

## Does Your Health Insurance Coverage Feel Like It's Written in a Foreign Language?

Do words like copay, deductible, and PCP make you stressed and confused? Do you wish you could learn common healthcare terms before you're faced with them in the form of a bill or at a doctor's office?

Well you're in luck. Enter our Health Insurance Demystified Challenges.

We've made learning about your coverage fun and rewarding! By completing challenges in our Living Well<sup>SM</sup> Platform you could earn points towards monthly raffle drawings, not to mention all that money you'd save by better understanding your coverage!

## Discover our Health Insurance Demystified Challenges

## Health Insurance Know-It-All Challenge

Get to know the terms you need the most by reviewing a slideshow of commonly used healthcare phrases and their super simplified definitions. Then test your newly found knowledge with a quick quiz. After completing the challenge you'll receive 100 points towards your rewards. It's that easy.

## Get Confident in Your Coverage Mini Challenges

No more fumbling around your member account aimlessly. These brief and simple challenges help you dive into your own coverage with purpose. Learn how to select a PCP in time for your annual physical. Get prepared for an unexpected injury by checking out emergency room alternatives that can save you time and money. And even find out how to print your health insurance ID card before it gets lost with that other sock you never found. Each challenge you complete can help you earn points towards rewards like gift cards and more.



Visit harvardpilgrim.org/ livingwelleveryday to explore this challenge and more!

