

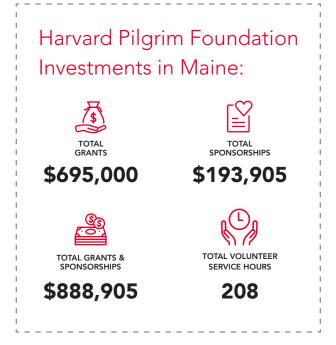
Building Healthy Communities: Maine 2019

Our Regional Impact

HARVARD PILGRIM EMPLOYEE SERVICE HOURS 4,241 HELPING LOCAL COMMUNITIES IN REGION

\$4 million VALUE OF THE FOUNDATION'S CHARITABLE GIVING AND SERVICE

HARVARD PILGRIM EMPLOYEES WHO PARTICIPATED 96% IN AT LEAST ONE SERVICE OR GIVING ACTIVITY





Read on for more details.

Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of Connecticut, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

2019 Impact in Maine

Healthy Food Fund Grants: The Foundation awarded \$125,000 in first-year grants to Alan Day Community Garden, Cumberland County Food Security, Healthy Acadia, Penquis CAP, and Twin Villages Foodbank Farm to grow, glean, and distribute fresh, local food.

Harvard Pilgrim Community Spirit 9/11 Mini-Grants Program: Every Harvard Pilgrim employee can designate a \$500 grant, funded by the Foundation, to the nonprofit of his or her choice. A total of \$15,550 was distributed through 31 mini-grants in Maine.

Good Food Bus: With the Foundation's ongoing grant support of \$30,000, the St. Mary's Nutrition Center's Good Food Bus ensured Lewiston/Auburn area residents had access to fresh, healthy food.

Helping Caregivers of Older Adults with

Alzheimer's: The Foundation provided a training grant to Elder Services of Merrimack Valley's Healthy Living Center of Excellence and Southern Maine Agency of Aging to provide training to support family caregivers of Alzheimer's patients and Matter of Balance workshops for older adults to prevent falls.

Ocean Ave Elementary School: More than 50 volunteers from Harvard Pilgrim, the American Heart Association, Let's Go!, and the Maine Red Claws built garden beds, painted murals, landscaped the outdoor areas, and held healthy eating workshops for 3rd grade students.



WinterKids: Helping children develop healthy lifelong habits

York County Shelter Programs: Committed to ending homelessness and providing housing, job skills training, food, mental health and addiction services.

Mid Coast Hunger Prevention Program: Providing access to healthy food

Preble Street: Providing services for those experiencing homelessness, hunger, and poverty.

Equality Maine: Securing full equality for lesbian, gay, bisexual, and transgender people in Maine

Woodfords Family Services: Supporting inclusion of people with special needs and their families.





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