#### **HOW IT WORKS:**



### The HPHC Insurance Company Best Buy HSA PPO New Hampshire

An HSA-qualified high-deductible PPO from HPHC Insurance Company

The HPHC Insurance Company Best Buy HSA PPO is a plan that may help you save money on your annual premium. It has significant annual deductibles, but offers extensive freedom of choice and may allow you to set up a Health Savings Account to help offset your medical costs.

- You can receive care from almost any doctor or hospital—in New Hampshire, in Boston or across the nation.
- O You are not required to have a primary care provider or get referrals for care.
- You can receive in-network services from participating providers and out-of-network services from non-participating providers.
- Most services are subject to separate in-network and out-of-network annual deductibles.
- Certain preventive tests and services are covered at no charge (in-network) or with coinsurance (out-of-network).

#### How services are covered

These are examples of covered services under a typical Best Buy HSA PPO. The *Summary of Benefits* has more details on benefits and cost sharing. It governs in the event that the information in this document is different. See the next page for an example of the out-of-pocket costs you may have with an in-network doctor's visit.

Best Buy HSA PPO covered services	What you pay: In-network	What you pay: Out-of-network
<ul> <li>Preventive tests and services, including:         <ul> <li>Adult annual visits</li> <li>Well child visits</li> <li>Annual gynecological visits</li> <li>Immunizations, including flu shots (for children and adults as appropriate)</li> </ul> </li> </ul>	No charge	Out-of-network coinsurance
<ul> <li>Exams for illness or injuries</li> <li>Lab tests and diagnostic procedures</li> <li>Treatments and procedures, including chemotherapy, surgical procedures, allergy treatments and dialysis</li> <li>Inpatient and outpatient hospital services</li> </ul>	In-network deductible, then in-network coinsurance or no charge	Out-of-network deductible, then out-of- network coinsurance
Prescription drugs (if covered under your plan)	In-network deductible, then prescription drug cost sharing or no charge <sup>1</sup>	Same as in-network
Routine eye exams Routine hearing exams Nutrition counseling	Office visit copayment or no charge	Out-of-network coinsurance

<sup>&</sup>lt;sup>1</sup> Deductible will not apply to certain preventive medications if your plan includes the Preventive Drug Benefit.



# You visit an in-network doctor because you are injured, and the doctor gives you an immunization as part of the exam.

- Exams for illness or injuries are subject to the in-network deductible.
- If you have not yet paid the full, yearly innetwork deductible, you will receive a bill from your doctor and pay all charges for the exam up to the in-network deductible amount.
- If you have already paid the full, annual in-network deductible amount, you will pay either coinsurance or nothing for the exam, depending on your plan.
- There is no charge for in-network immunizations under the Best Buy HSA PPO, so you would not be billed for the immunization.

#### **In-network services**

In-network services are covered services you receive from **participating providers**. Most often, receiving in-network services means paying **lower out-of-pocket costs**. Your yearly **in-network deductible** amount is lower, and charges are based on our negotiated rates with participating providers. Some services are covered after you pay a **copayment** at the doctor's office, and there is no charge for certain preventive services.

With thousands of participating doctors and hospitals across the country, chances are very good that you can find one near your home or work.

- To locate participating providers, use our online directory at www.harvardpilgrim.org/ providerdirectory and choose "PPO."
- If you don't have Internet access, call Member Services for a list of nearby providers and hospitals. The call and the list are free. See "Questions?" on the next page for phone numbers.

#### **GLOSSARY**

**DEDUCTIBLE:** A dollar amount you must pay annually before services are covered under your health plan. This means you may be required to pay all or part of a bill for services, until you have paid your total deductible amount. Some plans may require you to pay coinsurance after you pay your annual deductible.

**COINSURANCE:** A percentage of the cost of services that you must pay, where applicable.

COPAYMENT: A dollar amount you pay for certain in-network services. The copayment is due at the time of the visit or when the provider bills you. Copayments are always fixed dollar amounts.

#### **PARTICIPATING PROVIDERS:**

Doctors, other health professionals and hospitals that have agreements to care for our members and belong to our provider network.

### NON-PARTICIPATING PROVIDERS: Doctors, other

health professionals and hospitals that do not belong to our provider network.

The Summary of Benefits has more details on benefits and cost sharing. It governs in the event that the information in this document is different.



#### **Out-of-network services**

Out-of-network services are covered services you receive from **non-participating providers**.

Receiving out-of-network services typically means paying **higher out-of-pocket costs**. All services you receive are subject to a separate



out-of-network deductible that is higher than your in-network deductible. After you satisfy your yearly out-of-network deductible, you will need to pay coinsurance. You may need to send us claim forms to be reimbursed for covered services. In addition, a non-participating provider may bill you for the

difference between his or her charges and the amount we pay for the service.

#### Going to the hospital

When you're going to be admitted to the hospital, services are covered according to what combination of providers you use. Suppose that you are being sent to a participating hospital by a non-participating doctor. In this case your hospital visit is covered at the in-network benefit level, and the doctor's services are covered at the out-of-network benefit level.

Except in an emergency, you must notify us before a hospital admission when non-participating providers are involved.

#### Coverage when you're traveling

If you seek care for covered services while traveling, they will be covered at the in-network benefit level when you visit participating providers, and at the out-of-network level when you visit non-participating providers.

#### Coverage in an emergency

In an emergency (e.g., heart attack, stroke, choking, seizure or loss of consciousness), go to the nearest emergency facility or call 911 or another local emergency number. Once you are out of the hospital, please follow up with your primary care provider, if you have one, for any additional care you may need.

Your plan covers all medical emergencies at the in-network benefit level. Emergency services are subject to the in-network deductible plus any additional cost sharing that may apply. Check the *Summary of Benefits* to see what kind of cost sharing you have to pay.

#### Be well, save money and more

Learn about different health topics and ways to be well. Keep more money in your wallet with discounts on eyewear and fitness and nutrition programs.<sup>2</sup> Look up your plan details and find out about typical costs for tests and procedures. Visit www.harvardpilgrim.org to learn more.

#### **Ouestions?**

If you're already a member, call Member Services with questions at **(888) 333-4742.** For TTY service, call 711.

If you're not yet a member, call **(800) 848-9995.** 

To learn more about us in general, visit www.harvardpilgrim.org.

<sup>2</sup> These savings programs are not insurance products. Rather, they are discounts for programs and services designed to keep members healthy and active.

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## What is a Health Savings Account?

A Health Savings Account is a fund you can establish to pay for medical expenses associated with a High Deductible Health Plan or invest for your future health care needs. Under federal guidelines, you need to enroll in a High Deductible Health Plan to be able to set up a Health Savings Account.

The Best Buy HSA PPO is not a Health Savings Account. It is a qualified High Deductible Health Plan that may allow you to set up and contribute to a Health Savings Account. Check with your employer to find out whether it has arrangements with particular banks or financial institutions for Health Savings Accounts.

# Why set up a Health Savings Account?

#### Tax savings

- You can contribute to your Health Savings Account through pre-tax payroll deductions, which lowers your taxable income.
- Your interest earnings and withdrawals for qualified health care expenses are taxfree as well.

#### No "use-it-or-lose-it"

- Any unused amounts in your Health Savings Account carry over from year to year.
- You don't have to worry about forfeiting your contributions at the end of the year.

#### It's yours

- You own your Health Savings Account. When you change jobs or retire, your money stays with you.
- The funds in your account are yours to spend on medical expenses associated with your High Deductible Health Plan or save for future health care needs.

#### It's flexible

- Both you and your employer can contribute to your Health Savings Account.
- Funds in your Health Savings Account can be used to pay for health care services not covered by your High Deductible Health Plan, such as laser eye surgery or alternative care.
- You can use Health Savings Account funds for non-medical expenses, but withdrawals are subject to a penalty or taxation.

#### Use it for the future

- Health Savings Accounts may be an effective way to invest for future health care needs and retirement.
- Contact your Health Savings Account administrator to find out how to get the most from your Health Savings Account.

