

# Enhanced Reimbursement Programs

## Get up to \$550 per calendar year

Everyone loves extras — especially when they can help you save money and feel your best. That's why the City of Worcester is providing **two reimbursement opportunities** through Harvard Pilgrim Health Care.<sup>1</sup>



### Weight Management

Get up to \$150 reimbursement for fees paid for qualifying weight management programs, which include:

- WW (Weight Watchers)<sup>®</sup> digital and workshop programs
- Hospital-based weight loss programs

Any combination of subscriber, spouse or dependent is eligible for reimbursement.



### New: Wellness Reimbursement

Get reimbursed for fees you pay toward wellness activities. Up to two covered members on a family plan can be reimbursed for up to \$200 each, for a maximum reimbursement of \$400. Any combination of subscriber, spouse or dependent is eligible for reimbursement. For plans with one covered member, the maximum reimbursement amount is \$200 per calendar year.

#### What qualifies for reimbursement?

- Membership fees to gyms or fitness facilities
- Virtual fitness class subscriptions
- Cardiovascular and strength training equipment
- Seasonal town, club or school athletic fees
- Studios or facilities that offer membership or tuition (e.g., dance, gymnastics, swimming, martial arts, spinning, kickboxing, CrossFit, strength training, tennis, indoor rock climbing, and personal training taught by a certified instructor)
- Select nutrition programs, including PlateJoy, MyPlate Calorie Counter, Wondr, Noom, Eat Right Now, Weight Watchers, Savory Living, My Fitness Pal, Lose It!, EatLove, Stronger U, and The Dinner Daily
- Select mindfulness meditation programs, including Calm, Ten Percent Happier, Headspace, The Mindfulness App, Meditation Studio, and Insight Timer



<sup>1</sup> Must be currently enrolled in Harvard Pilgrim at the time of reimbursement for at least four months within a calendar year. Restrictions apply. Reimbursement may be considered taxable income. Members should consult their employer or tax advisor.

# How to get reimbursed

You can easily request reimbursement at [harvardpilgrim.org/cityofworchester](https://harvardpilgrim.org/cityofworchester)

## Fitness reimbursement

Pay up to four months of your membership, subscription fees, or after purchase of qualified cardiovascular or strength training equipment.

After four months of Harvard Pilgrim membership, you can complete the Wellness Reimbursement Form. Either click on the link to submit your request online or complete the paper form and mail to the address on the form, along with a copy of your receipts

## Weight management reimbursement

After you enroll in and pay for an approved weight management program, you can complete the Weight Management Reimbursement Form. Either click on the link to submit your request online or complete the paper form and mail to the address on the form, along with a copy of your receipts.

Once you submit your request, reimbursement takes up to eight weeks. We'll send a check to the subscriber's address of record, made payable to the subscriber.

