



New Hampshire Behavioral Health Emergency Services (ES)

Emergency Services for children, adolescents and adults are available 24 hours a day, every day, to provide behavioral health assessment, consultation, mobile crisis intervention and support for New Hampshire residents in the community and at Emergency Services community based locations.

All New Hampshire Emergency Services Programs are affiliated with Optum contracted Community Mental Health Centers that offer a range of Outpatient Services including counseling and medication management. It is recommended that patients, Primary Care Physicians and providers call the Emergency Services telephone number in the designated county for triage and assessment.

Belknap County		
Lakes Region Mental Health Center	Alton, Barnstead, Belmont, Center Harbor, Gilford, Gilmanton, Laconia, Meredith, New Hampton, Sanbornton, Tilton	24-hour access number: (603) 528-0305
Carroll County		
Northern Human Services	Albany, Bartlett, Brookfield, Chatham, Conway, Eaton, Effingham, Freedom, Hale's Location, Hart's Location, Jackson, Madison, Moultonborough, Ossipee, Sanbornville, Sandwich, Tamworth, Tuftonboro, Wakefield, Wolfeboro	24-hour access number (Conway): The Mental Health Center at 25 West Main Street (603) 447-2111 24-hour access number (Wolfeboro): The Mental Health Center at 70 Bay Street (603) 569-1884
Cheshire County		
Monadnock Family Services	Alstead, Chesterfield, Dublin, Fitzwilliam, Gilsum, Harrisville, Hinsdale, Jaffrey, Keene, Marlborough, Marlow, Nelson, Richmond, Rindge, Roxbury, Stoddard, Sullivan, Surry, Swanzey, Troy, Walpole, Westmoreland, Winchester	24-hour access number: (603) 357-4400
Coos County		
Northern Human Services	Berlin, Carroll, Clarksville, Colebrook, Columbia, Dalton, Dixville, Dixville Notch, Dummer, Errol, Gorham, Groveton, Jefferson, Lancaster, Milan, Northumberland, Pittsburg, Randolph, Shelburne, Stark, Stewartstown, Stratford, Success, Wentworth, Whitefield	24-hour access number (Berlin): The Mental Health Center at 3 Twelfth Street (603) 752-7404 24-hour access number (Colebrook): The Mental Health Center at 55 Colby Street (603) 237-4955

Grafton County

Northern Human Services	Alexandria, Ashland, Bath, Benton, Bethlehem, Bridgewater, Bristol, Campton, Canaan, Dorchester, Easton, Ellsworth, Enfield, Franconia, Grafton, Groton, Hanover, Haverhill, Hebron, Holderness, Landaff, Lebanon, Lincoln, Lisbon, Littleton, Livermore, Lyman, Lyme, Monroe, Orange, Orford, Piermont, Plymouth, Rumney, Sugar Hill, Thornton, Warren, Waterville Valley, Wentworth, Woodsville, Woodstock	24-hour access number (Littleton): White Mountain Mental Health at 29 Maple Street (603) 444-5358
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Hillsborough County

The Mental Health Center of Greater Manchester	Amherst, Antrim, Bedford, Bennington, Brookline, Deering, Frankestown, Goffstown, Greenfield, Greenville, Hancock, Hillsborough, Hollis, Hudson, Litchfield, Lyndeborough, Manchester, Mason, Merrimack, Milford, Mont Vernon, Nashua, New Boston, New Ipswich, Old Dunstable, Pelham, Peterborough, Sharon, Temple, Weare, Wilton, Windsor	24-hour access number: (800) 688-3544
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Merrimack County

Riverbend Community Mental Health	Allentown, Andover, Blodgett Landing, Boscawen, Bow, Bradford, Canterbury, Chichester, Concord, Danbury, Dunbarton, Epsom, Franklin, Henniker, Hill, Hookset, Hopkinton, Loudon, New Loudon, Newbury, Northfield, Pembroke, Pittsfield, Salisbury, Suncook, Sutton, Warner, Webster, Wilmont	24-hour access number: (844) 743-5748
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Rockingham County

Center for Life Management	Atkinson, Chester, Danville, Derry, Hampstead, Newton, Pelham, Plaistow, Sandown, Salem, Windham	24-hour access number: (603) 434-1577; Option 1
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Rockingham County

Seacoast Mental Health Center	Brentwood, Deerfield, East Kingston, Epping, Exeter, Fremont, Greenland, Hampton, Hampton Falls, Kensington, Kingston, Londonderry, New Castle, Newington, Newmarket, North Hampton, Northwood,	24-hour access number: (603) 431-6703 (Portsmouth Office) 24-hour access number: (603) 772-2710 (Exeter Office)
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	Nottingham, Portsmouth, Raymond, Rye, Seabrook, South Hampton, Stratham	
Strafford County		
Behavioral Health & Developmental Services of Strafford County	Barrington, Dover, Durham, Farmington, Lee, Madbury, Middleton, Milton, New Durham, Rochester, Rollinsford, Somersworth, Strafford	24-hour access number: (603) 516-9300