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Schedule of Benefits Harvard Pilgrim Health Care, Inc. Maine's Choice Plus HMO HSA Silver 3300 MAINE

Please Note: This plan includes a tiered provider network called the "Maine's Choice Plus" Network. In this plan, Members pay different levels of Copayments, Coinsurance or Deductibles depending on the affiliation of the provider delivering a Covered Benefit. If a Provider changes affiliations at anytime, the network of that Provider may also change. Please consult the Maine's Choice Plus HMO Provider Directory or visit the provider search tool at **www.harvardpilgrim.org** prior to your services to determine into which network your provider or facility falls.

This Schedule of Benefits states any Benefit Limits and Member Cost Sharing amounts you must pay for Covered Benefits. However, it is only a summary of your benefits. Please see your Benefit Handbook for details. Your Member Cost Sharing may include a Deductible, Coinsurance, and Copayments. Please see the tables below for details.

In a Medical Emergency you should go to the nearest emergency facility or call 911 or other local emergency access number. A Referral from your PCP is not needed. Your emergency room Member Cost Sharing is listed in the tables below.

Medical Necessity Guidelines

We use clinical review criteria to evaluate whether certain services or procedures are Medically Necessary for a Member's care. Members or their practitioners may obtain a copy of our Medical Necessity Guidelines on our website at **www.harvardpilgrim.org** or by calling the Member Services Department at **1-888-333-4742** if you are covered under an Employer Group plan or **1–877-907-4742** if you are covered under an individual Member plan.

Member Cost Sharing

Members are required to share the cost of the Covered Benefits provided under the Plan. This section describes the payments for which you are responsible, called Member Cost Sharing. The tables, set forth below, show the specific Member Cost Sharing amounts for the different services covered by the Plan.

There are two types of Plan Providers: (1) Preferred Providers and (2) Standard Providers. Member Cost Sharing for Covered Benefits depends upon what type of Plan Provider you see. Services received by a Preferred Provider will result in lower Member Cost Sharing. Services received by a Standard Provider will result in higher Member Cost Sharing.

The Plan's Provider Directory lists all Plan Providers and network placement. You can access the Provider Directory at **www.harvardpilgrim.org**. You may also obtain a paper copy of the directory, free of charge, by calling Harvard Pilgrim's Member Services Department at **1–888–333–4742** if you are covered under an Employer Group plan or **1–877-907-4742** if you are covered under an individual Member plan.

Please Note: Primary Care Providers are available in the Preferred Network and the Standard Network. Each enrolled Member must choose a PCP in either the Preferred Network or the Standard Network in order to obtain Covered Benefits.

Comparable Health Care Service Incentive: Reduce My Costs Program

EFFECTIVE DATE: 01/01/2024 FORM #2453_08_IND_96667ME0300124-00 You can obtain care for certain covered outpatient health care services and diagnostic tests from participating Plan Providers at a lower cost through Harvard Pilgrim's Reduce My Costs program. If you choose to receive care from one of the low-cost providers, you may be eligible to receive a cash reward (there is no limit to the number of rewards). Reward dollars vary depending on the service and the associated cost savings. The medical services and diagnostic tests must be Covered Benefits within the following categories:

- Physical and occupational therapy services
- Radiology and imaging services
- Laboratory services and x-rays
- Infusion therapy services

To participate, call Harvard Pilgrim's Reduce My Costs Program at the toll-free Reduce My Costs number for all HPHC Members. The toll-free number is **1-855-772-8366**, and you can call whenever your doctor recommends a diagnostic test or procedure. You will be connected to a trained Reduce My Costs nurse. The nurse will compare the cost of health care facilities near your home or work, will inform you if there are any lower-cost Harvard Pilgrim participating providers available in the area, reschedule your appointment and help with any paperwork, and help you find available information about the quality of the health care providers.

For more information about this program, including details about the specific eligible Covered Benefits and incentive awards, please visit: www.harvardpilgrim.org/reducemycosts/maine.

Covered Benefits

Your Covered Benefits are administered on a Calendar Year basis. Your Member Cost Sharing will depend upon the type of service provided and the location the service is provided in, as listed in this Schedule of Benefits. For example, for services provided in a Physician's office, see "Physician and Other Professional Office Visits." For services provided in a Hospital emergency room, see "Emergency Room Care," and for outpatient surgical procedures, please see "Surgery - Outpatient."

When you receive a service at your home (other than home health care), your Member Cost Sharing will be the same as when the service is provided in an office or facility. For example, if you have a physician visit in your home, see "Physician and Other Professional Office Visits." If you have blood drawn at home, see "Laboratory, Radiology and Other Diagnostic Services."

General Cost Sharing Features:	Member Cost Sharing:
Coinsurance and Copayments	
	See the benefits table below

General Cost Sharing Features:	Member Cost Sharing:
Deductible	
	Preferred Network:
	\$3,300 for Individual Coverage per Calendar Year \$6,600 for Family Coverage per Calendar Year - with a \$3,300 embedded individual Deductible per Calendar Year
	Standard Network:
	 \$6,300 for Individual Coverage per Calendar Year \$12,600 for Family Coverage per Calendar Year with a \$6,300 embedded individual Deductible per Calendar Year

Important Notice: If you have Individual Coverage, the Individual Coverage Deductible applies (the Family Coverage Deductible will never apply). If you have Family Coverage, the Family Coverage Deductible can be satisfied in one of two ways:

- a. If a Member of a covered family meets the embedded individual Deductible, then services for that Member that are subject to that Deductible are covered by the Plan for the remainder of the Calendar Year.
- b. If any number of Members in a covered family collectively meet the Family Coverage Deductible, then all Members of the covered family receive coverage for services subject to that Deductible for the remainder of the Calendar Year. No one family member may contribute more than the embedded individual Deductible amount toward the Family Coverage Deductible.

An embedded individual Deductible may **not** be less than the applicable minimum family Deductible, as defined by the Internal Revenue Service.

Once a Deductible is met, coverage by the Plan is subject to any other Member Cost sharing that may apply.

Note: The Preferred Network Deductible is the maximum Deductible amount you will pay for all services received from a Preferred Provider during the Calendar Year. Likewise, the Standard Network Deductible is the maximum Deductible amount you will pay for all services received from a Standard Provider during the Calendar Year.

Out-of-Pocket Maximum

Includes all Member Cost Sharing	Preferred Network:
 All Member Cost Sharing for Outpatient Prescription Drugs, Pediatric VisionCare, and Pediatric Dental Coverage (if applicable) will accumulate to the Preferred Network Out-of-Pocket Maximum. 	 \$7,500 for Individual Coverage per Calendar Year \$15,000 for Family Coverage per Calendar Year with a \$7,500 embedded individual Out-of-Pocket Maximum per Calendar Year Standard Network: \$7,500 for Individual Coverage per Calendar Year \$15,000 for Family Coverage per Calendar Year with a \$7,500 embedded individual Out-of-Pocket Maximum per Calendar Year

Please Note: Any eligible expenses you incur in a Calendar Year toward the Preferred Network Out-of-Pocket Maximum will apply to both the Preferred Network and Standard Network Out-of-Pocket Maximums. Likewise, any eligible expenses you incur in a Calendar Year toward the Standard Network Out-of-Pocket Maximum will apply to both the Preferred Network and Standard Network Out-of-Pocket Maximums. A Member's total Out of Pocket expenses for Covered Benefits from all Plan Providers in a Calendar Year will never exceed the Standard Out-of-Pocket Maximum.

Important Notice: If you have Individual Coverage, the Individual Coverage Out-of-Pocket Maximum applies (the Family Coverage Out-of-Pocket Maximum will never apply). If you have Family Coverage, the Family Coverage Out-of-Pocket Maximum can be satisfied in one of two ways:

a. If a Member of a covered family meets the embedded individual Out-of-Pocket Maximum, then that Member has no additional Member Cost Sharing for the remainder of the Calendar Year.

General Cost Sharing Features:

Member Cost Sharing:

Out-of-Pocket Maximum (Continued)

b. If any number of Members in a covered family collectively meet the Family Coverage Out-of-Pocket Maximum, then all Members of the covered family have no additional Member Cost Sharing for the remainder of the Calendar Year. No one family member may contribute more than the embedded individual Out-of-Pocket Maximum amount toward the Family Coverage Out-of-Pocket Maximum.

Benefit	Your Cost Sharing
Acupuncture Treatment for Injury or Illne	SS
	Preferred Deductible, then 30% Coinsurance
Ambulance and Medical Transport	
Emergency ambulance transport	Preferred Deductible, then 30% Coinsurance
Non-emergency medical transport	Preferred Deductible, then 30% Coinsurance
Autism Spectrum Disorders Treatment	
Applied behavior analysis	Preferred Deductible, then 30% Coinsurance
Chemotherapy and Radiation Therapy	
Chemotherapy	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Radiation therapy	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
Chine and still Come	Standard Deductible, then 50% Coinsurance
Chiropractic Care	Preferred Deductible, then 30% Coinsurance
	Preferred Deductible, then 30% consurance
Clinical Trials	
	Your Member Cost Sharing will depend upon the types of services provided, as listed in this Schedule of Benefits. For
	example, for services provided in a Physician's office, see
	"Physician and Other Professional Office Visits." For inpatient
	Hospital care, see "Hospital – Inpatient Services."
Dental Services	
Important Notice: Coverage of Dental C the details of your coverage.	Care is very limited. Please see your Benefit Handbook for
Emergency Dental Care (within six	Your Member Cost Sharing will depend upon the types of
months of injury or within six months	services provided, as listed in this Schedule of Benefits. For
of the effective date of coverage,	example, for services provided in a Physician's office, see
whichever is later)	"Physician and Other Professional Office Visits." For inpatient Hospital care, see "Hospital – Inpatient Services."
Other dental services, including setting a jaw fracture and removing a tumor	Hospital care, see Hospital – Inpatient Services.
(but not a root cyst)	
General anesthesia for dentistry	
Extraction of teeth impacted in bone	Preferred Network Member Cost Sharing:
(performed in a Physician's office)	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance

Benefit	Your Cost Sharing
	Four Cost sharing
Dialysis	
Dialysis services, including dialysis training	Preferred Deductible, then 30% Coinsurance
Durable Medical Equipment	
Durable medical equipment, including orthotic devices as described in the Benefit Handbook	Preferred Deductible, then 30% Coinsurance
Blood glucose monitors, infusion devices, and insulin pumps (including supplies)	Preferred Deductible, then 30% Coinsurance
Oxygen and respiratory equipment	Preferred Deductible, then 30% Coinsurance
Early Intervention Services (for Members	up to the age of 3)
- Limited to 40 visits per Calendar Year	Preferred Deductible, then 30% Coinsurance
Emergency Admission	
	Preferred Deductible, then 30% Coinsurance
Emergency Room Care	
	Preferred Deductible, then 30% Coinsurance
Fertility Treatment (see the Benefit Hand	
	Preferred Deductible, then 20% Coinsurance
Hearing Aids	· · · · · · · · · · · · · · · · · · ·
For Members up to age 19:	Preferred Deductible, then 50% Coinsurance
 Limited to 1 hearing aid per hearing impaired ear every 36 months 	Treferred Deddetible, then 50% consulance
For all other Members:	
 Limited to \$3,000 per hearing aid every 36 months, for each hearing impaired ear 	
Home Health Care	
Including infusion therapy and nutritional counseling	Preferred Deductible, then 30% Coinsurance
¥	ugs, please see the benefit for "Medical Drugs" for Member
Hospice Services	
	Preferred Deductible, then 30% Coinsurance
If inpatient services or respite care are req Cost Sharing details.	uired, please see "Hospital – Inpatient Services" for Member
Hospital – Inpatient Services	
Acute Hospital care, including bariatric	Preferred Network Member Cost Sharing:
surgery, blood transfusions, infusion	Preferred Deductible, then 30% Coinsurance
therapy, inhalation therapy, organ or tissue transplants and breast reduction	Standard Network Member Cost Sharing:
surgery and symptomatic varicose vein surgery	Standard Deductible, then 50% Coinsurance
Inpatient maternity care	Preferred Network Member Cost Sharing:
····· ································	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
	standard Deddetible, then 50% combulance

Benefit	Your Cost Sharing
Hospital – Inpatient Services (Continued)	
Inpatient routine nursery care	No charge
Inpatient rehabilitation – limited to 150	Preferred Network Member Cost Sharing:
days per Calendar Year	Preferred Deductible, then 30% Coinsurance
Inpatient rehabilitation and skilled	Standard Network Member Cost Sharing:
nursing facility care limits are combined	Standard Deductible, then 50% Coinsurance
Skilled nursing facility – limited to 150	Preferred Network Member Cost Sharing:
days per Calendar Year	Preferred Deductible, then 30% Coinsurance
Inpatient rehabilitation and skilled	Standard Network Member Cost Sharing:
nursing facility care limits are combined	Standard Deductible, then 50% Coinsurance
Laboratory, Radiology and Other Diagnost Imaging Centers)	tic Services (including Independent Laboratories and Freestanding
Laboratory, including but not limited	Preferred Network Member Cost Sharing:
to human leukocyte antigen testing as	Preferred Deductible, then 30% Coinsurance
described in the Benefit Handbook	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Genetic testing	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Radiology	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Breast ultrasound screening	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Advanced radiology, including CT	Preferred Network Member Cost Sharing:
scans, PET scans, MRI, MRA and nuclear	Preferred Deductible, then 30% Coinsurance
medicine services	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Breast MRI screening	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Other diagnostic services (including	Preferred Network Member Cost Sharing:
allergy testing)	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Low Protein Foods	
	Preferred Deductible, then 30% Coinsurance
Maternity Care – Outpatient	
Routine outpatient prenatal and postpartum care	No charge

Benefit

Your Cost Sharing

Maternity Care - Outpatient (Continued)

Routine prenatal and postpartum care is usually received and billed from the same Provider as a single or bundled service. Different Member Cost Sharing may apply to any specialized or non-routine service that is billed separately from your routine outpatient prenatal and postpartum care. For example, Member Cost Sharing for services provided by a specialist is listed under "Physician and Other Professional Office Visits" and Member Cost Sharing for an ultrasound billed as a specialized or non-routine service is listed under "Laboratory, Radiology and Other Diagnostic Services (including Independent Laboratories and Freestanding Imaging Centers)."

Medical Drugs (drugs that cannot be self-administered)

Medical Drugs (drugs that cannot be self	-administered)
Medical drugs, including infusion	Preferred Network Member Cost Sharing:
therapy, received in a Physician's office	Preferred Deductible, then 30% Coinsurance
or other outpatient facility	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Medical drugs, including infusion	Preferred Network Member Cost Sharing:
therapy, received in the home	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Some Medical Drugs may be supplied by a specialty pharmacy, the Member Cost Sha	a specialty pharmacy. When Medical Drugs are supplied by a ring listed above will apply.
Medical Formulas and Donor Breast Milk	
State mandated formulas and donor breast milk	Preferred Deductible, then 30% Coinsurance
Mental Health and Substance Use Disord	er Treatment
Inpatient Services	Preferred Deductible, then 30% Coinsurance
Partial hospitalization services	Preferred Deductible, then 30% Coinsurance
Outpatient group therapy	Preferred Deductible, then 30% Coinsurance
Mental health services in the home	Preferred Deductible, then 30% Coinsurance
Outpatient treatment, including individual therapy, detoxification, and medication management	Preferred Deductible, then 30% Coinsurance
Outpatient methadone maintenance	Preferred Deductible, then no charge
Outpatient psychological testing and neuropsychological assessment	Preferred Deductible, then 30% Coinsurance
Outpatient telemedicine virtual visit – group therapy	Preferred Deductible, then 30% Coinsurance
Outpatient telemedicine virtual visit - including individual therapy, detoxification and medication management	Preferred Deductible, then 30% Coinsurance
Observation Services	
	Preferred Deductible, then 30% Coinsurance
Ostomy Supplies	·
	Preferred Deductible, then 30% Coinsurance

Benefit	Your Cost Sharing
Physician and Other Professional Office V	isits (This includes all covered Plan Providers unless otherwise
listed in this Schedule of Benefits.)	
Routine examinations, including annual	No charge
gynecological exams, for preventive care,	
including immunizations and annual	
digital rectal exams	uting average are severed at my shares. Only proventing complete
designated under the Patient Protection a Other services not included under PPACA is preventive services covered at no charge us website at www.harvardpilgrim.org . Plea (including Independent Laboratories and Is that applies to diagnostic services not incl	
Consultations, evaluations, Sickness	Preferred Network Member Cost Sharing:
and injury care, including nutritional	Preferred Deductible, then 30% Coinsurance
counseling	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Additional Member Cost Sharing may app	ly. Please refer to the specific benefit in this Schedule of
	, please refer to office based treatments and procedures below. please refer to "Laboratory, Radiology and Other Diagnostic
Services (including Independent Laborator	
Office based treatments and	Preferred Network Member Cost Sharing:
procedures, including but not limited	Preferred Deductible, then 30% Coinsurance
to administration of injections, casting,	Standard Network Member Cost Sharing:
suturing, the application of dressings,	-
inhalation therapy, non-routine foot	Standard Deductible, then 50% Coinsurance
care, and surgical procedures	
Administration of allergy injections	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Preventive Services and Tests	
	No charge
Under Federal and state law, many prever	ntive services and tests are covered with no Member Cost
Sharing, including preventive colonoscopic procedure is required), screening mammor screening is inconclusive or an abnormalit sterilization for women and all FDA appro- preventive services, please see the Prevent You may also get a copy of the Preventive 1–888–333–4742 if you are covered unde	es (even if polyp removal or other necessary medically necessary grams (including a second screening in the event that the initial y is discovered), pap tests, certain labs and x-rays, voluntary oved contraceptive devices. For a complete list of covered tive Services Notice on our website at www.harvardpilgrim.org . Services Notice by calling the Member Services Department at r an Employer Group plan or 1–877-907-4742 if you are covered of Pilgrim will add or delete services from this benefit for
The following additional preventive services, tests and devices:	No charge
alpha-fetoprotein (AFP), fetal	
ultrasound, hepatitis C testing,	
lead level testing, prostate-specific	
antigen (PSA) screening, routine	
hemoglobin tests, group B streptococcus (GBS), routine urinalysis, blood pressure	
monitor, retinopathy screening, and	
internet in the second se	

Benefit	Your Cost Sharing
Preventive Services and Tests (Continued)	
international normalized ratio (INR)	
testing.	
Prosthetic Devices	
Prosthetic devices (other than arms and legs)	Preferred Deductible, then 30% Coinsurance
Prosthetic arms and legs	Preferred Deductible, then 30% Coinsurance
Rehabilitation and Habilitation Services –	Outpatient
Cardiac rehabilitation – limited to 36	Preferred Network Member Cost Sharing:
visits per cardiac episode	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Pulmonary rehabilitation therapy	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Occupational therapy	Preferred Network Member Cost Sharing:
Rehabilitation Services (including treatment	Preferred Deductible, then 30% Coinsurance
for head injuries)	Standard Network Member Cost Sharing:
– limited to 60 visits per Calendar Year	Standard Deductible, then 50% Coinsurance
Habilitation Services (including treatment for head injuries)	
 limited to 60 visits per Calendar Year 	
Occupational, physical, and speech	
therapy limits are combined Physical therapy	Preferred Network Member Cost Sharing:
Rehabilitation Services (including treatment	Preferred Deductible, then 30% Coinsurance
for head injuries)	Standard Network Member Cost Sharing:
– limited to 60 visits per Calendar Year	Standard Deductible, then 50% Coinsurance
Habilitation Services (including treatment for	Standard Deductible, then 50% comstrainee
head injuries)	
 – limited to 60 visits per Calendar Year 	
Occupational, physical, and speech therapy limits are combined	
Speech therapy	Preferred Network Member Cost Sharing:
Rehabilitation Services (including treatment	Preferred Deductible, then 30% Coinsurance
for head injuries)	Standard Network Member Cost Sharing:
– limited to 60 visits per Calendar Year	Standard Deductible, then 50% Coinsurance
Habilitation Services (including treatment for head injuries)	
– limited to 60 visits per Calendar Year	
Occupational, physical, and speech	
therapy limits are combined	
	ech therapies are covered to the extent Medically Necessary for: the treatment of Autism Spectrum Disorders.
Outpatient physical therapy for postpartu	m related pelvic floor disorders is not subject to visit limits.

Benefit	Your Cost Sharing
Scopic Procedures – Outpatient Diagnosti	c and Therapeutic
Colonoscopy, endoscopy and sigmoidoscopy	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Surgery – Outpatient	
	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Telemedicine Virtual Visit Services – Outp	-
	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing: Standard Deductible, then 50% Coinsurance
For innatient Hospital care, see "Hospital	- Inpatient Services" for cost sharing details.
	- inpatient services for cost sharing details.
Urgent Care Services	
Doctor on Demand	Preferred Deductible, then no charge
Care services. For more information on Downwebsite at www.harvardpilgrim.org.	pecific network of providers contracted to provide virtual Urgent octor On Demand, including how to access them, please visit our
Convenience care clinic (retail health clinic)	Preferred Deductible, then 30% Coinsurance
Urgent care center	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Hospital urgent care center	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
	ly. Please refer to the specific benefit in this Schedule of
	y or have blood drawn, please refer to "Laboratory, Radiology ndependent Laboratories and Freestanding Imaging Centers)."
Vision Services	incpendent Laboratories and recestanding inaging centers).
Urgent eye care	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing: Standard
	Deductible, then 50% Coinsurance
Routine adult eye examinations – limited	Preferred Network Member Cost Sharing:
to 1 exam per Calendar Year	No charge
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance
Routine pediatric eye examinations –	Preferred Network Member Cost Sharing:
limited to 1 exam per Calendar Year	No charge
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance

Benefit	Your Cost Sharing
Vision Services (Continued)	
Vision hardware for special conditions	Preferred Deductible, then 30% Coinsurance
Your Plan also includes coverage for pedia section later in this Schedule of Benefits for	tric vision hardware. Please see the additional Pediatric Vision or more information.
Voluntary Sterilization – in a Physician's C	Office
	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Preferred Deductible, then 50% Coinsurance
Voluntary Termination of Pregnancy – Outpatient	
	Preferred Network Member Cost Sharing:
	Preferred Deductible, then 30% Coinsurance
	Standard Network Member Cost Sharing:
	Standard Deductible, then 50% Coinsurance

Pediatric VisionCare

Dependents up to the age of 19 are eligible for coverage of prescription eyeglasses or contact lenses. Coverage under this benefit terminates at the end of the month in which the Dependent turns 19. Each Dependent is eligible for coverage every 24 months for *either* (A) prescription eyeglass frames and lenses or (B) prescription contact lenses, as described below:

(A) PRESCRIPTION EYEGLASS FRAMES AND LENSES

The Plan will reimburse you for the purchase of one pair of Standard or Basic prescription eyeglass frames and lenses up to the following amounts:

The Plan will reimburse you for the first \$50 you pay toward covered prescription eyeglass frames and lenses. Thereafter, the Plan will reimburse you 50% of your remaining covered charges. Standard or Basic lenses are limited to glass or plastic single vision lenses, conventional bifocal lenses, conventional trifocal lenses and lenticular lenses. Coverage is excluded for lenses larger than 55mm and upgrades such as tints, scratch proofing and progressive lenses. Coverage is also excluded for deluxe and designer eyeglass frames.

(B) PRESCRIPTION CONTACT LENSES

The Plan will reimburse you for the purchase of your first order of prescription contact lenses up to the following amounts:

The Plan will reimburse you for the first \$50 you pay toward your first order of covered prescription contact lenses. Thereafter, the plan will reimburse you 50% of your remaining covered charges. Reimbursement for disposable contact lenses is limited to a 6 month supply.

OUT-OF-POCKET MAXIMUM

All Member Cost Sharing under this benefit applies toward your annual Out-of-Pocket Maximum. Please see the General Cost Sharing Table at the beginning of this Schedule of Benefits for the Out-of-Pocket Maximum amount that applies to your plan.

WHERE TO PURCHASE EYEWEAR WITH YOUR PEDIATRIC VISION CARE BENEFIT

You can purchase your eyewear from any vision hardware provider with a valid prescription from your doctor. Only contact lenses may be purchased from an internet provider.

HOW TO RECEIVE REIMBURSEMENT FOR THE PEDIATRIC VISION CARE BENEFIT

- Complete a member reimbursement form. You can obtain this form by visiting our website at www.harvardpilgrim.org or by calling the Member Services Department at 1–888–333–4742 if you are covered under an Employer Group plan or 1–877-907-4742 if you are covered under an individual Member plan to request a form. For TTY service, please call 711. A representative will be happy to assist you.
- 2. Each Member must use a separate member reimbursement form.
- 3. Attach the copy of an itemized bill to the form, showing proof of payment. Make a copy of the form for your records.
- 4. Mail the original form, together with the bill and proof of payment to:

HPHC Claims
P.O. Box 699183
Quincy, MA 02269-9183

We will reimburse you for your payment of covered eyeglasses or contact lenses as described above. The reimbursement is applied AFTER application of discounts, coupons or other offers. Please allow 30 days to receive your reimbursement.

WHERE TO CALL WITH QUESTIONS

If you have any questions about your Pediatric Vision Care benefit, including how to receive reimbursement or eyewear discounts, please contact the Member Services Department at **1-888-333-4742** if you are covered under an Employer Group plan or **1–877-907-4742** if you are covered under an individual Member plan. This telephone number is also listed on your ID card. If you are deaf or hearing impaired, call **711** for TTY service. A representative will be happy to assist you.

EXCLUSIONS

- Expenses incurred prior to your effective date
- Colored contact lenses, special effect contact lenses
- Deluxe or designer frames
- Eyeglass or contact lens supplies
- Lost or broken lenses or frames, unless the Member has reached his/her normal interval for service
- Non-prescription or plano lenses
- Plain or prescription sunglasses, no-line bifocals, blended lenses or oversize lenses
- Safety glasses and accompanying frames
- Spectacle lens styles, materials, treatments or add ons
- Sunglasses and accompanying frames
- Two pairs of glasses in lieu of bifocals
- Vision hardware (with the exception of contact lenses) purchased from an internet provider

Language Assistance Services

Español (Spanish) ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-877-907-4742 (TTY: 711).

Português (Portuguese) ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-877-907-4742 (TTY: 711).

Kreyòl Ayisyen (French Creole) ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-877-907-4742 (TTY: 711).

繁體中文 (Traditional Chinese) 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-

877-907-4742 (TTY: 711)。

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu quí vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quí vị miễn phí. Gọi số 1-877-907-4742 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-907-4742 (телетайп: 711).

(Arabic) العربية

إنتباه: إذا أنت تتكلم أللغة العربية ، خَدَمات المُساعَدة اللغوية مُتُوفرة لك مَجانا. [إتصل على 4742-907-1877 1 (TTY: 711)

ខ្មែរ (Cambodian) ្រសុំដូនដំណីង៖ បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ដូនលោកអ្នកដោយ ឥតគិតថ្លៃ។។ ជួរ ទូរស័ព្ទ 1-877-907-4742 (TTY: 711)។

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-907-4742 (ATS: 711).

Italiano (Italian) ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-877-907-4742 (TTY: 711).

한국어 (Korean) '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-907-4742 (TTY: 711) 번으로 전화해 주십시오.

Ελληνικά (Greek) ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-877-907-4742 (TTY: 711).

Polski (Polish) UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-907-4742 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्तमें उपलब्ध है.

जानकारी के लिये फोन करे. 1-877-907-4742 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હ્યે તો આપને માટે ભાષાકીય સહ્યય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માફિતી માટે ફોન કરો. 1-877-907-4742 (TTY: 711)

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-877-907-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-877-907-4742 (TTY: 711).



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

(Continued)

General Notice About Nondiscrimination and Accessibility Requirements

Harvard Pilgrim Health Care and its affiliates as noted below ("HPHC") comply with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- · Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity), you can file a grievance with: Civil Rights Compliance Officer, 1 Wellness Way, Canton, MA 02021-1166, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: civil_rights@point32health.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

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General List of Exclusions Harvard Pilgrim Health Care, Inc. | MAINE

The following list identifies services that are generally excluded from Harvard Pilgrim Plans. Additional services may be excluded related to access or product design. For a complete list of exclusions please refer to the specific plan's Benefit Handbook.

Exclusion

Alternative Treatments

Acupuncture services that are outside the scope of standard acupuncture care.
Alternative or holistic services and all procedures, laboratories and nutritional supplements associated with such treatments.
Aromatherapy, treatment with crystals and alternative medicine.
Any of the following types of programs: Health resorts, spas, recreational programs, camps, wilderness programs (therapeutic outdoor programs), outdoor skills programs, life skills programs, therapeutic or educational boarding schools, and relaxation or lifestyle programs.
Massage therapy when performed by anyone other than a licensed physical therapist, physical therapy assistant, occupational therapist, or certified occupational therapy assistant.
Myotherapy.
Services by a naturopath that are not covered by other Plan Providers under the Plan.

Clinical Trials

Coverage is not provided for the following: • The investigational item, device, or service itself; or • For services, tests or items that are provided solely to satisfy data collection and analysis for the clinical trial and that are not used for the direct clinical management of your condition.

Dental Services

• Dental Care, except the specific dental services listed in this Benefit Handbook, Schedule of Benefits, and any associated Riders. • Office visits, consultations, and all related services for Temporomandibular Joint Dysfunction (TMD). • Pediatric dental care, except when specifically listed as a Covered Benefit.

Durable Medical Equipment and Prosthetic Devices

• Any devices or special equipment needed for sports or occupational purposes with the exception of prosthetics arms and legs for Members under the age of 18. • Any home adaptations, including, but not limited to home improvements and home adaptation equipment. • Non-durable medical equipment, unless used as part of the treatment at a medical facility or as part of approved home health care services. • Repair or replacement of durable medical equipment or prosthetic devices as a result of loss, negligence, willful damage, or theft.

Experimental, Unproven or Investigational Services

• Any products or services, including, but not limited to, drugs, devices, treatments, procedures, and diagnostic tests that are Experimental, Unproven, or Investigational.

Foot Care

Foot orthotics, except for the treatment of systemic circulatory diseases or severe diabetic foot disease.
Routine foot care. Examples include nail trimming, cutting or debriding and the cutting or removal of corns and calluses. This exclusion does not apply to preventive foot care for Members with diabetes or systemic circulatory diseases.

Maternity Services

• Routine pre-natal and post-partum care when you are traveling outside the Service Area. • Planned home births.

Exclusion

Mental Health Care

• Educational services or testing, except services covered under the benefit for Early Intervention Services. No benefits are provided: (1) for educational services intended to enhance educational achievement or (2) to resolve problems of school performance. • Sensory integrative praxis tests. • Services for any condition with only a "Z Code" designation in the Diagnostic and Statistical Manual of Mental Disorders, which means that the condition is not attributable to a mental disorder. • Mental health care that is (1) provided to Members who are confined or committed to a jail, house of correction, prison, or custodial facility of the Department of Youth Services; or (2) provided by the Department of Mental Health. • Services or supplies for the diagnosis or treatment of mental health and substance use disorders that, in the reasonable judgment of the Behavioral Health Access Center, are any of the following: not consistent with prevailing national standards of clinical practice for the treatment of such conditions; not consistent with prevailing professional research demonstrating that the services or supplies will have a measurable and beneficial health outcome; typically do not result in outcomes demonstrably better than other available treatment alternatives that are less intensive or more cost effective.

Physical Appearance

 Cosmetic Services, including drugs, devices, treatments and procedures, except for (1) Cosmetic Services that are incidental to the correction of Physical Functional Impairment, (2) reconstructive surgery to repair or restore appearance damaged by an Accidental Injury, (3) post-mastectomy care, and (4) gender affirming procedures and related services.
 Electrolysis or laser hair removal, except for what is Medically Necessary as part of gender affirming services.
 Hair removal or restoration, including, but not limited to, transplantation or drug therapy.
 Liposuction, except for what is Medically Necessary as part of gender affirming services, or removal of fat deposits considered undesirable.
 Scar or tattoo removal or revision procedures (such as salabrasion, chemosurgery and other such skin abrasion procedures).
 Skin abrasion procedures performed as a treatment for acne.
 Treatments and procedures related to appearance including but not limited to, abdominoplasty; chemical peels; collagen injections; dermabrasion; implantations (e.g. cheek, calf, pectoral, gluteal); lip reduction/enhancement; panniculectomy; removal of redundant skin; and silicone injections (e.g. for breast enlargement), except for what is Medically Necessary as part of gender affirming services or another Covered Benefit.
 Treatment for skin wrinkles and skin tags or any treatment to improve the appearance of the skin.
 Treatment for spider veins.

Procedures and Treatments

Care by a chiropractor outside the scope of standard chiropractic practice, including but not limited to, surgery, prescription or dispensing of drugs or medications, internal examinations, obstetrical practice, or treatment of infections and diagnostic testing for chiropractic care other than an initial X-ray.
Commercial diet plans, weight loss programs and any services in connection with such plans or programs.
If a service is listed as requiring that it be provided at a Center of Excellence, no coverage will be provided under this Handbook if that service is received from a Provider that has not been designated as a Center of Excellence.
Nutritional or cosmetic therapy using vitamins, minerals or elements, and other nutrition-based therapy. Examples include supplements, electrolytes, and foods of any kind (including high protein foods and low carbohydrate foods).
Physical examinations and testing for insurance, licensing or employment.
Services for Members who are donors for non-members, except as described under Human Organ Transplant Services.
Testing for central auditory processing.
Group diabetes educational programs or camps.

Providers

• Charges for services which were provided after the date on which your membership ends, except as required by Maine law. • Charges for any products or services, including, but not limited to, professional fees, medical equipment, drugs, and Hospital or other facility charges, that are related to any care that is not a Covered Benefit. • Charges for missed appointments. • Concierge service fees. (See the Plan's *Benefit Handbook* for more information.) • Follow-up care after an emergency room visit, unless provided or arranged by your PCP or Direct Primary Care Provider. • Inpatient charges after your Hospital discharge. • Provider's charge to file a claim or to transcribe or copy your medical records. • Services or supplies provided by: (1) anyone related to you by blood, marriage or adoption, or (2) anyone who ordinarily lives with you.

Exclusion

Reproduction

• Services for a surrogate or gestational carrier who is not a Member of the Plan. • Reversal of voluntary sterilization (including any services for infertility related to voluntary sterilization or its reversal). • Sperm identification when not Medically Necessary (e.g., gender identification). • The following fees: wait list fees, non-medical costs, shipping and handling charges etc.

Services Provided Under Another Plan

• Costs for any services for which you are entitled to treatment at government expense, including military service connected disabilities. • Costs for services covered by third party liability, other insurance coverage, and which are required to be covered by a Workers' Compensation plan or an employer under state or federal law, unless a notice of controversy has been filed with the Workers' Compensation Board contesting the work-relatedness of the claimant's condition and no decision has been made by the Board.

Telemedicine

• Telemedicine services involving e-mail or fax. • Telemedicine services involving audio-only telephone, except where telemedicine is technologically unavailable at a scheduled time and is medically appropriate for the corresponding covered health services. • Provider fees for technical costs for the provision of telemedicine services.

Types of Care

• Rest or domiciliary care. • All institutional charges over the semi-private room rate, except when a private room is Medically Necessary. • Pain management programs or clinics. • Physical conditioning programs such as athletic training, body-building, exercise, fitness, flexibility, and diversion or general motivation. • Private duty nursing. • Sports medicine clinics. • Vocational rehabilitation, or vocational evaluations on job adaptability, job placement, or therapy to restore function for a specific occupation.

Vision and Hearing

• Eyeglasses, contact lenses and fittings, except as listed in the Plan's Benefit Handbook and any associated Riders. • Over the counter hearing aids. • Refractive eye surgery, including, but not limited to, lasik surgery, orthokeratology and lens implantation for the correction of naturally occurring myopia, hyperopia and astigmatism.

All Other Exclusions

• Any drug or other product obtained at an outpatient pharmacy, except for pharmacy supplies covered under the benefit for diabetes services, unless your Plan includes outpatient pharmacy coverage. • Any service or supply furnished in connection with a non-Covered Benefit. • Any service, supply or medication when there is a less intensive Covered Benefit or more cost-effective alternative that can be safely and effectively provided. • Any service, supply or medication that is required by a third party that is not otherwise Medically Necessary (examples of a third party are an employer, an insurance company, a school or court). • Any service or supply (with the exception of contact lenses) purchased from the internet. • Beauty or barber service. • Diabetes equipment replacements when solely due to manufacturer warranty expiration. • Externally powered exoskeleton assistive devices and orthoses. • Food or nutritional supplements, including, but not limited to, FDA-approved medical foods obtained by prescription, except as required by law and prescribed for Members who meet HPHC policies for enteral tube feedings. • Guest services. • Medical equipment, devices or supplies except as listed in this Benefit Handbook. • Medical services that are provided to Members who are confined or committed to jail, house of correction, prison, or custodial facility of the Department of Youth Services. • Reimbursement for travel expenses. • Services for non-Members. • Services for which no charge would be made in the absence of insurance. • Services for which no coverage is provided in the Benefit Handbook, Schedule of Benefits, or Prescription Drug Brochure. • Services provided under an individualized education program (IEP), including any services provided under an IEP that are delivered by school personnel or any services provided under an IEP purchased from a contractor or vendor. • Services that are not Medically Necessary. • Services your PCP or a Plan Provider has not provided, arranged or approved except as described in the Plan's Benefit Handbook. • Taxes or governmental assessments on services or supplies. • Transportation, except for emergency ambulance transport, and non-emergency medical transport needed to transfer between Hospitals or other covered health care facilities or from a covered facility to your home when Medically Necessary. • Voice modification surgery, except when Medically Necessary for gender affirming services. • Air conditioners, air purifiers and filters, dehumidifiers and humidifiers. •

Exclusion

All Other Exclusions (Continued)

Car seats. • Chairs, bath chairs, feeding chairs, toddler chairs, chair lifts, recliners. • Electric scooters. • Exercise equipment. • Home modifications including but not limited to elevators, handrails and ramps. • Hot tubs, jacuzzis, saunas or whirlpools. • Mattresses. • Medical alert systems. • Motorized beds. • Pillows. • Power-operated vehicles. • Stair lifts and stair glides. • Strollers. • Safety equipment. • Vehicle modifications including but not limited to van lifts. • Telephone. • Television.