVARD PILGRIM EMPLOYEE SERVICE HOURS HELPING LOCAL COMMUNITIES IN REGION

\$4 million VALUE OF THE FOUNDATION'S CHARITABLE GIVING AND SERVICE

96%

HARVARD PILGRIM EMPLOYEES WHO PARTICIPATED IN AT LEAST ONE SERVICE OR GIVING ACTIVITY

Harvard Pilgrim Foundation Investments in New Hampshire:



\$313,511



\$390,929



**TOTAL GRANTS &** 

\$704,440



TOTAL VOLUNTEER SERVICE HOURS

280



## 2019 Impact

**Healthy Food Fund Grants:** The Foundation awarded \$95,000 in first-year grants to Gather, Greater Nashua Food Council, Taproot, and Willing Hands to grow, glean, and distribute fresh, local food.

Harvard Pilgrim Community Spirit 9/11 Mini-Grants Program: Every Harvard Pilgrim employee can designate a \$500 grant, funded by the Foundation, to the nonprofit of his or her choice. A total of \$21,900 was distributed through 44 mini-grants in New Hampshire.

## Mobile Farmers' Market (Seacoast and Manchester):

With the Foundation's ongoing grant support of \$30,000 in 2019, the Seacoast Area Mobile Market ensured area residents in Dover, Farmington, Milton and Rochester had access to fresh, healthy food. A \$60,000 grant to the Organization for Refugee and Immigrant Success (ORIS) helped launch a year-round mobile produce market delivering fresh food to low-income neighborhoods in Manchester.

Helping Older Adults: The Foundation provided a training grant to Elder Services of Merrimack Valley's Healthy Living Center of Excellence to provide training to support family caregivers of Alzheimer's patients and Matter of Balance workshops for older adults to prevent falls.

NH Food Bank: Thanks to a \$25,000 grant from the Foundation, the New Hampshire Food Bank launched a North Country Fresh Food project to deliver more fresh, nutritious food to those in need in Northern New Hampshire through expansion of the Fresh Food Pantry, North Country Farmers' Cooperative, and Mobile Food Pantries.

**Employee Service:** Volunteers from Harvard Pilgrim, Dartmouth Hitchcock, and City Year cleared trails, built picnic tables and raised garden beds, and hosted healthy eating demonstrations at Cullerot Park in Manchester.





**Granite United Way:** Manchester improvement projects.

**City Year NH:** Corps member support to improve Manchester public school graduation rates.

Amoskeag Health, Easterseals New Hampshire,
Reality Check Recovery Coach Program, and
Safe Harbor Recovery Center: Opioid prevention
and treatment.

**NH Charitable Foundation:** Opioid prevention and treatment



Harvard Pilgrim Health Care Foundation 93 Worcester Street, Wellesley, MA 02481 650 Elm Street, Manchester, NH 03101