



Harvard Pilgrim
Health Care

Reduce My Costs

Shop, Save, and Earn

Did you know that the cost of a common MRI can range from \$780 to \$2,230 depending on where you go?¹ Reduce My Costs is a personalized health care concierge service, you can connect with a nurse, via phone or chat, who can help you find high-quality, cost-effective providers near you. Depending on the service and the associated cost savings, you could earn a Visa® gift card.² The Reduce My Costs program includes most outpatient services and tests that are ordered by your provider such as lab work, MRIs and mammograms and more.³



Lower costs and more savings

On average, you can save more than \$1,000 for services such as a colonoscopy or an MRI. And, if you're already seeing a cost-effective provider, you'll receive a reward just for using the Reduce My Costs program.⁴



Quick and easy access

Get exclusive access to an experienced nurse who will help you compare costs and shop for cost-effective providers near you. The nurse can assist with appointment scheduling or required paperwork, if needed.



What members are saying:

"Janine at Reduce My Costs helped me get the MRI I needed for \$254 instead of \$1200. This was tremendous savings!"
– Mr. Cox, Harvard Pilgrim member



Make the call and get rewarded

Connect with a nurse at (855) 772-8366 or scan the QR code to chat.

Monday through Friday from 8 a.m. to 6 p.m. ET.



¹ Ranges are based on Harvard Pilgrim's data, actual service prices vary by provider type and location. The figures represent Q1 2022.

² Cash rewards comes in an e-gift card format that is emailed directly to the member. Rewards are offered on services that meet minimum savings threshold. Rewards are considered taxable income; please consult with your tax advisor. Rewards vary based on plan and state.

³ Your health plan may require a referral and/or prior authorization before you receive services from a cost-effective provider. To ensure the services will be covered, please refer to your plan documents or contact Harvard Pilgrim at (888) 333-4742.

⁴ Reduce My Costs program is included with all fully insured plans except Littleton Options HMO. Buy up options are available to self insured employers. Ask your employer if your plan includes the Reduce My Costs program.