

## Harvard Pilgrim Weight Management Reimbursement Form

Please read the instructions below, then fill out the Weight Management Reimbursement Form.

### Mailing Instructions

**Keep copies of all documentation before mailing in your Weight Management Reimbursement Form.**

Please enclose copies of the following:

1. Completed, signed and dated Weight Management Reimbursement Form
2. Copy of paid receipts (cash/check/credit/electronic) for fees clearly documenting your name and the weight management program name. Fees must equal or exceed amount being claimed.

Mail to: Harvard Pilgrim Health Care  
P. O. Box 9185  
Quincy, MA 02269

### Commonly Asked Questions and Answers

#### How do I qualify for a reimbursement?

- You must be active with coverage that includes the weight management program benefit.

#### Which programs qualify for reimbursement?

Qualifying weight management programs include: Traditional Weight Watchers meetings; Weight Watchers at Work programs; and hospital-based weight loss programs.

Please note that the following **do not** qualify for reimbursement:

- Online weight programs (including Weight Watchers Online).
- Hospital sponsored programs that solely offer pre-packaged meals, weight loss supplies, or online tracking and assistance.
- Individual nutritional counseling sessions, registration fees, pre-packaged meals, books, videos, scales or other items or supplies bought by the member, or any other items not included as part of a weight management class or course.

#### When can I submit my Reimbursement Form?

Starting with January 1 of the current calendar year and when you have met the above stated criteria.

#### How much can I claim for reimbursement?

- Reimbursement is up to \$150 per calendar year (e.g., January–December) in total for qualified weight management program fees for the Subscriber and/or their dependents.
- Subscriber may receive weight management reimbursement only **once** per calendar year.

#### What happens once I submit the Weight Management Reimbursement Form?

- Reimbursement checks will be mailed and made payable to the Subscriber only at the Subscriber's address of record. No alternative address will be accepted.
- If you believe your current address is different than the address of record in Harvard Pilgrim's systems, please contact us prior to submitting your Weight Management Reimbursement Form.
- Please allow up to 8 weeks for processing.

*Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of Connecticut, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.*

*Reimbursement program requirements are subject to change without notice.*



## Harvard Pilgrim Weight Management Reimbursement Form

To be filled out by Harvard Pilgrim Health Care **SUBSCRIBER** only. Please use blue or black ink and print all information clearly.

### When to submit this form

- After you have accumulated up to \$150 in weight management program expenses.
- Once per calendar year, submitted by March 31 of the following year, with all necessary receipts.
- Once all sections of this form have been completed, signed and dated by the Subscriber.
- Programs that qualify: Traditional Weight Watchers meetings, Weight Watchers at Work programs and hospital-based weight management programs.

### Section A – Member Information (person who holds coverage)

Harvard Pilgrim ID Number	Subscriber's Last Name	First Name	Middle Initial
Date of Birth (mm/dd/yyyy)			
Address	City	State	ZIP Code
Daytime Phone (area code) xxx-xxxx		Member's Email	

### Section B – Subscriber and/or Member Information for Reimbursement

Harvard Pilgrim ID Number	Last Name	First Name	Date of Birth (mm/dd/yyyy)
Harvard Pilgrim ID Number	Last Name	First Name	Date of Birth (mm/dd/yyyy)
Harvard Pilgrim ID Number	Last Name	First Name	Date of Birth (mm/dd/yyyy)

### Section C – Weight Management Program Information

List all programs that you and/or your dependent(s) are submitting for reimbursement

ATTACH DOCUMENTATION	Calendar Year from: mm/dd/yyyy to: mm/dd/yyyy	Program Name	City, State	Phone Number (Area Code) xxx-xxxx	\$ Amount being claimed
	from: ____/____/____ to: ____/____/____				
	from: ____/____/____ to: ____/____/____				
	from: ____/____/____ to: ____/____/____				
	from: ____/____/____ to: ____/____/____				

Total number of documents \_\_\_\_\_ Total dollar amount being claimed (up to \$150 per calendar year) \$ \_\_\_\_\_

### Section D – Member Certification

I certify that the information on this form and all supporting documents are complete, accurate and unaltered.

Subscriber's Signature

Date (mm/dd/yyyy)