



Weight Management Rewards

Depending on your plan and employer, you can get money back on a weight management program. Make sure to check your benefits to determine which weight management rebates are available to you.

Qualifying weight management programs include:

- **Jenny Craig**
- **Weight Watchers and Weight Watchers at Work**
- **Hospital-based weight loss programs**
 - The reimbursement applies once per benefit year, per family.
 - The reimbursement applies to Jenny Craig and Weight Watchers programs, OR 50% of the initial evaluation fee for specified medical facility-based weight loss programs.
 - The reimbursement does not apply to the cost of food.
 - Members would have the option to submit for one of the above options, no combination of reimbursements would be permitted.
 - Fees for individual nutrition counseling sessions, food, books, videos, scales, or other items not included as part of the fee for the course or class do not qualify for the reimbursement.



Your rebate:

Submit your rebate form online at: mytuftshealthplan.com under the Forms tab. Or, you can mail in the rebate form on the reverse side.

For more information about the weight management rebate, please contact Member Services at 800.462.0224.

