

What you need to know about prescriptions

Groton Dunstable Regional School District | Active employees and non-Medicare retirees

To make your transition to your new Harvard Pilgrim plan as smooth as possible, here are some tips to get you started with your prescription drug coverage leading up to the effective date of July 1, 2019.



Refill your current prescriptions

If possible, refill your prescriptions through your current plan just prior to June 30, so you have plenty of medication on hand during your transition to Harvard Pilgrim.



Your new ID card

All active employees and retirees who enroll in a Harvard Pilgrim plan for 2019-2020 will receive new ID cards in mid-June. Even if you currently have Harvard Pilgrim coverage through the GIC, your new card will have a different ID number. Starting July 1, be sure to show your new Harvard Pilgrim ID card at the pharmacy.



Prior authorization, quantity limits and step therapy

Harvard Pilgrim wants you to have access to certain high-cost medications when you need them. We have adopted prior authorization, quantity limits and step therapy policies to help make sure medications are prescribed and used safely, effectively and appropriately.

If you're taking any prescriptions that required prior authorization or step therapy through your current plan, you must get approval again under your new Harvard Pilgrim plan, even if you're already a Harvard Pilgrim member. You can get started now by asking your provider to request prior authorization or an exception on your behalf using the **Medical Request Form**, which you can download from our website. Ask your provider to complete it and fax it to our pharmacy benefits manager, MedImpact, at **(888) 807-6643**. Your provider can also call MedImpact customer service at **(800) 788-2949**.



Questions?

Through June 30, 2019: call TotalAssist toll-free at **(866) 874-0817**. When prompted, state that you are an employee of "Groton Dunstable Regional School District."

- Monday, Tuesday and Thursday: 8 a.m. to 6 p.m.
- Wednesday: 10 a.m. to 6 p.m.
- Friday: 8 a.m. to 5:30 p.m.

For TTY service, call 711.

Starting July 1, 2019: Call the phone number on the back of your new Harvard Pilgrim member ID card.



Mail order prescriptions

If you currently receive your prescriptions through the mail, you'll need to transfer your prescriptions to MedImpact, Harvard Pilgrim's mail service pharmacy. You can register with MedImpact online and have your prescriptions transferred. If you don't fill your prescriptions through the mail, you may want to consider using our mail service. It's convenient and it could save money.



Where to find forms and other resources

Go to harvardpilgrim.org/gdrsd and click on "What you need to know about prescriptions" to:

- Download the **Medication Request Form**
- Link to the MedImpact website and register for mail order prescriptions
- Look up drug tiers and prices
- Find more details about Harvard Pilgrim's prescription drug program



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of Connecticut, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

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harvardpilgrim.org/gdrsd