ID: MD0000201127

# **Schedule of Benefits**

Harvard Pilgrim Health Care, Inc. PPO HSA 2000 - FLEX MASSACHUSETTS

This Schedule of Benefits states any Benefit Limits and the Member Cost Sharing amounts you must pay for Covered Benefits. However, it is only a summary of your benefits. Please see your Benefit Handbook for details. Your Member Cost Sharing may include a Deductible, Coinsurance, and Copayments. Please see the tables below for details.

# There are two levels of coverage - In-Network and Out-of-Network

**In-Network** coverage applies when you use a Plan Provider for Covered Benefits.

**Out-of-Network** coverage applies when you use a Non-Plan Provider for Covered Benefits. If a Non-Plan Provider charges any amount in excess of the Allowed Amount, you are responsible for the excess amount.

In a Medical Emergency, you should go to the nearest emergency facility or call 911 or other local emergency access number. Your emergency room Member Cost Sharing is listed in the tables below.

# **Prior Approval**

Prior Approval is required for certain benefits. Before you receive services from a Non-Plan Provider or a Plan Provider outside the Service Area, please refer to our website, www.harvardpilgrim.org or contact the Member Services Department at 1-888-333-4742 if you are covered under an Employer Group plan or 1-877-907-4742 if you are covered under an Individual Member plan for the complete listing of services that require Prior Approval. To obtain Prior Approval please call:

- 1-800-708-4414 for medical services
- 1-888-333-4742 for Medical Drugs
- 1-800-708-4414 for mental health and substance use disorder treatment

More information about Prior Approval can be found on our website, www.harvardpilgrim.org and in your Benefit Handbook.

# **Medical Necessity Guidelines**

We use clinical review criteria to evaluate whether certain services or procedures are Medically Necessary for a Member's care. Members or their practitioners may obtain a copy of our Medical Necessity Guidelines on our website at www.harvardpilgrim.org or by calling the Member Services Department at 1-888-333-4742 if you are covered under an Employer Group plan or 1-877-907-4742 if you are covered under an Individual Member plan.

### **Flex Providers**

This Plan includes Flex Providers. A Flex Provider is a Plan Provider who provides certain outpatient services with lower Member Cost Sharing. When you receive these Covered Benefits from a Flex Provider you will pay a lower Member Cost Sharing amount than if you received the same Covered Benefit from a provider that is not listed as a Flex Provider. The table below identifies the outpatient services which may be obtained from a Flex Provider and the applicable Member Cost Sharing.

**EFFECTIVE DATE: 01/01/2024** 

**FORM** #2909

The Plan's Provider Directory lists all Plan Providers including those providers listed as a Flex Provider. You can access the Provider Directory at **www.harvardpilgrim.org**. You may also obtain a paper copy free of charge by calling the Member Services Department.

# **Office Visit Cost Sharing Levels**

Office visit cost sharing may include Copayments, Coinsurance, or Deductible amounts, as described throughout this Schedule of Benefits. There are two types of In-Network office visit cost sharing that apply to your Plan: a lower cost sharing, known as "Level 1," and a higher cost sharing known as "Level 2."

Level 1 applies to covered outpatient professional services received from the following types of providers: all Primary Care Providers (PCPs); obstetricians and gynecologists; Licensed Mental Health Professionals; certified nurse midwives; and nurse practitioners who bill independently.

Level 2 applies to covered outpatient professional services received from specialty care providers.

Your Plan may have other cost sharing amounts. Please see the benefit table below for specific cost sharing requirements.

### **Covered Benefits**

Your Covered Benefits are administered on a Plan Year basis. If you are covered under an Individual Member Plan, your Plan Year begins on January 1. If you are covered under an Employer Group Plan, your Plan Year begins on your Employer's Anniversary Date. Please see your Benefit Handbook for more details. If you do not know your Employer's Anniversary Date, please contact your Employer's benefits office or call the Member Services Department at 1-888-333-4742.

Your Member Cost Sharing will depend upon the type of service provided and the location the service is provided in, as listed in this Schedule of Benefits. For example, for services provided in a physician's office, see "Physician and Other Professional Office Visits." For services provided in a hospital emergency room, see "Emergency Room Care," and for outpatient surgical procedures, please see "Surgery - Outpatient."

When you receive a service at your home (other than home health care), your Member Cost Sharing will be the same as when the service is provided in an office or facility. For example, if you have a physician visit in your home, see "Physician and Other Professional Office Visits." If you have blood drawn at home, see "Laboratory, Radiology and Other Diagnostic Services."

General Cost Sharing Features:	In-Network Member Cost Sharing:	Out-of-Network Member Cost Sharing:
Coinsurance and Copayments		
	See the benefits table below	
Deductible		
The following Deductibles apply to all services except where specifically noted below.	\$2,000 for Individual Coverage per Plan Year \$4,000 for Family Coverage per Plan Year	\$4,000 for Individual Coverage per Plan Year \$8,000 for Family Coverage per Plan Year
<b>Important Notice:</b> If you have Individual Family Coverage Deductible will never ap Deductible may be met by any combination Deductible will never apply). Once a Deductible is met, coverage by the apply.	oply). If you have Family Coverage on of covered family Members	ge, the Family Coverage (the Individual Coverage

General Cost Sharing Features:	In-Network Member Cost Sharing:	Out-of-Network Member Cost Sharing:
Out-of-Pocket Maximum		
Includes all In-Network and Out-of- Network Member Cost Sharing except: – Any charges above the Allowed Amount and any penalty for failure to receive Prior Approval when using Non-Plan Providers	\$7,050 for Individual Coverage per Plan Year \$14,100 for Family Coverage per Plan Year – with a \$7,050 embedded individual Out-of-Pocket Maximum per Plan Year	\$14,100 for Individual Coverage per Plan Year \$28,200 for Family Coverage per Plan Year – with a \$14,100 embedded individual Out-of-Pocket Maximum per Plan Year
<ul> <li>Important Notice: If you have Individual applies (the Family Coverage Out-of-Pocket Maxima.</li> <li>If a Member of a covered family meeting Member has no additional Member Companion.</li> <li>If any number of Members in a covered Maximum, then all Members of the covered maximum, then all Members of the covered maximum.</li> </ul>	et Maximum will never apply). In the case of the case	f you have Family Coverage, wo ways: -of-Pocket Maximum, then that f the Plan Year. family Coverage Out-of-Pocket al Member Cost Sharing for the

individual Out-of-Pocket Maximum amount toward the Family Coverage Out-of-Pocket Maximum.		
Out-of-Network Penalty Payment		
Applies when the Member fails to obtain required Prior Approval for services from a Non-Plan Provider. Does not count toward the Deductible or Out-of-Pocket Maximum	\$500	

e, then \$50 nt per visit e, then no charge e, then no charge e, then no charge	Deductible, then 20% Coinsurance  Same as In-Network Same as In-Network
e, then no charge e, then no charge	Same as In-Network Same as In-Network
e, then no charge	Same as In-Network
e, then no charge	Same as In-Network
e then no charge	D 1 (11 1 DOO)
c, then no thange	Deductible, then 20% Coinsurance
e, then \$30 nt per visit	Deductible, then 20% Coinsurance
e, then no charge	Deductible, then 20% Coinsurance
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2, 323 change	
_ 	le, then no charge

**FORM** #2909

Benefit:	In-Network Plan Providers Member Cost Sharing:	Out-of-Network Non-Plan Providers Member Cost Sharing:
Extraction of teeth impacted in bone (performed in a physician's office)	Deductible, then no charge	Deductible, then 20% Coinsurance
If your Plan provides coverage for prider for coverage information.	ediatric dental services, pleas	se see your pediatric dental
Dialysis		
	Deductible, then no charge	Deductible, then 20% Coinsurance
Durable Medical Equipment		1
Durable medical equipment	Deductible, then 20% Coinsurance	Deductible, then 20% Coinsurance
Blood glucose monitors, infusion devices, and insulin pumps (including supplies)	Deductible, then no charge	Deductible, then 20% Coinsurance
Oxygen and respiratory equipment	Deductible, then no charge	Deductible, then 20% Coinsurance
Early Intervention Services		
	Deductible, then no charge	Deductible, then 20% Coinsurance
The Plan does not cover the family parti Public Health.	cipation fee required by the Mas	sachusetts Department of
<b>Emergency Admission</b>		
	Deductible, then \$750 Copayment per admission	Same as In-Network
<b>Emergency Room Care</b>		
	Deductible, then \$300 Copayment per visit	Same as In-Network
This Copayment is waived if you are (1) or (2) admitted to the hospital directly for Services," "Observation Services," or "Su to these benefits.	rom the emergency room. Please	see "Hospital - Inpatient
Fertility Services (see the Benefit Handb	ook for details)	
	Your Member Cost Sharing will depend upon where the service is provided, as listed in this Schedule of Benefits. For example, for services provided by a physician, see "Physician and Other Professional Office Visits." For inpatient hospital care, see "Hospital – Inpatient Services."	
Hearing Aids (for Members up to the ag	e of 22)	
<ul> <li>Limited to \$2,000 per hearing aid every 36 months, for each hearing impaired ear</li> </ul>	Deductible, then 20% Coinsurance	Deductible, then 20% Coinsurance
Home Health Care		
	Deductible, then no charge	Deductible, then 20% Coinsurance
If services include the administration of Cost Sharing details.	drugs, please see the benefit for	"Medical Drugs" for Member
Hospice – Outpatient		
•	Deductible, then no charge	Deductible, then 20% Coinsurance

Benefit:	In-Network Plan Providers Member Cost Sharing:	Out-of-Network Non-Plan Providers Member Cost Sharing:
Hospital – Inpatient Services		
Acute hospital care	Deductible, then \$750 Copayment per admission	Deductible, then 20% Coinsurance
Inpatient maternity care	Deductible, then \$750 Copayment per admission	Deductible, then 20% Coinsurance
Inpatient routine nursery care	No charge	Deductible, then 20% Coinsurance
Inpatient rehabilitation	Deductible, then \$750 Copayment per admission	Deductible, then 20% Coinsurance
Skilled nursing facility	Deductible, then \$750 Copayment per admission	Deductible, then 20% Coinsurance
Infertility Services and Treatments (see the	he Benefit Handbook for details	)
Laboratory, Radiology and Other Diagno	Your Member Cost Sharing will service is provided, as listed in example, for services provided and Other Professional Office care, see "Hospital – Inpatient	this Schedule of Benefits. For by a physician, see "Physician Visits." For inpatient hospital
Laboratory Laboratory	Flex Providers	Deductible, then 20%
Laboratory	Deductible, then \$20 Copayment per visit	Coinsurance
	Other Plan Providers Deductible, then \$60 Copayment per visit	
Genetic testing	Deductible, then \$60 Copayment per visit	Deductible, then 20% Coinsurance
Radiology	Deductible, then \$75 Copayment per visit	Deductible, then 20% Coinsurance
Advanced radiology, including CT scans, PET scans, MRI, MRA and nuclear medicine services	In a physician's office or non-hospital affiliated facility Deductible, then \$200 Copayment per procedure In a hospital or hospital	Deductible, then 20% Coinsurance
	<b>affiliated facility</b> Deductible, then \$500 Copayment per procedure	
Other diagnostic services	Deductible, then \$60 Copayment per visit	Deductible, then 20% Coinsurance
Low Protein Foods		
	Deductible, then no charge	Deductible, then 20% Coinsurance
Maternity Care - Outpatient		
Childbirth classes  – Limited to 1 initial childbirth course or 1 refresher course per pregnancy (see the Benefit Handbook for details)	No charge	
Routine outpatient prenatal and postpartum care	No charge	Deductible, then 20% Coinsurance

Benefit:	In-Network Plan Providers Member Cost Sharing:	Out-of-Network Non-Plan Providers Member Cost Sharing:
Routine prenatal and postpartum care is or bundled service. Different Member Co that is billed separately from your routine Member Cost Sharing for services provide Professional Office Visits" and Member C routine service is listed under "Laborator	st Sharing may apply to any spece e outpatient prenatal and postpeced by a specialist is listed under 'ost Sharing for an ultrasound bi	cialized or non-routine service artum care. For example, 'Physician and Other lled as a specialized or non-
Medical Drugs (drugs that cannot be self	-administered)	
Medical drugs received in a physician's office or other outpatient facility	Deductible, then no charge	Deductible, then 20% Coinsurance
Medical drugs received in the home	Deductible, then no charge	Deductible, then 20% Coinsurance
Some Medical Drugs may be supplied by specialty pharmacy, the Member Cost Sha		dical Drugs are supplied by a
Medical Formulas		
	Deductible, then no charge	Deductible, then 20% Coinsurance
Mental Health and Substance Use Disord	er Treatment	
Inpatient services	Deductible, then \$750	Deductible, then 20%
	Copayment per admission	Coinsurance
Intermediate care services	Deductible, then no charge	Deductible, then 20% Coinsurance
Annual mental health wellness examination performed by a licensed mental health professional	No charge	Deductible, then 20% Coinsurance
Please Note: Your annual mental health wellness examination may also be provided by a PCP as part of your annual routine examination for preventive care.		
Outpatient group therapy	Deductible, then \$10 Copayment per visit	Deductible, then 20% Coinsurance
Outpatient treatment, including individual therapy, detoxification and medication management	Deductible, then \$30 Copayment per visit	Deductible, then 20% Coinsurance
Outpatient methadone maintenance	Deductible, then no charge	Deductible, then 20% Coinsurance
Outpatient psychological testing and neuropsychological assessment	Deductible, then \$30 Copayment per visit	Deductible, then 20% Coinsurance
Outpatient telemedicine virtual visit – group therapy	Deductible, then \$10 Copayment per visit	Deductible, then 20% Coinsurance
Outpatient telemedicine virtual visit - including individual therapy, detoxification, and medication management	Deductible, then \$30 Copayment per visit	Deductible, then 20% Coinsurance
Observation Services		
	Deductible, then \$750 Copayment per observation stay	Same as In-Network

Benefit:	In-Network Plan Providers Member Cost Sharing:	Out-of-Network Non-Plan Providers Member Cost Sharing:
Ostomy Supplies		
	Deductible, then 20% Coinsurance	Deductible, then 20% Coinsurance
Physician and Other Professional Office Visits (This includes all covered Providers unless otherwise listed in this Schedule of Benefits.)		
Routine examinations for preventive care, including immunizations	No charge	Deductible, then 20% Coinsurance
Not all <b>In-Network</b> services you receive during your routine exam are covered at no charge. Only preventive services designated under the Patient Protection and Affordable Care Act (PPACA) are covered at no charge. Other services not included under PPACA may be subject to additional cost sharing. For the current list of preventive services covered at no charge under PPACA, please see the Preventive Services Notice on our website at <b>www.harvardpilgrim.org</b> . Please see "Laboratory, Radiology and Other Diagnostic Services" for the Member Cost Sharing that applies to diagnostic services not included on this list.		
Consultations, evaluations, sickness and injury care	Level 1: Deductible, then \$30 Copayment per visit Level 2: Deductible, then \$60 Copayment per visit	Deductible, then 20% Coinsurance
Cost sharing level varies depending on the Schedule of Benefits to determine which may apply. Please refer to the specific be sutures, please refer to office based treat blood drawn, please refer to "Laboratory"	cost sharing level applies. Addit nefit in this Schedule of Benefits ments and procedures below. If	ional Member Cost Sharing s. For example, if you need you need an x-ray or have
Office based treatments and procedures, including, but not limited to administration of injections, casting, suturing and the application of dressings, genetic counseling, nonroutine foot care, and surgical procedures	Deductible, then no charge	Deductible, then 20% Coinsurance
Administration of allergy injections	Deductible, then no charge	Deductible, then 20% Coinsurance
Preventive Services and Tests		•
	No charge	Deductible, then 20% Coinsurance

PPO HSA 2000 - FLEX - MASSACHUSETTS		
Benefit:	In-Network Plan Providers Member Cost Sharing:	Out-of-Network Non-Plan Providers Member Cost Sharing:
Under federal and state law, many preventive services and tests are covered with no Member Cost Sharing, including preventive colonoscopies, certain labs and x-rays, voluntary sterilization for women, and all FDA approved contraceptive devices. For a complete list of covered preventive services, please see the Preventive Services Notice on our website at www.harvardpilgrim.org. You may also get a copy of the Preventive Services Notice by calling the Member Services Department at 1–888–333–4742 if you are covered under an Employer Group plan or 1-877-907-4742 if you are covered under an Individual Member plan. Harvard Pilgrim will add or delete services from this benefit for preventive services and tests in accordance with federal and state guidance.		
The following additional preventive services, tests and devices: alphafetoprotein (AFP), fetal ultrasound, hepatitis C testing, lead level testing, prostate-specific antigen (PSA) screening, routine hemoglobin tests, group B streptococcus (GBS), routine urinalysis, blood pressure monitor, retinopathy screening, and international normalized ratio (INR) testing.	No charge	Deductible, then 20% Coinsurance
Prosthetic Devices		
Debabilitation and Habilitation Comises	Deductible, then 20% Coinsurance	Deductible, then 20% Coinsurance

Prosthetic Devices		
	Deductible, then 20% Coinsurance	Deductible, then 20% Coinsurance
Rehabilitation and Habilitation Services -		Comsurance
Cardiac rehabilitation	Deductible, then \$60 Copayment per visit	Deductible, then 20% Coinsurance
Pulmonary rehabilitation therapy	Deductible, then \$60 Copayment per visit	Deductible, then 20% Coinsurance
Speech-language and hearing services	In a physician's office or non-hospital affiliated facility Deductible, then \$30 Copayment per visit	Deductible, then 20% Coinsurance
	In a hospital or hospital affiliated facility Deductible, then \$60 Copayment per visit	
Occupational therapy  - Rehabilitation Services – limited to 60 visits per Plan Year  - Habilitation Services – limited to 60 visits per Plan Year	In a physician's office or non-hospital affiliated facility Deductible, then \$30 Copayment per visit	Deductible, then 20% Coinsurance
Physical and occupational therapy limits are combined	In a hospital or hospital affiliated facility Deductible, then \$60 Copayment per visit	

Benefit:	In-Network Plan Providers Member Cost Sharing:	Out-of-Network Non-Plan Providers Member Cost Sharing:
Physical therapy  – Rehabilitation Services – limited to 60 visits per Plan Year  – Habilitation Services – limited to 60 visits per Plan Year	In a physician's office or non-hospital affiliated facility Deductible, then \$30 Copayment per visit	Deductible, then 20% Coinsurance
Physical and occupational therapy limits are combined	In a hospital or hospital affiliated facility Deductible, then \$60 Copayment per visit	
Outpatient physical and occupational the the extent Medically Necessary for: (1) ch Spectrum Disorders.		
Scopic Procedures - Outpatient Diagnosti	c and Therapeutic	
Colonoscopy, endoscopy and sigmoidoscopy	Flex Providers Deductible, then \$250 Copayment per visit	Deductible, then 20% Coinsurance
	Other Plan Providers Deductible, then \$500 Copayment per visit	
Member Cost Sharing may apply to service surgery with a Flex provider, but that promise "Laboratory, Radiology and Other Diagnostic services.  Spinal Manipulative Therapy (including of the content of t	ovider sends a specimen out for postic Services" to determine the	oathology, please refer to
Spirial Manipulative Therapy (including c	Deductible, then \$50	Deductible, then 20%
	Copayment per visit	Coinsurance
Surgery – Outpatient		
	Flex Providers Deductible, then \$250 Copayment per visit	Deductible, then 20% Coinsurance
	Other Plan Providers Deductible, then \$500 Copayment per visit	
The lower Flex cost sharing listed above a Member Cost Sharing may apply to service surgery with a Flex provider, but that pro "Laboratory, Radiology and Other Diagnostic services."	res billed from other Providers. Fovider sends a specimen out for p	or example, if you have pathology, please refer to
Telemedicine Virtual Visit Services - Outp	patient	
	Level 1: Deductible, then \$30 Copayment per visit	Deductible, then 20% Coinsurance
	Level 2: Deductible, then \$60 Copayment per visit	
For inpatient hospital care, see "Hospital		aring details.
Urgent Care Services		
Doctor On Demand	Deductible, then no charge	Deductible, then no charge

Benefit:	In-Network Plan Providers Member Cost Sharing:	Out-of-Network Non-Plan Providers Member Cost Sharing:
Important Note: Doctor On Demand is a	a specific network of providers of	contracted to provide virtual
Urgent Care services. For more information please visit our website at www.harvard		ding how to access them,
Convenience care clinic	Deductible, then \$30 Copayment per visit	Deductible, then 20% Coinsurance
Urgent care center	Deductible, then \$60 Copayment per visit	Deductible, then 20% Coinsurance
Hospital urgent care center	Deductible, then \$60 Copayment per visit	Deductible, then 20% Coinsurance
Additional Member Cost Sharing may apply. Please refer to the specific benefit in this Schedule of Benefits. For example, if you have an x-ray or have blood drawn, please refer to "Laboratory, Radiology and Other Diagnostic Services."		
Vision Services		
Routine eye examinations  – Limited to 1 exam per Plan Year	\$30 Copayment per visit	Deductible, then 20% Coinsurance
Vision hardware for special conditions	Deductible, then no charge	Deductible, then 20% Coinsurance
Your Plan also includes coverage for pedi Vision section later in this Schedule of Be		e the additional Pediatric
Voluntary Sterilization in a Physician's O	ffice	
	Deductible, then no charge	Deductible, then 20% Coinsurance
Voluntary Termination of Pregnancy		
	Deductible, then no charge	Deductible, then 20% Coinsurance
Wellness Reimbursement Benefits (see th	ne Benefit Handbook for details	)
Fitness  - Coverage is provided for up to 2 Members per calendar year for membership in a qualified fitness facility, health club or fitness center or costs paid toward a fitness tracker as follows:  • One Member is covered for reimbursement of the cost of one month of individual or family membership per calendar year or is covered for reimbursement of fitness membership costs and/or fitness tracker costs up to a combined maximum of \$150 per calendar year.*  • A second Member is covered for reimbursement of fitness membership costs and/or fitness tracker costs up to a combined maximum of \$150 per calendar year.	No charge	

Benefit:	In-Network Plan Providers Member Cost Sharing:	Out-of-Network Non-Plan Providers Member Cost Sharing:
*If a Member receives reimbursement for one month of individual or family fitness membership which is less than \$150, then the difference may be applied toward the cost of the Member's fitness tracker. If the cost of one month of individual or family fitness membership is greater than \$150, then the 1 month is covered in full and there is no further coverage available for that Member.		
Weight management programs  - Coverage provided for 3 months of membership at WW (Weight Watchers) digital, traditional meetings or Weight Watchers at Work program per calendar year.	No charge	
Wigs and Scalp Hair Prostheses as required by law		
<ul> <li>Limited to 1 synthetic monofilament wig per Plan Year (see the Benefit Handbook for details)</li> </ul>	Deductible, then 20% Coinsurance	Deductible, then 20% Coinsurance

# **3-Tier Value Outpatient Prescription Drug Coverage**

Benefit:	Member Cost Sharing:		
Your pharmacy Copayments for up to a 30-day supply are:			
	ventive Drug Benefit. Your Deductible will not apply to certain wever, you are still subject to any applicable Copayment or low.		
Tier 1:	Deductible, then \$30 Copayment per prescription or prescription refill		
Tier 2:	Deductible, then \$60 Copayment per prescription or prescription refill		
Tier 3:	Deductible, then \$105 Copayment per prescription or prescription refill		
Your pharmacy Copayments for up to a 90-day supply of maintenance medications at a retail pharmacy are:			
Tier 1:	Deductible, then \$90 Copayment per prescription or prescription refill		
Tier 2:	Deductible, then \$180 Copayment per prescription or prescription refill		
Tier 3:	Deductible, then \$315 Copayment per prescription or prescription refill		
Harvard Pilgrim's mail service prescri	Harvard Pilgrim's mail service prescription drug program.		
You may purchase a 90-day supply of maintenance medications through the Plan's Mail Service Prescription Drug Program. Your mail service Copayments for a 90-day supply are:			
Tier 1:	Deductible, then \$60 Copayment per prescription or prescription refill		
Tier 2:	Deductible, then \$120 Copayment per prescription or prescription refill		
Tier 3:	Deductible, then \$315 Copayment per prescription or prescription refill		
outpatient prescription drug flyer and Su prescription drugs bring your prescription	for your prescription drug coverage is also listed on your mmary of Benefits and Coverage. To obtain coverage for your or refill to a participating pharmacy, along with your ID card, refer to your Prescription Drug Brochure for detailed		

and pay the appropriate amount. Please refer to your Prescription Drug Brochure for detailed information about your coverage.

# **Pediatric VisionCare**

Dependents up to the age of 19 are eligible for coverage of prescription eyeglasses or contact lenses. Coverage under this benefit terminates at the end of the month in which the Dependent turns 19. Each Dependent is eligible for coverage every 12 months for *either* (A) prescription eyeglass frames and lenses or (B) prescription contact lenses, as described below:

# (A) PRESCRIPTION EYEGLASS FRAMES AND LENSES

The Plan will reimburse you for the purchase of one pair of Standard or Basic prescription eyeglass frames and lenses up to the following amounts:

The Plan will reimburse you for the first \$50 you pay toward covered prescription eyeglass frames and lenses. Thereafter, the Plan will reimburse you 50% of your remaining covered charges. Standard or Basic lenses are limited to glass or plastic single vision lenses, conventional bifocal lenses, conventional trifocal lenses and lenticular lenses. Coverage is excluded for lenses larger than 55mm and upgrades such as tints, scratch proofing and progressive lenses. Coverage is also excluded for deluxe and designer eyeglass frames.

# (B) PRESCRIPTION CONTACT LENSES

The Plan will reimburse you for the purchase of your first order of prescription contact lenses up to the following amounts:

The Plan will reimburse you for the first \$50 you pay toward your first order of covered prescription contact lenses. Thereafter, the Plan will reimburse you 50% of your remaining covered charges. Reimbursement for disposable contact lenses is limited to a 6 month supply.

In addition to the Covered Benefits described above, Dependents up to the age of 19 are also eligible for the following:

# (C) MEDICALLY NECESSARY CONTACT LENSES

Contact lenses may be determined to be Medically Necessary and appropriate in the treatment of patients affected by certain conditions. In general, contact lenses may be Medically Necessary and appropriate when the use of contact lenses, in lieu of eyeglasses, will result in significantly better visual and/or improved binocular function, including avoidance of diplopia or suppression. Contact lenses may be determined to be Medically Necessary in the treatment of the following conditions: keratoconus, pathological myopia, aphakia, anisometropia, aniseikonia, aniridia, corneal disorders, post-traumatic disorders, irregular astigmatism.

Medically necessary contact lenses are dispensed in lieu of other eyewear.

The Plan will reimburse you for the first \$50 you pay toward Medically Necessary contact lenses. Thereafter, the Plan will reimburse you 50% of your remaining covered charges.

# (D) LOW VISION SERVICES

Low vision is a significant loss of vision but not total blindness. Ophthalmologists and optometrists specializing in low vision care can evaluate and prescribe optical devices, and provide training and instruction to maximize the remaining usable vision for our members with low vision. Covered low vision services will include (1) one comprehensive low vision evaluation every 5 years; (2) Medically Necessary visual aids such as high-power eyeglasses, magnifiers and telescopes; and (3) follow-up examinations as Medically Necessary.

See "Physician and Other Professional Office Visits" for your Member Cost Sharing that applies to consultations and evaluations. The Plan will reimburse you for the first \$50 you pay toward visual aids as described above. Thereafter, the Plan will reimburse you 50% of your remaining covered charges for visual aids.

### **OUT-OF-POCKET MAXIMUM**

All Member Cost Sharing under this benefit applies toward your annual Out-of-Pocket Maximum. Please see the General Cost Sharing Table at the beginning of this Schedule of Benefits for the Out-of-Pocket Maximum amount that applies to your plan.

# WHERE TO PURCHASE EYEWEAR WITH YOUR PEDIATRIC VISION CARE BENEFIT

You can purchase your eyewear from any vision hardware provider with a valid prescription from your doctor. Only contact lenses may be purchased from an internet provider. Simply pay out-of-pocket and submit to the Plan for reimbursement.

### HOW TO RECEIVE REIMBURSEMENT FOR THE PEDIATRIC VISION CARE BENEFIT

To receive reimbursement for prescription eyeglasses and frames or prescription contact lenses that you have paid for, you must follow these simple steps:

- Complete a member reimbursement form. You may obtain the reimbursement form on our website, <u>www.harvardpilgrim.org</u> or by calling the Member Services Department at 1–888–333–4742 if you are covered under an Employer Group plan or 1–877–907–4742 if you are covered under an Individual Member plan. For TTY service, please call 711. A representative will be happy to assist you.
- 2. Each Member must use a separate member reimbursement form.
- 3. Attach the copy of an itemized bill to the form, showing proof of payment. Make a copy of the form for your records.
- Mail the original form, together with the bill and proof of payment to: HPHC Claims
   P.O. Box 699183
   Quincy, MA 02269 - 9183

We will reimburse you for your payment of covered eyeglasses or contact lenses as described above. The reimbursement is applied AFTER application of discounts, coupons or other offers. Please allow 30 days to receive your reimbursement.

# WHERE TO CALL WITH QUESTIONS

If you have any questions about your Pediatric Vision Care benefit, including how to receive reimbursement or eyewear discounts, please contact the Member Services Department at **1-888-333-4742** if you are covered under an Employer Group plan or **1-877-907-4742** if you are covered under an Individual Member plan. This telephone number is also listed on your ID card. If you are deaf or hearing impaired, call **711** for TTY service. A representative will be happy to assist you.

# **EXCLUSIONS**

- Expenses incurred prior to your effective date
- Colored contact lenses, special effect contact lenses
- Deluxe or designer frames
- Eyeglass or contact lens supplies
- Lost or broken lenses or frames, unless the Member has reached his/her normal interval for service
- Non-prescription or plano lenses
- Plain or prescription sunglasses, no-line bifocals, blended lenses or oversize lenses
- Safety glasses and accompanying frames
- Spectacle lens styles, materials, treatments or add ons

- Sunglasses and accompanying frames
- Two pairs of glasses in lieu of bifocals
- Vision hardware (with the exception of contact lenses) purchased from an internet provider

# Language Assistance Services

Español (Spanish) ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-888-333-4742 (TTY: 711).

**Português (Portuguese)** ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-888-333-4742 (TTY: 711).

**Kreyòl Ayisyen (French Creole)** ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-888-333-4742 (TTY: 711).

**繁體中文 (Traditional Chinese)** 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-888-333-4742 (TTY: 711)。

**Tiếng Việt (Vietnamese)** CHÚ Ý: Nếu quí vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quí vị miễn phí. Gọi số 1-888-333-4742 (TTY: 711).

**Русский (Russian)** ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-333-4742 (телетайп: 711).

(Arabic) العربية

إنتباه: إذا أنت تتكلم اللُّغةِ العربية ، خَدَمات المُساعدة اللُّغوية مُتُّوفرة لك مَجانا. " إتصل على 4742-333-1888 (TTY: 711)

**ខ្មែរ (Cambodian)** ្រសុំជូនដំណីង៖ បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ជូនលោកអ្នកដោយ ឥតគិតថ្លៃ។។ ចូរ ទូរស័ព្ទ 1-888-333-4742 (TTY: 711)។

**Français (French)** ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-333-4742 (ATS: 711).

Italiano (Italian) ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-888-333-4742 (TTY: 711).

한국어 (Korean) '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-333-4742 (TTY: 711) 번으로 전화해 주십시오.

**Ελληνικά (Greek)** ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-888-333-4742 (TTY: 711).

**Polski (Polish)** UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-888-333-4742 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्त में उपलब्ध है. जानकारी के लिये फोन करें. 1-888-333-4742 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હો તો આપને માટે ભાષાકીય સહાય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-888-333-4742 (TTY: 711)

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-888-333-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-888-333-4742 (TTY: 711).



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

(Continued)

### **General Notice About Nondiscrimination and Accessibility Requirements**

Harvard Pilgrim Health Care and its affiliates as noted below ("HPHC") comply with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity. HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

### HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity, you can file a grievance with: Civil Rights Compliance Officer, 1 Wellness Way, Canton, MA 02021-1166, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: civil\_rights@point32health.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

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# General List of Exclusions **MASSACHUSETTS**

The following list identifies services that are generally excluded from Harvard Pilgrim Plans. Additional services may be excluded related to access or product design. For a complete list of exclusions please refer to the specific plan's Benefit Handbook.

### **Exclusion**

### **Alternative Treatments**

• Acupuncture care, except when specifically listed as a Covered Benefit. • Acupuncture services that are outside the scope of standard acupuncture care. • Alternative, holistic or naturopathic services and all procedures, laboratories and nutritional supplements associated with such treatments, except when specifically listed as a Covered Benefit. • Aromatherapy, treatment with crystals and alternative medicine. Any of the following types of programs: Health resorts, spas, recreational programs, camps, outdoor skills programs, therapeutic or educational boarding schools, educational programs for children in residential care, self-help programs, life skills programs, relaxation or lifestyle programs, and wilderness programs (therapeutic outdoor programs). • Massage therapy. • Myotherapy.

### **Dental Services**

• Dental Care, except when specifically listed as a Covered Benefit. • Temporomandibular Joint Dysfunction (TMD) care, except as described in the Plan's Benefit Handbook. • Extraction of teeth, except when specifically listed as a Covered Benefit. • Pediatric dental care, except when specifically listed as a Covered Benefit.

### **Durable Medical Equipment and Prosthetic Devices**

 Any devices or special equipment needed for sports or occupational purposes.
 Any home adaptations, including, but not limited to home improvements and home adaptation equipment. • Non-durable medical equipment, unless used as part of the treatment at a medical facility or as part of approved home health care services. • Repair or replacement of durable medical equipment or prosthetic devices as a result of loss, negligence, willful damage, or theft.

### **Experimental, Unproven, or Investigational Services**

 Any products or services, including, but not limited to, drugs, devices, treatments, procedures, and diagnostic tests that are Experimental, Unproven, or Investigational.

### **Foot Care**

• Foot orthotics, except for the treatment of severe diabetic foot disease or systemic circulatory disease. • Routine foot care. Examples include nail trimming, cutting or debriding and the cutting or removal of corns and calluses. This exclusion does not apply to preventive foot care for Members diagnosed with diabetes or systemic circulatory disease.

### **Maternity Services**

• Planned home births. • Services provided by a doula.

### **Exclusion**

### Mental Health and Substance Use Disorder Treatment

• Educational services or testing, except services covered under the benefit for Early Intervention Services. No benefits are provided (1) for educational services intended to enhance educational achievement or developmental functioning, (2) to resolve problems of school performance, (3) for driver alcohol education, or (4) for community reinforcement approach and assertive continuing care. • Any of the following types of programs: programs in which the patient has a pre-defined duration of care without the Plan's ability to conduct concurrent determinations of continued medical necessity, programs that only provide meetings or activities not based on individualized treatment plans, programs that focus solely on interpersonal or other skills rather than directed toward symptom reduction and functional recovery related to specific mental health disorders, and tuition based programs that offer educational, vocational, recreational, or personal developmental activities. • Sensory integrative praxis tests. • Services for any condition with only a "Z Code" designation in the Diagnostic and Statistical Manual of Mental Disorders, which means that the condition is not attributable to a mental disorder. • Mental health and substance use disorder treatment that is (1) provided to Members who are confined or committed to a jail, house of correction, prison, or custodial facility of the Department of Youth Services; or (2) provided by the Department of Mental Health. • Services or supplies for the diagnosis or treatment of mental health and substance use disorders that, in the reasonable judgment of the Behavioral Health Access Center, are any of the following: not consistent with prevailing national standards of clinical practice for the treatment of such conditions; not consistent with prevailing professional research demonstrating that the services or supplies will have a measurable and beneficial health outcome; typically do not result in outcomes demonstrably better than other available treatment alternatives that are less intensive or more cost effective. • Services related to autism spectrum disorders provided under an individualized education program (IEP), including any services provided under an IEP that are delivered by school personnel or any services provided under an IEP purchased from a contractor or vendor.

### **Physical Appearance**

• Cosmetic Services, including drugs, devices, treatments and procedures, except for (1) Cosmetic Services that are incidental to the correction of Physical Functional Impairment, (2) restorative surgery to repair or restore appearance damaged by an accidental injury, and (3) post-mastectomy care. • Hair removal or restoration, including, but not limited to, electrolysis, laser treatment, transplantation or drug therapy. • Liposuction or removal of fat deposits considered undesirable. • Scar or tattoo removal or revision procedures (such as salabrasion, chemosurgery and other such skin abrasion procedures). • Skin abrasion procedures performed as a treatment for acne. • Treatment for skin wrinkles and skin tags or any treatment to improve the appearance of the skin. • Treatment for spider veins. • Wigs and scalp hair prostheses when hair loss is due to male pattern baldness, female pattern baldness, or natural or premature aging.

### **Procedures and Treatments**

• Care by a chiropractor outside the scope of standard chiropractic practice, including but not limited to, surgery, prescription or dispensing of drugs or medications, internal examinations, obstetrical practice, or treatment of infections and diagnostic testing for chiropractic care other than an initial X-ray. • Spinal manipulative therapy (including care by a chiropractor), except when specifically listed as a Covered Benefit. • Commercial diet plans, weight loss programs and any services in connection with such plans or programs. Please note: If you have coverage through an employer group plan, your employer may participate in other wellness and health improvement incentive programs offered by Harvard Pilgrim. Please review all your Plan documents for the amount of incentives, if any, available under your Plan. • Gender affirming services including reassignment surgery and all related drugs and procedures for self-insured groups, except when specifically listed as a Covered Benefit. • If a service is listed as requiring that it be provided at a Center of Excellence, no In-Network coverage will be provided if that service is received from a provider that has not been designated as a Center of Excellence. • Nutritional or cosmetic therapy using vitamins, minerals or elements, and other nutrition-based therapy. Examples include supplements, electrolytes, and foods of any kind (including high protein foods and low carbohydrate foods). • Physical examinations and testing for insurance, licensing or employment. • Services for Members who are donors for non-members, except as described under Human Organ Transplant Services. • Testing for central auditory processing. • Group diabetes training, educational programs or camps.

### **Exclusion**

#### **Providers**

• Charges for services which were provided after the date on which your membership ends. • Charges for any products or services, including, but not limited to, professional fees, medical equipment, drugs, and hospital or other facility charges, that are related to any care that is not a Covered Benefit. • Charges for missed appointments. • Concierge service fees. (See the Plan's Benefit Handbook for more information.) • Inpatient charges after your hospital discharge. • Provider's charge to file a claim or to transcribe or copy your medical records. • Services or supplies provided by: (1) anyone related to you by blood, marriage or adoption, or (2) anyone who ordinarily lives with you.

### Reproduction

 Any form of Surrogacy or services for a gestational carrier other than covered maternity services. Infertility drugs if a Member is not in a Plan authorized cycle of infertility treatment. • Infertility drugs, if infertility services are not a Covered Benefit. • Infertility drugs that must be purchased at an outpatient pharmacy, unless your Plan includes outpatient pharmacy coverage. • Infertility treatment for Members who are not medically infertile. • Infertility treatment and birth control drugs, implants and devices, except when specifically listed as a Covered Benefit. • Reversal of voluntary sterilization (including any services for infertility related to voluntary sterilization or its reversal). • Sperm collection, freezing and storage except as described in the Plan's Benefit Handbook. • Sperm identification when not Medically Necessary (e.g., gender identification). • The following fees: wait list fees, non-medical costs, shipping and handling charges etc. • Voluntary sterilization, including tubal ligation and vasectomy, except when specifically listed as a Covered Benefit. • Voluntary termination of pregnancy, except when specifically listed as a Covered Benefit.

### Services Provided Under Another Plan

 Costs for any services for which you are entitled to treatment at government expense, including military service connected disabilities. • Costs for services for which payment is required to be made by a Workers' Compensation plan or an Employer under state or federal law.

### **Telemedicine Services**

• Telemedicine services involving e-mail or fax. • Provider fees for technical costs for the provision of telemedicine services.

### **Types of Care**

• Recovery programs including rest or domiciliary care, sober houses, transitional support services, and therapeutic communities. • All institutional charges over the semi-private room rate, except when a private room is Medically Necessary. • Pain management programs or clinics. • Physical conditioning programs such as athletic training, body-building, exercise, fitness, flexibility, and diversion or general motivation. • Private duty nursing. • Sports medicine clinics. • Vocational rehabilitation, or vocational evaluations on job adaptability, job placement, or therapy to restore function for a specific occupation.

### Vision and Hearing

- Eyeglasses, contact lenses and fittings, except when specifically listed as a Covered Benefit. aids, except when specifically listed as a Covered Benefit. • Hearing aid batteries, and any device used by individuals with hearing impairment to communicate over the telephone or internet, such as TTY or TDD.
- Over the counter hearing aids. Refractive eye surgery, including, but not limited to, lasik surgery, orthokeratology and lens implantation for the correction of naturally occurring myopia, hyperopia and astigmatism. • Routine eye examinations, except when specifically listed as a Covered Benefit.

### **Exclusion**

### **All Other Exclusions**

• Any service or supply furnished in connection with a non-Covered Benefit. • Any service or supply (with the exception of contact lenses) purchased from the internet. • Any service, supply or medication when there is a less intensive Covered Benefit or more cost-effective alternative that can be safely and effectively provided. • Any service, supply or medication that is required by a third party that is not otherwise Medically Necessary (examples of a third party are an employer, an insurance company, a school or court). • Beauty or barber service. • Diabetes equipment replacements when solely due to manufacturer warranty expiration. • Donated or banked breast milk. • Externally powered exoskeleton assistive devices and orthoses. • Food or nutritional supplements, including, but not limited to, FDA-approved medical foods obtained by prescription, except as required by law and prescribed for Members who meet HPHC policies for enteral tube feedings. • Guest services. • Medical equipment, devices or supplies except as described in the Plan's Benefit Handbook. • Medical services that are provided to Members who are confined or committed to jail, house of correction, prison, or custodial facility of the Department of Youth Services. • Reimbursement for travel expenses, except as described in the Plan's Benefit Handbook. Excluded services include but are not limited to: Alcohol and tobacco; Childcare expenses; Entertainment; Expenses for anyone other than you and your companion; First class, business class and other luxury transportation services; Lodging other than at a hotel or motel; Lost wages; Meals; Personal care and hygiene items; Telephone calls; Tips and gratuities. • Services for non-Members. • Services for which no charge would be made in the absence of insurance. • Services for which no coverage is provided in the Plan's Benefit Handbook, this Schedule of Benefits, or the Prescription Drug Brochure (if applicable). Services provided under an individualized education program (IEP), including any services provided under an IEP that are delivered by school personnel or any services provided under an IEP purchased from a contractor or vendor. • Services that are not Medically Necessary. • Taxes or governmental assessments on services or supplies. • Transportation, except for emergency ambulance transport, and non-emergency medical transport needed for transfer between hospitals or other covered health care facilities or from a covered facility to your home when Medically Necessary. • Air conditioners, air purifiers and filters, dehumidifiers and humidifiers. • Car seats. • Chairs, bath chairs, feeding chairs, toddler chairs, chair lifts, recliners. • Electric scooters. • Exercise equipment. • Home modifications including but not limited to elevators, handrails and ramps. • Hot tubs, jacuzzis, saunas or whirlpools. • Mattresses. • Medical alert systems. • Motorized beds. • Pillows. • Power-operated vehicles. • Stair lifts and stair glides. • Strollers. • Safety equipment. • Vehicle modifications including but not limited to van lifts. • Telephone. • Television.