

# It's time for a new wallet!

## Introducing Harvard Pilgrim's Stride<sup>SM</sup> (HMO)/(HMO-POS) Wallet Benefit.

At Harvard Pilgrim, we listen to what our members have to say. So, when members asked for coverage that complements their medical and prescription benefits, we added the Wallet to our Stride<sup>SM</sup> (HMO)/(HMO-POS) plans.<sup>1</sup>

Imagine being able to use the Wallet Benefit to cover the cost of:

- Acupuncture and chiropractic visits
- Fitness membership or classes (e.g., yoga, qi gong, tai chi) at a gym, fitness center or studio, health club or community/senior center
- Massage therapy, bodywork, mind-body therapies and holistic medicine<sup>2</sup>
- Subscription to an app or online program and equipment for exercising, bodywork or mind-body therapy at home
- Plan-approved memory fitness program, such as Vigorous Minds, Elevate, and Lumosity<sup>2</sup>
- A fitness tracker<sup>2</sup>
- Weight loss management programs, such as WW (Weight Watchers, NutriSystem or a provider-based program <sup>2</sup>
- Corrective eyewear and upgrades to medically necessary eyewear<sup>3</sup>
- Home safety modifications and bathroom safety devices<sup>4</sup>

Best of all, members can choose to spend the entire Wallet Benefit on just one option or spread it across a few of their favorites!



For more information, call **(888) 980-7087 (TTY: 711)**.

October 1–March 31, 8am–8pm, 7 days a week

April 1–September 30, 8am–8pm, Monday–Friday.

<sup>1</sup>Check the Summary of Benefits to see if the Wallet Benefit is available on your Stride<sup>SM</sup> (HMO)/(HMO-POS) plan.

<sup>2</sup>Medicare does not allow coverage to include food or other consumable products (e.g., nutraceuticals).

<sup>3</sup>Wallet Benefit covers services and items not considered medically necessary by Medicare.

<sup>4</sup>Wallet Benefit covers installation costs. However, Medicare does not allow coverage to include home modifications that are capital or structural improvements (e.g., easy-use doorknobs and faucets, permanent ramps, and widening of hallways or doorways).

Harvard Pilgrim is an HMO/HMO-POS plan with a Medicare contract. Enrollment in Stride<sup>SM</sup> (HMO) depends on contract renewal. Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care and Harvard Pilgrim Health Care of New England. Harvard Pilgrim Health Care complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (888) 609-0692 (TTY: 711). H6750\_24019\_M