Building Healthy Communities: Maine 2018

Our Regional Impact

3,824 HARVARD PILGRIM EMPLOYEE SERVICE HOURS HELPING LOCAL COMMUNITIES IN REGION

$3 million VALUE OF THE FOUNDATION’S CHARITABLE GIVING AND SERVICE

96% HARVARD PILGRIM EMPLOYEES WHO PARTICIPATED IN AT LEAST ONE SERVICE OR GIVING ACTIVITY

Harvard Pilgrim Foundation Investments in Maine:

<table>
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<tr>
<th>TOTAL GRANTS</th>
<th>TOTAL SPONSORSHIPS</th>
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<td>$181,000</td>
<td>$277,000</td>
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<table>
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<tr>
<th>TOTAL GRANTS &amp; SPONSORSHIPS</th>
<th>TOTAL VOLUNTEER SERVICE HOURS</th>
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<tr>
<td>$458,000</td>
<td>120</td>
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Read on for more details.

2018 Impact in Maine

Harvard Pilgrim Community Spirit 9/11 Mini-Grants Program: Every Harvard Pilgrim employee can designate a $500 grant, funded by the Foundation, to the nonprofit of his or her choice. A total of $18,500 was distributed through 37 mini-grants in Maine.

Healthy Food Fund Grants: The Foundation awarded nearly $150,000 in third-year grants to Cultivating Community, Healthy Communities of the Capital Area, Maine Farmland Trust, and Wolfe’s Neck Farm to grow, distribute, or market fresh, local food.

Good Food Bus: With the Foundation’s ongoing support of a $60,000 grant, the St. Mary’s Nutrition Center’s Good Food Bus grew sales by 15%, ensuring Lewiston/Auburn area residents had access to fresh, healthy food.

Helping Caregivers of Older Adults with Alzheimer’s: The Foundation provided a training grant to the Southern Maine Agency on Aging to support family caregivers of Alzheimer’s patients.

Sagamore Village: More than 40 volunteers from Harvard Pilgrim, the American Heart Association, Let’s Go!, and the Maine Red Claws built garden beds and enhanced the facility at the Boys & Girls Club at the 600+ resident housing complex of the Portland Housing Authority.

Civic Engagement

Good Shepherd Food Bank of Maine: Helping eliminate hunger by sourcing and distributing nutritious food to people in need and building strong community partnerships.

Moving ME Forward: Promoting community health and fitness changes in the Lewiston-Auburn region.

Maine Association of Nonprofits: Supporting Maine nonprofit organizations at the forefront of issues and opportunities that will determine Maine’s future prosperity.

The Center for Grieving Children: Providing support during grief and loss, and fostering resilience and emotional well-being for Maine’s children and families.

Jobs for Maine’s Graduates: Partnering with Maine’s public middle and high schools, community colleges and the state university system to help students reach their fullest potential.