

Check your wellness wherever you are!

To get started:

- 1 Download the Limeade app in the Google Play Store or App Store
- 2 Open the Limeade app and enter the mobile program code HPHC
- 3 Log in using your Harvard Pilgrim online member or guest account*

*If you do not have a Harvard Pilgrim online account, go to **www.harvardpilgrim.org/livingwelleveryday** to create an account. May take up to 24 hours for your guest account to be activated



Need assistance?

Email HPWellness@harvardpilgrim.org or call (877) 594-7183, Monday-Friday, 9am-5pm EST

www.harvardpilgrim.org/livingwelleveryday

