



# Fitness pays!

## GIC enrollees are eligible for a fitness reimbursement\*

If you're a member of Harvard Pilgrim and belong to a qualified health and fitness facility for four months in a calendar year, we'll reimburse you a portion of your membership fees — for you and/or your family members covered under your plan. It's that easy.



### For Primary Choice<sup>SM</sup> members:

- Reimbursement is **\$200 per individual or \$400 per family** per calendar year (i.e., January–December) in total for health club membership dues for the subscriber and/or family members covered under the subscriber's plan.
- Maximum reimbursement per year per subscriber policy is \$400.



### For Independence<sup>SM</sup> Plan members:

- Reimbursement is up to **\$100 per calendar year** (i.e., January–December) in total for health club membership dues for the subscriber and/or family members covered under the subscriber's plan.
- Maximum reimbursement per year per subscriber policy is \$100.

\* \$100 maximum reimbursement per Harvard Pilgrim policy in a calendar year (individual or family contract) for Independence Plan members. For Primary Choice members, \$200 maximum reimbursement (individual contract) or \$400 maximum reimbursement (family contract). Proof of payment is required for reimbursement.



Read on for more details.

You may submit for reimbursement online or by mail.

**Most health and fitness facilities qualify**

Fitness reimbursement applies to monthly fees paid to a facility that provides cardiovascular and strength-training equipment for exercising and improving physical fitness, such as: health clubs and fitness centers; YMCA's and YWCA's; Jewish Community Centers; and municipal fitness centers. Qualified facilities also include fitness studios/facilities that offer yoga, Pilates, Zumba, aerobic/group classes, indoor cycling/spinning classes, kickboxing, CrossFit, strength training, tennis, indoor rock climbing and personal training (taught by a certified instructor).

**The following are not eligible for reimbursement:**

Fees you pay for group classes or personal training outside of a fitness facility/studio, and health club initiation fees you pay for instructional dance studios, country clubs, social clubs (such as ski, riding or hiking clubs), spas, gymnastics facilities, martial arts schools, pool-only facilities, road race fees, sport camps, ski passes, sports teams or leagues, and school sports athletic user fees.