

## **SPECIALTY GUIDELINE MANAGEMENT**

### **BEBULIN, PROFILNINE (factor IX complex [human])**

#### **POLICY**

##### **A. INDICATIONS**

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

##### FDA-Approved Indication

- Hemophilia B

##### Compendial Uses

- Bleeding due to low levels of liver-dependent coagulation factors
- Factor X deficiency (Bebulin only)
- Factor II deficiency (Profilnine only)

All other indications are considered experimental/investigational and are not a covered benefit.

##### **B. REQUIRED DOCUMENTATION**

The following information is necessary to initiate the prior authorization review:

- Laboratory documentation of the most recent Bethesda titer in members with hemophilia B and inhibitors to factor IX

##### **C. CRITERIA FOR APPROVAL**

###### **1. Hemophilia B**

Authorization for 12 months may be granted to members prescribed Bebulin or Profilnine for hemophilia B when EITHER of the following criteria is met:

- a. Member has no inhibitors to factor IX
- b. Member has inhibitors to factor IX (see Appendix) and the inhibitor titer is <5 Bethesda units per milliliter<sup>5,8</sup>

###### **2. Bleeding Due to Low Levels of Liver-dependent Coagulation Factors**

Authorization for 12 months may be granted to members prescribed Bebulin or Profilnine for bleeding due to low levels of liver-dependent coagulation factors.

###### **3. Factor X Deficiency**

Authorization for 12 months may be granted to members prescribed Bebulin for factor X deficiency.<sup>3,5-7</sup>

###### **4. Factor II Deficiency**

Authorization for 12 months may be granted to members prescribed Profilnine for factor II deficiency.<sup>3,5,6</sup>

##### **D. CONTINUATION OF THERAPY**

All members (including new members) requesting authorization for continuation of therapy must meet ALL initial authorization criteria.

##### **E. DOSAGE AND ADMINISTRATION**

Approvals may be subject to dosing limits in accordance with FDA-approved labeling, accepted compendia, and/or evidence-based practice guidelines.

**F. APPENDIX**

**Appendix: Inhibitors - Bethesda Units (BU)**

The presence of inhibitors is confirmed by a specific blood test called the Bethesda inhibitor assay.

- High-titer inhibitors:
  - $\geq 5$  BU/mL
  - Inhibitors act strongly and quickly neutralize factor
- Low-titer inhibitors:
  - $< 5$  BU/mL
  - Inhibitors act weakly and slowly neutralize factor

**REFERENCES**

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3. Micromedex Solutions [database online]. Ann Arbor, MI: Truven Health Analytics Inc. Updated periodically. [www.micromedexsolutions.com](http://www.micromedexsolutions.com) [available with subscription]. Accessed December 18, 2015.
4. Clinical Consult: CVS Caremark Clinical Programs Review. Focus on Hemophilia Agents; November 2006.
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6. Clinical Consult. CVS Caremark. Clinical Programs Review. Focus on Bleeding Disorder Programs; June 2014.
7. Brown DL, Kouides PA. Diagnosis and treatment of inherited factor X deficiency. *Haemophilia*. 2008;14:1176-1182.
8. *Guidelines for the Management of Hemophilia*. Montreal, Canada: World Federation of Hemophilia, 2012. <http://www1.wfh.org/publications/files/pdf-1472.pdf>. Accessed December 22, 2015.