

## Core MA Three-Tier

# Prescription Drug Brochure

This brochure is a legal document that explains the prescription drug benefits provided by Harvard Pilgrim Health Care, Inc. (HPHC) to Members with plans that include outpatient pharmacy coverage.

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# I. PRESCRIPTION DRUG COVERAGE

Prescription medications can play an important role in keeping you healthy. Your coverage includes an outpatient prescription drug benefit to help make paying for these medications more affordable. This benefit covers outpatient prescription drugs and some non-prescription drugs and medical supplies.

In this brochure, you'll find information about:

<ul style="list-style-type: none"> <li>• Our prescription drug benefit</li> <li>• General Member Cost Sharing</li> <li>• Covered and non-covered drugs</li> </ul>	<ul style="list-style-type: none"> <li>• Where to buy your prescriptions</li> <li>• Our Mail Service Prescription Drug Program</li> <li>• Drug coverage policies</li> </ul>
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You will find words in this brochure that have special meanings. When we use one of those words, we start it with a capital letter. Capitalized terms that are not defined in this brochure are defined in the Glossary in your Benefit Handbook.

Your benefits are administered on either a Plan Year or Calendar Year basis. Please see your Schedule of Benefits to determine which type of year your Plan utilizes.

## A. THREE-TIER PRESCRIPTION DRUG BENEFIT

We place all covered drugs into one of three levels or “tiers.” Each tier has its own Member Cost Sharing, which is listed on your Prescription Drug Coverage flyer and Summary of Benefits and Coverage. Medications listed in tier 1 will always have the lowest Member Cost Sharing and medications in Tier 3 will always have the highest Member Cost Sharing.

**Please Note:** There are a limited number of medical drugs/supplies identified on the Prescription Drug List with the status **Medical-Covered** (i.e. spacer for asthma treatment). These are covered under your medical benefits and may be obtained at a retail pharmacy. To find out if a medical drug/supply is covered, simply go online to the Prescription Drug List and search for the item. If it is covered, it will have a status of “Medical-Covered.”

## B. THE PRESCRIPTION DRUG LIST

The Prescription Drug List identifies all outpatient prescription drugs covered by the Plan. To get a copy of the Core MA Three -Tier Prescription Drug List visit [www.harvardpilgrim.org](http://www.harvardpilgrim.org) and log into **your secure online account** or call the Member Services Department at **1-888-333-4742**.

## C. MEMBER COST SHARING

This section describes how we administer the different types of Member Cost Sharing under your outpatient prescription drug benefit.

Similar to your medical coverage, Members are required to share the cost of the benefits provided under the Plan.

Your Member Cost Sharing may include a combination of Copayments, Coinsurance or a Deductible. For the Member Cost Sharing amounts that apply to your Plan, please see your ID card, Prescription Drug Coverage flyer, or Summary of Benefits and Coverage.

If a Member chooses to receive a lesser quantity of any Schedule II or Schedule III opioid, the Member’s full applicable Cost Sharing will apply and no additional financial penalty will be incurred. For a list of opioids, please visit [www.harvardpilgrim.org/rx](http://www.harvardpilgrim.org/rx), choose the Prescription Drug List for your plan and select Therapeutic Class, then choose from the following categories: Opioid

Analgesics, Long-acting - Opioid Pain Relievers, Opioid Analgesics Short-acting - Opioid Pain Relievers, or Analgesics - Miscellaneous Analgesics.

### Discount Rate

In this brochure, we refer to the term “Discount Rate.” The Discount Rate is a price for prescription drugs that has been negotiated with participating pharmacies. The Discount Rate is the basis for calculating your Member Cost Sharing.

**Note:** The Discount Rate is not a fixed discount. It may be modified as market conditions change. Our cost for covered drugs is generally lower than the Discount Rate.

### How the Discount Rate Benefits Members

The Discount Rate is usually lower than the retail price pharmacies charge for drugs. If a participating pharmacy’s retail price is less than the Discount rate, your Member Cost Sharing is always based on the lower amount.

### Copayments

Some plans provide prescription drug coverage with Copayments. Copayments are fixed dollar amounts you must pay for covered medications. Copayments are paid to the pharmacy at the time of purchase. Different Copayment amounts usually apply to each of the drug tiers.

#### What You Pay

Copayments are calculated in two ways, depending on whether you use a participating or non-participating pharmacy:

#### Participating Pharmacy

If you buy your prescriptions at a participating pharmacy, you pay the lower of the Copayment, the Discount Rate, or the pharmacy’s retail price for the drug.

#### Non-Participating Pharmacy

If you buy your prescriptions at a non-participating pharmacy, you pay the lower of the Copayment or the pharmacy’s retail price for the drug.

Please see “Buying Prescriptions” for more information on participating and non-participating pharmacies.

#### What the Copayment Covers

Each Copayment covers up to a 30-day supply for each prescription or refill, except where limited by us. If your physician prescribes less than a 30-day supply of a medication, each Copayment covers the amount prescribed. We may limit the quantity of a drug available per 30-day period or per Copayment.

### Coinsurance

Some plans provide prescription drug coverage with Coinsurance. With Coinsurance, you pay percentage payments for a drug, instead of fixed dollar amounts.

#### What You Pay

Coinsurance is calculated in two ways, depending on whether you use a participating or non-participating pharmacy.


**Participating Pharmacy**

If you buy your prescriptions at a participating pharmacy, your Coinsurance payment is calculated using the lower of the Discount Rate or the pharmacy's retail price for the drug.

**Non-Participating Pharmacy**

If you buy your prescriptions at a non-participating pharmacy, your Coinsurance payment is calculated using the pharmacy's retail price for the drug.

The Coinsurance percentage is multiplied by the Discount Rate or the pharmacy's retail price, as applicable, to arrive at your out-of-pocket Coinsurance payment. Coinsurance is calculated the day the pharmacy fills the prescription and the Coinsurance is paid to the pharmacy at the time of purchase.

 **FOR EXAMPLE:** If the participating pharmacy's retail price is \$150 but the Discount Rate is \$100, your Coinsurance amount is based on the Discount Rate of \$100. If your Coinsurance is 20%, your Member Cost Sharing will be \$20.

Some plans include a minimum or maximum Coinsurance amount, or both. If your Plan includes a per prescription minimum amount, you always pay at least that minimum, unless the Discount Rate or the pharmacy's retail price for the drug is less than the minimum. In that case, at the participating pharmacy you pay the lower of (1) the minimum Coinsurance amount, (2) the Discount Rate or (3) the pharmacy's retail price for the drug. At a non-participating pharmacy you pay the lower of (1) the minimum Coinsurance amount or (2) the pharmacy's retail price for the drug. If your Plan includes a per prescription maximum amount, your per prescription Coinsurance payment is limited to that maximum.

Please see "Buying Prescriptions" for more information on participating and non-participating pharmacies.

**Deductibles**

Your Plan may include a Deductible.

A Deductible is a specific dollar amount that you pay each Plan Year or Calendar Year for certain covered services before any coverage is available for those services. If a Deductible applies to your coverage, you must first pay the Deductible amount for the purchase of prescription drugs before any coverage for drugs begins for the Plan Year or Calendar Year.

Please see your ID card, Prescription Drug Coverage flyer, or Summary of Benefits and Coverage to see if a Deductible applies to your Plan.

**What You Pay**

**Participating Pharmacy**

When you use a participating pharmacy, you pay the lower of the Discount Rate or the pharmacy's retail price for prescriptions until the Deductible is met.

**Non-Participating Pharmacy**

When you use a non-participating pharmacy, you pay the pharmacy's retail price for prescriptions until the Deductible is met.


If the Discount Rate or retail price for a prescription, as applicable, exceeds the balance remaining on the Deductible for the Plan Year or Calendar Year, you are required to pay the balance of the Deductible and the applicable Copayment. If Coinsurance applies, you are

required to pay the applicable Coinsurance percentage on any amount exceeding the Deductible. You are never obligated to pay any combination of Copayments, Coinsurance or Deductible amounts that exceed the lower of the Discount Rate or the pharmacy's retail price for the drug.

The Deductible amount is applied the day the pharmacy fills the prescription and is paid to the pharmacy at the time of purchase.

#### **Where the Deductible Applies**

The Deductible may apply to drugs in any Tier. Once you have met your Deductible for the Plan Year or Calendar Year, drugs are covered for the rest of the Plan Year or Calendar Year, subject to the applicable Copayment or Coinsurance.

 FOR EXAMPLE: If your Plan has a \$100 Deductible and you have a claim with a discount rate of \$200, you will be responsible for the first \$100 to satisfy your Deductible requirement before we begin to pay benefits.

#### **Preventive Medications with a High Deductible Health Plan**

If you have a High Deductible Health Plan, your Deductible may not apply to certain medications used for preventive care. These medications have been selected by the Plan because they are often used to lower the risk of illness. In some cases these medications are prescribed for people who have developed risk factors for an illness that has not yet manifested itself. In others it may be to prevent the recurrence of an illness from which the Member has recovered. Please see your Prescription Drug Coverage flyer to determine if you have this coverage.

If your Plan exempts preventive drugs from the Deductible and your health care provider prescribes one of the designated preventive medications, the Deductible will not apply to that prescription. However, you will be required to pay the applicable Copayment or Coinsurance amount for the drug. Since no Deductible applies to preventive medications, expenses you incur for such drugs do not apply to your In-Network Deductible.

The Plan may change the listing of designated preventive medications from time to time. To find out if your medication is one of the designated preventive medications, visit [www.harvardpilgrim.org](http://www.harvardpilgrim.org) and log into **your secure online account**.

The preventive medications described above are separate from the preventive care services, including drugs, listed in your Schedule of Benefits, for which no Member Cost Sharing applies.

### Out-of-Pocket Maximum

Your Plan may provide prescription drug coverage with an Out-of-Pocket Maximum. Your Out-of-Pocket Maximum may apply to both medical and prescription Member Cost Sharing. The Out-of-Pocket Maximum is the total amount you are required to pay in Member Cost Sharing.

If you have a combined medical and prescription Out-of-Pocket Maximum it will be stated on your Schedule of Benefits.

Participating pharmacies will not charge you Member Cost Sharing once you have reached your Out-of-Pocket Maximum.

## II. WHAT IS COVERED

Your prescription drug benefit covers select Medically Necessary drugs that require a prescription by law, except drugs we exclude or limit. Your benefit also covers the non-prescription items listed below when you have a prescription. All covered drugs are subject to the applicable Member Cost Sharing.

Your Plan covers the following prescription and non-prescription items:

<b>Covered Prescription Drugs (when listed on the Prescription Drug List)</b>	<b>Covered Non-Prescription Items (when listed on the Prescription Drug List)</b>
<ul style="list-style-type: none"> <li>• FDA approved prescription drugs prescribed by a physician and listed as covered in the Prescription Drug List</li> <li>• Oral agents for controlling blood sugar</li> <li>• Needles and syringes needed to administer covered drugs</li> <li>• Insulin, insulin delivery devices or medical supplies</li> <li>• FDA approved contraceptive drugs and devices*</li> <li>• Prenatal vitamins</li> <li>• FDA approved hormone replacement therapy (HRT)</li> <li>• Off-label uses of FDA approved drugs, including drugs for the treatment of cancer and HIV/AIDS when recognized by established research documentation</li> <li>• Compounded prescriptions are covered if: (1) the Member is under the age of 18, (2) the active ingredients are listed in the Prescription Drug List and cost \$500 or less, and (3) one or more agents within the compound is FDA approved and requires a prescription</li> </ul>	<ul style="list-style-type: none"> <li>• Insulin, insulin delivery devices or medical supplies</li> <li>• Lancets</li> <li>• Blood glucose testing strips</li> <li>• Urine diabetic testing strips</li> <li>• Ketone diabetic testing strips</li> <li>• Certain over-the-counter drugs that are an alternative to a prescription drug when listed as covered on the Prescription Drug List</li> </ul> <p><b>Please Note:</b> If you are a Medicare member, the items listed above may be covered by your Medicare Part B coverage.</p>

**Please Note:** No Member Cost Sharing applies to certain preventive care services, including but not limited to: (i) FDA approved contraceptive drugs and devices, (ii) oral fluoride for children through age sixteen, (iii) iron supplements for children up to age 12 months, (iv) certain HIV prevention drugs, and (v) folic acid for women planning or capable of pregnancy. A Member may receive a 12 month supply of an FDA approved prescription contraceptive after a 1 month trial of the same prescription per Plan Year or Calendar Year in accordance with state law. Please go to [www.harvardpilgrim.org](http://www.harvardpilgrim.org) to see a complete list of covered preventive services.

\* A qualified religious employer may exclude coverage for contraceptive drugs and devices. Please see your Schedule of Benefits to determine whether these items are excluded under your Plan.

## III. BUYING PRESCRIPTIONS

### A. PARTICIPATING PHARMACIES

It's easier and often less expensive to fill prescriptions at a participating pharmacy whenever possible. If you use a participating pharmacy, you only have to show your ID card and pay the applicable Member Cost Sharing amount. If you do not use a participating pharmacy, you must pay the retail price for the medication and submit a claim for reimbursement.

You can get more information on participating pharmacies by visiting our website at [www.harvardpilgrim.org/rx](http://www.harvardpilgrim.org/rx) or by calling our Member Services Department at **1-888-333-4742**.

### B. THE SPECIALTY PHARMACY PROGRAM

We have designated specialty pharmacies that specialize in providing medications used to treat certain conditions, and are staffed with clinicians to provide support services for Members. Some medications must be obtained at a specialty pharmacy. Medications may be added to this program from time to time. Designated specialty pharmacies can dispense up to a 30-day supply of medication at one time and it is delivered directly to the Member's home via mail. This is NOT part of the Mail Service Prescription Drug Program. Extended day supplies and Copayment savings do not apply to these designated specialty drugs unless specified on the formulary. Some medications may be required to be dispensed for a 60-Day supply. In these circumstances, Members have the option to decline the 60-Day supply and obtain a 30-Day supply of the medication by contacting Member Services at the number on your Member ID card. To find out if your medication needs to be obtained at a specialty pharmacy, visit [www.harvardpilgrim.org](http://www.harvardpilgrim.org) and log into **your secure online account**.

### C. NON-PARTICIPATING PHARMACIES

If you fill a prescription for a covered drug at a non-participating pharmacy, you must pay the retail price for the drug, and submit a claim for reimbursement. The reimbursement procedures for pharmacy items are explained in your Benefit Handbook. Reimbursement for drugs purchased at non-participating pharmacies will be paid minus your applicable Member Cost Sharing. Payment will be limited to the Allowed Amount for the drug.

In the case of HMO coverage plans, no benefits are provided for prescriptions obtained at a non-participating pharmacy, except in the event of unforeseen illness or injury.

### D. LIMITED DISTRIBUTION DRUGS

Limited distribution drugs treat complex conditions and are only available through certain pharmacies. Select limited distribution drugs will be limited to a 30-day supply. The Prescription Drug List will indicate when a limited distribution drug is limited to a 30-day supply.

### E. 90-DAY PRESCRIPTION DRUG BENEFIT AT A PHARMACY

You may purchase up to a 90-day supply of maintenance medications from a participating pharmacy. When you obtain a 90-day prescription you will pay the equivalent of three monthly Member Cost Sharing payments. Although most maintenance medications are available for a 90-day supply, we may limit drugs for clinical reasons or to prevent potential waste. In addition, drugs included in the Specialty Pharmacy Program, discussed above, are not available for a 90-day supply.

## F. MAIL SERVICE PRESCRIPTION DRUG PROGRAM

We provide a Mail Service Prescription Drug Program for Members who prefer the convenience of receiving their prescriptions through the mail. You may purchase up to a 90-day supply of maintenance medications through the Mail Service Program. In addition to saving a trip to the pharmacy, some plans provide lower Member Cost Sharing amounts for drugs purchased through the Mail Service program.

Although most maintenance medications are available from the Mail Service Program, we may exclude drugs from the program for clinical reasons or to prevent potential waste. In addition, drugs included in the Specialty Pharmacy Program, discussed above, are not available through the Mail Service Program.

For more information about the Plan's Mail Service Prescription Drug Program, please call **1-855-258-1561 (TTY 711)**.

## G. MEDICATION SYNCHRONIZATION PROGRAM

The Medication Synchronization Program allows multiple prescriptions to be aligned for refill to the same date. This program applies only to medications for chronic conditions. In order to synchronize your prescriptions, medications may be dispensed in split fills with less than a month's supply of the medication filled at a time.

In these instances, you will be responsible for paying a pro-rated Member Cost Sharing amount instead of the Member Cost Sharing normally paid for full 1-30 day supply. The Medication Synchronization Program permits and applies a prorated daily cost sharing rate to covered maintenance prescription drugs that are:

- dispensed by a participating pharmacy;
- in a quantity less than a thirty (30) days' supply; and
- used for the management or treatment of a chronic, long-term condition.

Medication synchronization is limited to one per Plan Year or Calendar Year per maintenance prescription drug. Prescription drugs excluded from this program include, but are not limited to, controlled substances, pain medications, and antibiotics.

You can get more information on this program by visiting our website at [www.harvardpilgrim.org/rx](http://www.harvardpilgrim.org/rx) or by calling our Member Services Department at **1-888-333-4742**.

## H. PRESCRIPTION DRUG COPAY CARD PROGRAM

Your benefit may include Harvard Pilgrim Health Care's prescription drug copay card program, which applies to most drugs that have a manufacturer copay card. Copay cards are designed to lower certain out-of-pocket costs, such as Copayment and Coinsurance, for high-cost medications by using funds made available by drug manufacturers. Please note that the dollar value the copay card covers will not count toward your Deductible or Out-of-Pocket Maximum. There is no requirement for Harvard Pilgrim Health Care Members to use a copay card. Drug manufacturers reserve the rights

of whether to offer cost sharing assistance via a copay card. Please contact Member Services for additional information or if you have questions.

## IV. WHAT IS NOT COVERED OR HAS LIMITED COVERAGE

There are a number of prescription drugs that are not covered, are subject to quantity limits or require Prior Authorization.

We cover only drugs that are Medically Necessary for preventive care or for treating illness, injury, or pregnancy. Drugs that are not covered include drugs that are not listed in the Prescription Drug List or are listed as non-formulary. If your doctor feels that one of the non-formulary drugs is needed, your doctor can submit a request for coverage under the exception process, see section *V.B. Exception Process*.

We limit the coverage of specific drugs for reasons of cost and to assure their safe and effective use. Limitations may be placed on the quantity of certain drugs we cover.

We require Prior Authorization to evaluate whether certain drugs are Medically Necessary. Prior Authorization is based on clinical criteria and may include: (1) an evaluation of whether a drug is clinically appropriate for the medical condition for which it has been prescribed; or (2) whether "step therapy" will be required. Drugs subject to step therapy are only covered if a Member has either tried another drug to treat a specific condition or obtained Prior Authorization to be exempted from that requirement. Members or their practitioners may obtain a copy of our Medical Necessity Guidelines for a drug for which coverage is requested by calling the Member Services Department at **1-888-333-4742** or going to **www.harvardpilgrim.org**.

Drugs that are covered, subject to quantity limits, Prior Authorization, or Step Therapy are listed in the Prescription Drug List. We may add to the list of drugs for which Prior Authorization is required or for which coverage is excluded or limited at any time. You may view the most current copy of this list by visiting **www.harvardpilgrim.org** and logging into **your secure online account**. You may also request a copy of this list by calling the Member Services Department at **1-888-333-4742**.

### Exclusions from Coverage

No coverage is provided under this prescription drug brochure for the following:

- Drugs not listed in the Prescription Drug List.
- Drugs prescribed for weight loss, including GLP-1 drugs for non-diabetic patients to treat weight loss and associated comorbidities.
- Drugs listed as non-formulary in the Prescription Drug List except when approved through the Exception Process.
- Drugs that are not Medically Necessary for preventive care or for treating illness, injury or pregnancy.
- Drugs in excess of coverage limitations imposed by the Plan. (Limitations may be placed on the quantity of a drug covered; the medical conditions for which a drug may be prescribed; and/or whether another drug must be tried first.)
- Drugs that by law do not require a prescription (unless listed as covered under "What is Covered" or listed on the Prescription Drug List as covered).
- Non-prescription items or medical supplies, other than those specifically listed under "What is Covered." Drugs packaged for institutional use will be excluded from the pharmacy benefit coverage unless otherwise noted on the Prescription Drug List as covered.
- Drugs that have not been approved by the FDA. (This does not include off-label uses of FDA approved drugs where use is recognized by established research documentation.)
- Any drug product used exclusively for cosmetic purposes.

- Experimental or investigational drugs that cannot be marketed lawfully without the approval of the FDA and such approval has not been granted at the time of their use or proposed use or such approval has been withdrawn.
- Drugs prescribed as part of a course of treatment that we do not cover.
- Drugs provided to you anywhere other than an outpatient pharmacy. Certain drugs may be covered as a non-pharmacy benefit, e.g., infused or injected drugs, which are covered under your medical benefit. (See your Benefit Handbook for an explanation of the limited coverage available for medications received from physicians and other non-pharmacy providers.)
- Drugs that must be obtained through the Specialty Pharmacy Program if not purchased from one of the program's specially designated pharmacies.
- In the case of HMO coverage plans, no benefits are provided for medications prescribed by providers who are not authorized to do so by us or for prescriptions obtained at a non-participating pharmacy, except in the event of unforeseen illness or injury.
- Any sales tax or governmental assessment on pharmacy items.
- Prescription digital therapeutics (PDTs), unless specifically listed on the Prescription Drug List.
- Prescription and over-the-counter homeopathic drugs.
- Fluoride supplements for adults.
- Vitamins and dietary supplements (except those listed as covered on the Prescription Drug List).
- Drugs for the treatment of idiopathic short stature.
- Non-drug products, such as therapeutic or other prosthetic devices, appliances, supports or other nonmedical products. These may be covered under the medical benefit.
- Prescription drugs filled through an internet pharmacy that is not a verified internet pharmacy practice site certified by the National Association of Boards of Pharmacy.
- Prescription drugs that become available over the counter because the same active ingredient or a modified version/therapeutic equivalent of the active ingredient has become available over the counter. In this case, the specific medication may not be covered and the entire class of prescription drugs may also not be covered.
- Prescription drugs when co-packaged with non-prescription products.
- Immunization agents: Select vaccines may be accessible at the pharmacy at no Member Cost Sharing and covered under the medical benefit.

## V. PRIOR AUTHORIZATION AND EXCEPTION PROCESS

### A. PRIOR AUTHORIZATION

Certain drugs require Prior Authorization for coverage under the Plan. These include compounded drugs for:

- Members over the age of 18, and
- Members under the age of 18 when the active ingredients are not listed in the Prescription Drug List and cost \$500 or more.

Your provider may request Prior Authorization through EMR, CoverMyMeds, Surescripts or our online portal at <https://point32health.promptpa.com>. More information and necessary request forms are available to providers at [www.harvardpilgrim.org/provider/](http://www.harvardpilgrim.org/provider/) (under "Pharmacy"). If you have any questions regarding this process, please contact the Member Services Department at **1-888-333-4742**.

## B. EXCEPTION PROCESS

Your Plan has an exception process you may use to ask us to provide coverage for New-to-Market or non-formulary drugs or drugs that are subject to Prior Authorization, step therapy, or quantity limitations. Drugs are excluded from coverage if they are listed as non-formulary or not listed in the Prescription Drug List except when deemed Medically Necessary under this exception process.

In accordance with state law, when a Member has already been prescribed and is stable on a drug subject to step therapy requirements, the Plan will allow a one-time transition fill for up to 30-day supply of the requested drug while the step therapy request is being reviewed.

**Note:** Drugs approved through the Exception Process may be subject to the highest Member Cost Sharing.

The Plan also provides continuation of coverage, as required by law, when a new Member has already been prescribed and is stable on a drug to treat a chronic heart condition, diabetes (Insulin), or asthma. The Plan will cover a 30-day fill of an FDA approved drug and will not apply any greater Member Cost Sharing than would otherwise apply to other drugs covered by the Plan.

If you have a High Deductible Health Plan where the Deductible does not apply to certain medications for preventive care, you may use the exception process to request that we waive the Deductible for drugs not identified by HPHC as a preventive drug. Please see your Prescription Drug Coverage flyer to determine if you have this coverage. Please see the section titled, "Deductibles", above, for more information on the preventive drug benefit.

Medical providers may request an exception on behalf of a Member for coverage of any drug that is non-formulary or limited (or a preventive care drug subject to the deductible) by providing a statement that explains why an exception is Medically Necessary. This should include the reason(s) why the covered drugs on the Prescription Drug List are not as effective as the requested drug. Exceptions may be granted only for clinical reasons. Expedited exception requests can be made if you are suffering from a health condition that may seriously jeopardize your life, health or ability to regain maximum function or when you are undergoing a current course of treatment using a non-formulary drug.

Your provider may request an exception through EMR, CoverMyMeds, Surescripts or our online portal at <https://point32health.promptpa.com>. More information and necessary request forms are available to providers at [www.harvardpilgrim.org/provider/](http://www.harvardpilgrim.org/provider/) (under "Pharmacy"). If you have any questions regarding this process, please contact the Member Services Department at **1-888-333-4742**.

We will act on an exception request made for a drug that is not subject to step therapy within 48 hours of receiving your prescribing provider's statement of the reasons an exception is Medically Necessary. If you request an exception for a Medically Necessary prescription drug that is non-formulary or limited by the Plan and we do not respond to your request within 48 hours after receiving the clinical rationale from your prescribing provider, your request will be approved. For expedited exception requests, we will notify you of a decision no later than 24 hours after receiving your expedited request. An exception request for a drug that is subject to step therapy will be made within three (3) business days following the receipt of all necessary information needed to make a Medical Necessity determination.

If a standard or expedited exception request is denied, you may request that the original exception request and denial are reviewed by an independent review organization. A determination will be made within one business day of receipt of the complete information for standard and expedited requests. If we deny your request, we will tell you the reason for the denial and explain the process for requesting an appeal of our decision.

## VI. ABOUT YOUR DRUG BENEFIT

### A. PHARMACY AND THERAPEUTICS COMMITTEE

Our Pharmacy and Therapeutics (P&T) Committee is an advisory group comprised of physician specialists, independent physicians, and pharmacists that work together to promote clinically sound, cost effective pharmaceutical care.

The P&T Committee reviews and approves tier placement of drugs, and limitations on drug coverage, as well as providing guidance on clinical criteria.

### B. TIER CHANGES

We regularly review and update the Prescription Drug List as new drugs or drug information becomes available. As a result, the tier placement of covered drugs may change at any time. In the event that a drug has been reassigned to a higher tier, we will send notice to impacted Members 60 days before the tier change takes effect. You can get an updated Prescription Drug List by visiting [www.harvardpilgrim.org](http://www.harvardpilgrim.org) and logging into **your secure online account**, or by calling the Member Services Department at **1-888-333-4742**.

### C. DELETIONS FROM COVERAGE

We may discontinue coverage of a drug identified on the Prescription Drug List or covered under this Brochure. Generally, such changes will take place annually but may occur throughout the year. In such event, we will send notice to impacted Members at least 60 days before discontinuing coverage for the drug or product unless the FDA has determined the drug or product to be unsafe.

### D. NEW-TO-MARKET DRUGS

New-to-Market drugs are reviewed for safety and clinical effectiveness by the Point32Health Pharmacy & Therapeutics Committee. We then make a coverage determination based on the Committee's recommendation. A new drug product will not be covered until this process is completed - usually within 6 months of the drug product's availability. If the New-to-Market drug is covered by the Plan, Prior Authorization and coverage limitations may apply.

### E. IMPORTANT NOTICE

In the event of a Medical Emergency, seek immediate care. You may call **911** or your local emergency number. Please see your Benefit Handbook and Schedules of Benefits for information on your emergency coverage.

### F. INCORPORATION WITH BENEFIT HANDBOOK

This Prescription Drug Brochure incorporates the terms and conditions provided in your plan's Benefit Handbook including, but not limited to, appeals and grievance processes, utilization review procedures and coordination of benefits and subrogation policies.



a Point32Health company

# Language Assistance Services

**Arabic (العربية)** انتباه: إذا كنت تتحدث لغة أخرى غير الإنجليزية، فإن خدمات المساعدة اللغوية متاحة لك مجانًا. يرجى الاتصال بالرقم الموجود على بطاقة هوية العضو الخاصة بك.

**French (Français)** ATTENTION : Si vous parlez une langue autre que l'anglais, des services d'assistance linguistique gratuits sont à votre disposition. Veuillez appeler le numéro indiqué sur votre carte d'adhérent.

**Greek (Ελληνικά)** ΠΡΟΣΟΧΗ: Εάν μιλάτε κάποια άλλη γλώσσα πέρα από τα αγγλικά, γλωσσικές υπηρεσίες χωρίς χρέωση είναι στη διάθεσή σας. Καλέστε τον αριθμό στην κάρτα μέλους σας.

**Gujarati (ગુજરાતી)** ધ્યાન આપો: જો તમે અંગ્રેજી સવાય બીજી ભાષા બોલો છો, તો ભાષા હિાય વિચારો, તમારા માટે મફત ઉપલબ્ધ છે. કૃપા કરીને તમારા ભિય આઈડી કાર્ડ પરના નંબર પર કોલ કરો.

**Haitian Creole (Kreyòl Ayisyen)** ATANSYON: Si w pale yon lang ki pa Anglè, gen sèvis èd pou lang ki disponib gratis pou ou. Tanpri rele nimewo ki sou kat ID manm ou a.

**Hindi (हिंदी)** ध्यान दें: अगर आप अंग्रेजी के अलावा कोई दूसरी भाषा बोलते हैं, तो भाषा सहायता सेवाएं आपके ललए ननशुल्क उपलब्ध हैं। कृपया अपने सदस्य आईडी कार्ड पर ददए गए नंबर पर कॉल करें।

**Italian (Italiano)** ATTENZIONE: se parli una lingua diversa dall'inglese, sono disponibili gratuitamente servizi di assistenza linguistica. Chiama il numero indicato sulla tua tessera membro identificativa.

**Khmer (ភាសាខ្មែរ)** ប្រសិនបើអ្នក កាន់យាយភាសាបសដល់ប្រព័ន្ធភាសាអង់គលស ល បសវាតម្មជំនួ យភាសា ដលៃភាសាសិស្សស ល លំអាចរកហានសហ្វារអ្នក ក ។ សូ ម្នាំប្រកាន់បសខហ្វលល ID ភាសាសិស្សស ល ក ។

**Korean (한국어)** 알림: 영어 이외의 언어를 사용하신다면 언어 지원 서비스를 무료로 제공해 드립니다. 가입자 ID 카드에 명시된 번호로 전화하시기 바랍니다.

**Lao (ພາສາລາວ)** ກະລຸນາ ຮຽນ: ຖ້າ ທ່ານເວົ້າພາສາອື່ນທີ່ບໍ່ແມ່ນພາສາ ອັງກລ, ທ່ານສາມາດໃຊ້ບໍລິການພາສາໄດ້ ໂດຍບໍ່ເສຍ ຄ່າ. ກະລຸນາໃບທາເບິ່ງ ຢ່າ ບັດປະຈຳ ຕົວສະມາຊິກຂອງ ທ່ານ.

**Polish (polski)** UWAGA: Jeśli posługujesz się językiem innym niż angielski, możesz bezpłatnie korzystać z usług pomocy językowej. Zadzwoń pod numer podany na Twojej karcie członkowskiej.

**Portuguese (Português)** ATENÇÃO: caso fale outro idioma que não o inglês, são-lhe disponibilizados gratuitamente serviços de assistência linguística. Ligue para o número no seu cartão de identificação de membro.

**Russian (Русский)** ВНИМАНИЕ! Если вы не говорите на английском языке, то можете бесплатно воспользоваться услугами языковой поддержки. Позвоните по номеру, указанному на вашей идентификационной карте участника.

**Spanish (Español)** ATENCIÓN: Si usted habla un idioma que no sea inglés, están disponibles para usted, sin costo, servicios de asistencia en otros idiomas. Llame al número que figura en su tarjeta de identificación de miembro.

**Traditional Chinese (繁體中文)** 注意事項: 如果您講非英語的其他語言, 我們可以為您提供免費的語言協助服務。請撥打您會員 ID 卡上的電話號碼。

**Vietnamese (Tiếng Việt)** LƯU Ý: Nếu quý vị nói ngôn ngữ khác không phải tiếng Anh, chúng tôi cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Vui lòng gọi đến số điện thoại trên thẻ ID hội viên của quý vị.

**ATTENTION:** If you speak a language other than English, language assistance services, free of charge, are available to you. Please call the number on your member ID card.

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# General Notice About Nondiscrimination and Accessibility Requirements

Harvard Pilgrim Health Care and its affiliates as noted below ("HPHC") comply with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex (including pregnancy, sexual orientation and gender identity). HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability or sex (including pregnancy, sexual orientation and gender identity).

## HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer (see below for contact information).

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex (including pregnancy, sexual orientation and gender identity) you can file a grievance with:

### Point32Health Civil Rights Legal Coordinator

1 Wellness Way  
Canton, MA 02021-1166

866-750-2074, TTY service: 711  
Fax: 617-668-2754

Email: [OCRCoordinator@point32health.org](mailto:OCRCoordinator@point32health.org)

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

### U.S. Department of Health and Human Services

200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201

800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at

[www.hhs.gov/ocr/office/file/index.html](http://www.hhs.gov/ocr/office/file/index.html)



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