Oatmeal Banana Cookies

• Preheat oven to 350 degrees.

• In a large mixing bowl, mash 3 ripe bananas with a fork until no longer lumpy. If bananas aren’t very ripe, a hand mixer may be used.

• Stir in 1/3 cup of canola oil, 2 cups of quick cooking oats, 1/2 cup chocolate chips or raisins, and 1 teaspoon of vanilla extract.

• Lightly grease a cookie sheet with cooking spray. For each cookie, spoon about 2 tablespoons of cookie mixture onto the cookie sheet.

• Bake for 15-20 minutes.