

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Clear Choice Maine's Choice Plus HMO Gold 1500

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.harvardpilgrim.org/public/eoc?pdid=PD0000201426. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-888-333-4742 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall <u>deductible</u> ?	Medical & Prescription Drug Deductible: Preferred Deductible: \$1,500 member /\$3,000 family Standard Deductible: \$3,500 member /\$7,000 family Benefits are administered on a calendar year basis.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> , Tiers 1, 2, and 3 prescription drugs, provider office visits, Non-hospital affiliated facility day surgery, Non-hospital based laboratory and imaging, and <u>Rehabilitation services</u> , and <u>Habilitation</u> <u>services</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at https://www.healthcare.gov/coverage/ preventive-care-benefits/.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	Preferred Network: \$5,000 member /\$10,000 family Standard Network: \$7,500 member /\$15,000 family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.

Important Questions	Answers	Why This Matters
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Pediatric Dental Care, premiums , balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See https://www.harvardpilgrim.org/ public/find-a-provider or call 1-888-333-4742 for a list of preferred providers.	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

			Limitations			
Common Medical Event	Services You May Need		ng Provider ay the least)	Non-Participating Provider	Limitations, Exceptions, & Other Important	
		Preferred Network	Standard Network	(You will pay the most)	Information	
If you visit a health care <u>provider</u> 's office or clinic	Primary care visit to treat an injury or illness <u>Specialist</u> visit	Level 1: \$25 <u>copay</u> / visit; <u>deductible</u> does not apply Level 1: \$25 <u>copay</u> / visit; <u>deductible</u> does not apply Level 2: \$50 <u>copay</u> / visit; <u>deductible</u> does not apply	Level 1: \$50 <u>copay</u> / visit; <u>deductible</u> does not apply Level 1: \$50 <u>copay</u> / visit; <u>deductible</u> does not apply Level 2: \$90 <u>copay</u> / visit; <u>deductible</u> does not apply	Not covered Not covered	\$0 <u>copay</u> for first visit None	
	Preventive care/ screening/			Not covered	You may have to pay for services that aren't preventive. Ask your	

	Services You May Need		What You Will Pay		
Common Medical Event		Participatir (You will pa		Non-Participating Provider	Limitations, Exceptions, & Other Important
		Preferred Network	Standard Network	(You will pay the most)	Information
	immunization				provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	X-rays: 30% coinsurance Laboratory: Non-Hospital Based: \$15 copay/ visit; deductible does not apply Hospital Based: 30% coinsurance	X-rays: 50% <u>coinsurance</u> Laboratory: 50% <u>coinsurance</u>	Not covered	None
	Imaging (CT/PET scans, MRIs)	Non-Hospital Based: \$250 <u>copay</u> / visit; <u>deductible</u> does not apply Hospital Based: 30% <u>coinsurance</u>	50% <u>coinsurance</u>	Not covered	None
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at www.harvardpilgrim.or 2024Value5T.	Generic drugs g/	30-Day Retail Tier 1: \$5 <u>copay</u> / prescription; <u>deductible</u> does not apply 90-Day Mail Tier 1: \$10 <u>copay</u> / prescription; <u>deductible</u> does not apply 30-Day Retail Tier 2: \$25 <u>copay</u> / prescription; <u>deductible</u> does not apply 90-Day Mail Tier 2: \$50 <u>copay</u> / prescription; <u>deductible</u> does not apply		Not covered	Value formulary - covers a limited list; not all drugs are covered. You pay retail price for Out of Network pharmacy drugs and are reimbursed minus applicable <u>cost</u> <u>sharing</u> . Covered only outside of service area.
	Preferred brand drugs	30-Day Retail Tier 3: \$50 <u>deductible</u> does not app		Not covered	

			What You Will Pay			
Common Medical Event	Services You May Need	Participatir (You will pa	ng Provider by the least)	Non-Participating Provider	Limitations, Exceptions, & Other Important	
		Preferred Network	Standard Network	(You will pay the most)	Information	
		90-Day Mail Tier 3: \$100 deductible does not app				
	Non-preferred brand drugs	30-Day Retail Tier 4: \$10 90-Day Mail Tier 4: \$200		Not covered		
	Specialty drugs	30-Day Retail Tier 4: \$10 90-Day Mail Tier 4: \$200 30-Day Retail Tier 5: \$25 90-Day Mail Tier 5: \$500	0 <u>copay</u> / prescription 60 <u>copay</u> / prescription	Not covered	Some drugs must be obtained through a Specialty Pharmacy.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Non-hospital affiliated facility: \$300 copay/ visit; deductible does not apply Hospital affiliated facility: 30% coinsurance	50% <u>coinsurance</u>	Not covered	None	
	Physician/surgeon fees	Non-hospital affiliated facility: No charge; deductible does not apply Hospital affiliated facility: 30% coinsurance	50% <u>coinsurance</u>	Not covered		
If you need immediate medical attention		30% coinsurance			None	
	<u>Emergency Medical</u> Transportation	30% coinsurance			None	
	Urgent Care	Urgent care center: \$40 <u>copay</u> / visit;	Urgent care center: 50% <u>coinsurance</u>	Urgent care center: Not covered	Non-participating providers are only covered outside the service area.	

Common Medical Event	Services You May Need	-	ng Provider ay the least)	Non-Participating Provider	Limitations, Exceptions, & Other Important	
		Preferred Network	Standard Network	(You will pay the most)	Information	
		deductible does not apply			Cost sharing may vary based on Urgent Care location.	
If you have a hospital stay	Facility fee (e.g., hospital room)	30% <u>coinsurance</u>	50% coinsurance	Not covered	None	
	Physician/surgeon fee	30% coinsurance	50% coinsurance	Not covered		
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$25 <u>copay</u> / visit; <u>deductible</u> does not apply		Not covered	\$0 copay for first mental health/substance abuse visit	
	Inpatient services	30% coinsurance		Not covered	None	
If you are pregnant	Office visits	\$25 <u>copay</u> / visit; <u>deductible</u> does not apply	\$50 <u>copay</u> / visit; <u>deductible</u> does not apply	Not covered	Cost sharing does not apply for preventive services.	
	Childbirth/delivery professional services	30% coinsurance	50% coinsurance	Not covered		
	Childbirth/delivery facility services	30% <u>coinsurance</u>	50% coinsurance	Not covered		
If you need help	Home health care	30% coinsurance		Not covered	None	
recovering or have other special health needs	Rehabilitation services Habilitation services	Physical Therapy: \$30 copay/ visit; deductible does not apply Occupational Therapy: \$30 copay/ visit; deductible does not apply Speech Therapy: \$30 copay/ visit;	Physical Therapy: \$50 <u>copay</u> / visit; <u>deductible</u> does not apply Occupational Therapy: \$50 <u>copay</u> / visit; <u>deductible</u> does not apply Speech Therapy: \$50 <u>copay</u> / visit;	Not covered	Physical, Occupational & Speech Therapy - 60 combined visits/ calendar year	

	Services You May Need		What You Will Pay				
Common Medical Event		-	ng Provider ay the least)	Non-Participating Provider	Limitations, Exceptions, & Other Important		
		Preferred Network	Standard Network	(You will pay the most)	Information		
		deductible does not apply	deductible does not apply				
	Skilled nursing care	30% <u>coinsurance</u>	50% <u>coinsurance</u>	Not covered	- 150 days/ calendar year combined with Inpatient Rehabilitation services		
	Durable medical equipment	30% coinsurance		Not covered	None		
	Hospice services	30% coinsurance		Not covered	For inpatient see "If you have a hospital stay"		
If your child needs dental or eye care	Children's eye exam	\$25 <u>copay</u> / visit; <u>deductible</u> does not apply	\$90 <u>copay</u> / visit; <u>deductible</u> does not apply	Not covered	- 1 exam/ calendar year		
	Children's glasses	Reimbursed first \$50, the apply	en 50% of covered charge	s; <u>deductible</u> does not	Frames & lenses OR contacts every 24 months up to end of month child turns 19		
	Children's dental check-up	Not covered			Off exchange plans must have separate coverage		

Excluded Services & Other Covered Services:

Cosmetic SurgeryDental Care (Adult)	• Non-emergency care when traveling outside the U.S.	systemic circulatory diseases)
Long-Term Care	Private-duty nursing	Services that are not Medically NecessaryWeight Loss Programs

Abortion • Chiropractic Care • Infertility Treatment
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•	Acupuncture Bariatric surgery		Hearing Aids - 1 hearing aid/ impaired ear every 36 months up to age 19 Hearing Aids - \$3,000/ impaired ear every 36 months for all other members	•	Routine eye care (Adult) - 1 exam/ calendar year
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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Maine Bureau of Insurance, Department of Professional and Financial Regulation, 34 State House Station, Augusta, ME 04333-0334, (800) 300-5000, or contact Harvard Pilgrim at the number on the back of your ID card. Other coverage options may be available to you too, including buying individual insurance coverage through the CoverME.gov. For more information, about the CoverME.gov, visit www.CoverME.gov or call 1-866-636-0355.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

Department of Labor's Employee	Consumer for Affordable Health	Maine Bureau of Insurance
Benefits Security Administration	Care	34 State House
1-866-444-3272	12 Church Street, PO Box 2409	Station Augusta, ME 04333
www.dol.gov/ebsa/healthreform	Augusta, Maine 04338-2490	1-207-624-8475
	1-800-965-7476	1-800-300-5000
	www.mainecahc.org	
	consumerhealth@mainecahc.org	
	Benefits Security Administration 1-866-444-3272	Benefits Security Administration 1-866-444-3272 Church Street, PO Box 2409 www.dol.gov/ebsa/healthreform Augusta, Maine 04338-2490 1-800-965-7476 www.mainecahc.org

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standard? Not Applicable

If your **plan** doesn't meet the **Minimum Value Standards**, you may be eligible for a **premium tax credit** to help you pay for a **plan** through the **Marketplace**.

Language Access Services:

De assistência em Português, por favor ligue 100.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-nata and a hospital delivery)	al care	Managing Joe's Type 2 I (a year of routine in-networ well-controlled condi	rk care of a	Mia's Simple Fracture (in-network emergency room visit and follow up care)		
The <u>plan's</u> overall <u>deductible</u>	\$1,500	■ The <u>plan's</u> overall <u>deductible</u>	\$1,500	■ The <u>plan's</u> overall <u>deductible</u>	\$1,500	
Specialist copayment	\$50	Specialist copayment	\$5 0	Specialist copayment	\$50	
Hospital (facility) <u>coinsurance</u>	30%	Hospital (facility) <u>coinsurance</u>			30%	
Other <u>copayment</u>	\$15	Other <u>copayment</u>	\$15	■ Other <u>coinsurance</u> 30 ^o		
This EXAMPLE event includes like:	services	This EXAMPLE event inclu like:	ides services	This EXAMPLE event includ like:	es services	
Specialist office visits (prenatal care)		Primary care physician office visits (including		Emergency room care (including medical supplies)		
Childbirth/Delivery Professional Serv		disease education) Diagnostic test (x-ray)				
Childbirth/Delivery Facility Services		Diagnostic tests(blood work)Durable medical equipment(crutches)Prescription drugsRehabilitation services(blood work)(blood work)				
Diagnostic tests (ultrasounds and blood Specialist visit (anesthesia)	a work)	Durable medical equipment (glucose meter)	Rehabilitation services (physical t	nerapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
In this example, Peg would page	y:	In this example, Joe would	d pay:	In this example, Mia would p	bay:	
Cost Sharing		Cost Sharing		Cost Sharing		
Deductibles	\$1,500	Deductibles	\$ 0	Deductibles	\$1,500	
Copayments	\$300	Copayments	\$1,500	Copayments	\$200	
Coinsurance	\$3,000	Coinsurance	\$ 0	Coinsurance	\$2 00	
What isn't covered		What isn't covered	l	What isn't covered		
Limits or exclusions	\$ 0	Limits or exclusions	\$ 0	Limits or exclusions	\$ 0	
The total Peg would pay is	\$4,800	The total Joe would pay is	\$1,500	The total Mia would pay is	\$1,900	

The **plan** would be responsible for the other costs of these EXAMPLE covered services.

Language Assistance Services

Español (Spanish) ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-877-907-4742 (TTY: 711).

Português (Portuguese) ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-877-907-4742 (TTY: 711).

Kreyòl Ayisyen (French Creole) ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-877-907-4742 (TTY: 711).

繁體中文 (Traditional Chinese) 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-877-907-4742(TTY:711)。

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu quí vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quí vị miễn phí. Gọi số 1-877-907-4742 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-907-4742 (телетайп: 711).

(Arabic) العربية

إنتياه: إذا أنت تتكلم اللغة **العربية ،** خَدَمات المُساعَدة اللغوية مُتَوفرة لك مَجانا. * إتصل على 4742-907-1877

(TTY: 711)

ខ្មែរ (Cambodian) ្រសុំជូនដំណឹង៖ បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ជូនលោកអ្នកដោយឥតគិតថ្លៃ។។ ចូរ ទូរស័ព្ទ 1-877-907-4742 (TTY: 711)។

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-907-4742 (ATS: 711).

Italiano (Italian) ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-877-907-4742 (TTY: 711).



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

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한국어 (Korean) '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-907-4742 (TTY: 711) 번으로 전화해 주십시오.

Ελληνικά (Greek) ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-877-907-4742 (TTY: 711).

Polski (Polish) UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-907-4742 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्त में उपलब्ध है. जानकारी के लिये फोन करे. 1-877-907-4742 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હ્યે તો આપને માટે ભાષાકીય સહ્યય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-877-907-4742 (TTY: 711)

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-877-907-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-877-907-4742 (TTY: 711).



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

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General Notice About Nondiscrimination and Accessibility Requirements

Harvard Pilgrim Health Care and its affiliates as noted below ("HPHC") comply with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity), you can file a grievance with: Civil Rights Compliance Officer, 1 Wellness Way, Canton, MA 02021-1166, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: civil_rights@point32health.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

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